Comparative effects of testosterone propionate, oestradiol benzoate, ICI 182,780, tamoxifen and raloxifene on hypothalamic differentiation in the female rat

L Pinilla, M L Barreiro, L C Gonzalez, M Tena-Sempere and E Aguilar

Department of Cell Biology, Physiology and Immunology, University of Córdoba School of Medicine, Córdoba, Spain

(Remarks for offprints should be addressed to E Aguilar; Email: fl1agbee@uco.es)

Abstract

Hypothalamic differentiation in the female rat during the neonatal period is critically dependent on the steroid milieu, as permanent changes in reproductive function are observed after administration of oestradiol and testosterone during such a critical stage. Selective oestrogen modulators (SERMs) constitute a family of drugs that, depending on the tissue, are able to exert oestrogenic or antioestrogenic actions. The present experiments were conducted to analyse whether the SERMs, tamoxifen and raloxifene, can cause oestrogenic actions during the hypothalamic differentiation period.

Postnatal female rats were injected between days 1 and 5 with 100 µg/day tamoxifen, raloxifene or ICI 182,780 (a pure antioestrogen). Other groups of animals were injected on day 1 of age with 100 µg oestradiol benzoate (OeB) or 1·25 mg testosterone propionate (TP) alone or in combination with raloxifene (500 µg/day between days 1 and 5). In all experimental groups, the age, body weight and concentrations of serum gonadotrophins at vaginal opening were recorded, whereas vaginal cyclicity and the negative and positive feedback between oestradiol and LH were monitored in adulthood.

The results obtained confirmed the ability of high doses of OeB or TP to alter the normal differentiation of the brain permanently. They also reinforced the hypothesis that oestrogens are also necessary for normal brain differentiation in female rats because administration of a pure antioestrogen, such as ICI 182,780 permanently altered the function of the reproductive axis. In addition, our data provided evidence for different actions of the two SERMs under analysis (raloxifene and tamoxifen) upon peripheral targets, as raloxifene advanced vaginal opening whereas tamoxifen did not. In contrast, their actions on brain differentiation appeared similar and analogous to those obtained after neonatal administration of oestradiol, as evidenced by vaginal acyclicity, ovarian atrophy, sterility and abolition of negative and positive feedback between oestradiol and LH, thus suggesting an oestrogenic action of these SERMs on hypothalamic differentiation. Moreover, the oestrogenic activity of raloxifene was supported by its inability to block the effects of OeB and TP administered neonatally.

In conclusion, the present results indicated that the SERMs, tamoxifen and raloxifene, exert an oestrogen-like effect upon hypothalamic differentiation of the neonatal female rat.

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Introduction

The oestrogen receptor modulators (SERMs) have been developed for improving the management of diseases associated with menopausal women. Tamoxifen, originally developed as an oestrogen antagonist and widely used for the treatment of breast cancer (Jordan & Morrow 1999), has been found to act as a partial oestrogen agonist in the uterus and to display oestrogen agonist effects in bone and in the cardiovascular system (Jordan & Murphy 1990, Jordan 1993, Jordan & Morrow 1999). More recently, a new class of SERMs has been developed. Among them, raloxifene has been found to block the effects of oestrogen in the breast whereas it mimics oestrogen action on bone and blood lipid concentration (Wakeling et al. 1984, Glasebrook et al. 1993, Yang et al. 1996, Delmas et al. 1997).

In the rodent central nervous system (CNS), steroid input on hypothalamic neurones immediately after birth is critical for the organization of the neural mechanisms involved in the control of the neuroendocrine function, especially those serving reproductive activity (Barraclough 1961, Gorski 1963, Dhar & Setty 1976, Aguilar et al. 1979, Pinilla et al. 1993). The effects of SERMs in the
organization of the neural circuitry controlling reproductive function have not yet been evaluated extensively. Early postnatal treatment of female rats with tamoxifen resulted in permanent anovulatory sterility (Hancke & Döhler 1980). The fact that this effect was partially prevented by simultaneous treatment with oestradiol supported the idea that tamoxifen acts as an antioestrogen in the CNS of neonatal female rats, and that a certain degree of oestrogenic input is necessary for normal female differentiation of the brain (Brown-Grant 1974, Hancke & Döhler 1980). Recently, we have suggested that neonatal administration of raloxifene induces permanent alterations that were similar to those obtained after exposure to oestradiol (Pinilla et al. 2001a) in the reproductive function of the female rat.

The present experiments were carried out to compare the effects of neonatal administration of oestradiol, testosterone, ICI 182,780 (an antioestrogen devoid of oestrogenic activity) (Wakeling et al. 1991, Wakeling & Bowler 1992, Wade et al. 1993), tamoxifen and raloxifene (SERMs with compound oestrogenic/antioestrogenic activities) in the organization of the neural network involved in the control of the hypothalamic–pituitary–ovarian axis. In addition, we tested the ability of raloxifene to counteract the deleterious effects of neonatal exposure to oestradiol and testosterone on female reproductive function. We have previously proposed (Pinilla et al. 2001b) that raloxifene may act in adulthood as an antioestrogen depending on the prevailing oestrogenic background. If this hypothesis is true, the effects of oestradiol or testosterone, which increase (directly or after testosterone aromatization) oestradiol input to the hypothalamus, should be reduced in neonatal rats.

Materials and Methods

Animals and treatments

Female Wistar rats born in our laboratory were kept under controlled conditions of light (12 h light:12 h darkness, lights on at 0700 h) and temperature (22 °C), and had free access to pelleted food (Pacs Sanders, Seville, Spain) and tap water. The day on which the litters were born was considered to be day 1 of age. At this stage, the litter size was adjusted to eight animals. These animals were weaned on day 21 and housed in groups of four to five animals per cage. Raloxifene chloride hydrate (2-(4-hydroxyphenyl)-6-hydroxybenzo-b-thien-3-yl-[4]-2-(1-piperidinyl)ethoxyphenyl-methanone hydrochloride; Evista) was obtained from Lilly, Basingstoke, Hants, UK. The pure anti-oestrogen ICI 182,780 (7-[9-[4,4,5,5,5-pentfluoropentyl]sulphinil]nonyl)-extra-1,3,5(10)-triene-3,17-diol) was purchased from Tocris (Madrid, Spain). Tamoxifen, 17β-oestradiol 3-benzoate (OeB) and testosterone propionate (TP) were purchased from Sigma (Barcelona, Spain). Raloxifene chloride hydrate was dissolved in saline, OeB and TP were dissolved in olive oil and tamoxifen and ICI 182,780 were dissolved initially in a few drops of dimethylsulphoxide and ethanol. Thereafter, they were dissolved in saline up to the working concentration; the injection volume was 0·1 ml.

Experimental designs

Female rats were injected i.p. between days 1 and 5 of age with tamoxifen (100 µg/rat per day), raloxifene (100 µg/rat per day), ICI 182,780 (100 µg/rat per day) or vehicle. Other groups of female rats were injected s.c. on day 1 of age with OeB (100 µg/rat), TP (1·25 mg/rat) or olive oil and between days 1 and 5 with vehicle or raloxifene (500 µg/rat per day). The age and body weight at vaginal opening were recorded. On this day, blood samples were collected after light ether anaesthesia. After vaginal opening, vaginal smears were taken each day. Abnormal cycles were considered to be those showing more than 14 consecutive days of oestrous or dioestrous phases. Animals were ovariectomized on day 90, and 14 days later were injected i.p. with 75 µg OeB. Blood samples were obtained by jugular venipuncture after light ether anaesthesia before ovariecetomy and on days 1, 7, 14 (at 1000 h), 15 and 16 (at 1000 and 1800 h) after ovariecetomy. The experiment was approved by the Córdoba University Ethical Committee for animal experimentation and was conducted in accordance with the European Union regulation governing the care and use of experimental animals.

Hormone assays

Serum concentrations of luteinizing hormone (LH) and follicle-stimulating hormone (FSH) were measured by specific radioimmunoassays using kits supplied by the NIDDK (Bethesda, MD, USA), and hormone concentrations were expressed using LH-RP-3 and FSH-RP-2 as standards. All samples from each experiment were measured in the same assay. Intra-assay coefficients of variation were <8% and the sensitivities of the assays were 20 and 7·5 pg/50 µl for LH and FSH respectively.

Statistical analysis

Data are expressed as means ± s.e.m. Chi-squared evaluation was used selectively for comparing data on the percentages of abnormal cycles. All other data were analysed by one- or two-way ANOVA followed by Tukey’s test.

Results

Effects of neonatal OeB, TP, tamoxifen, raloxifene and ICI 182,780 on pubertal presentation (Table 1)

Vaginal opening was advanced in female rats treated neonatally with OeB, raloxifene or both, while tamoxifen...
Effects of neonatal OeB, TP, tamoxifen, raloxifene and ICI 182,780 on vaginal cycles and ovarian weights (Table 2)

All animals neonatally treated with tamoxifen, raloxifene (100 or 500 µg/day) and OeB showed altered vaginal cyclicity, which consisted of permanent increases in the rate of vaginal oestrous or dioestrous presentation. In contrast, only 46.1% of the rats treated with ICI 182,780 showed this alteration. In animals treated with TP, analysis of vaginal cyclicity was not possible due to the absence of vaginal canalization. In adults, all experimental groups presented a significant decrease in absolute and relative ovarian weights.

Effects of SERMs on hypothalamic differentiation · L Pinilla and others
Effects of neonatal tamoxifen, raloxifene and ICI 182,780 on adult basal and post-ovariectomy serum FSH and LH concentrations (Fig. 1)

Neonatal treatment with tamoxifen, raloxifene or ICI 182,780 did not modify the serum levels of LH and FSH in adults. Treatment with tamoxifen and raloxifene significantly \( P \leq 0.01 \) decreased the serum LH concentrations 1, 7 and 14 days after ovariectomy, whereas treatment with ICI 182,780 only decreased \( P \leq 0.05 \) the LH response 1 and 7 days after ovariectomy; the levels were similar to those of control animals on day 14 post-ovariectomy. FSH levels were lower in all experimental groups than in controls on day 1 after ovariectomy. Afterwards, a significant decrease on day 7 post-ovariectomy was observed only in animals injected with tamoxifen. Results obtained from animals injected with 500 µg/day raloxifene were similar to those obtained with 100 µg (data not shown).

Effects of neonatal raloxifene on adult basal and post-ovariectomy serum FSH and LH concentrations in female rats neonatally injected with OeB or TP (Fig. 2)

Androgenized animals showed a decrease in the LH response to ovariectomy compared with controls, whether or not they had been treated with raloxifene. Oestrogenized animals showed no increase in plasma LH after ovariectomy and their FSH response was lower than in the control group. In these animals, the combined
administration of raloxifene and oestrogen neonatally normalized only the FSH response to ovariectomy.

Effects of neonatal tamoxifen, raloxifene and ICI 182,780 on adult LH responses after administration of 75 µg OeB (Fig. 3)

In control female rats, serum concentrations of LH were higher on day 14 post-ovariectomy than in rats neonatally injected with tamoxifen, raloxifene or ICI 182,780. In control females, administration of 75 µg OeB elicited negative and positive feedback actions on LH release. Negative feedback was evidenced by the decrease in serum LH levels at 1000 h, while positive feedback resulted in LH increases at 1800 h. In tamoxifen-treated rats, administration of 75 µg OeB did not change LH concentrations at any time studied. In tamoxifen-treated rats, there was no evidence of negative feedback and a significant increase was only observed 48 h after OeB administration (at 1000 h of day 16). In ICI 182,780-treated rats, negative feedback was shown but positive feedback was absent. Results obtained in animals injected with 500 µg/day raloxifene were similar to those obtained with 100 µg (data not shown).

Effects of neonatal raloxifene on adult LH responses after administration of 75 µg OeB in female rats neonatally injected with OeB or TP (Fig. 4)

In control female rats, serum concentrations of LH were higher on day 14 post-ovariectomy than in rats neonatally injected with tamoxifen, raloxifene or ICI 182,780. In control females, administration of 75 µg OeB elicited negative and positive feedback actions on LH release. Negative feedback was evidenced by the decrease in serum LH levels at 1000 h, while positive feedback resulted in LH increases at 1800 h. In tamoxifen-treated rats, administration of 75 µg OeB did not change LH concentrations at any time studied. In tamoxifen-treated rats, there was no evidence of negative feedback and a significant increase was only observed 48 h after OeB administration (at 1000 h of day 16). In ICI 182,780-treated rats, negative feedback was shown but positive feedback was absent. Results obtained in animals injected with 500 µg/day raloxifene were similar to those obtained with 100 µg (data not shown).

Discussion

Neonatally administered steroids act at central as well as on peripheral targets. Of the peripheral actions, vaginal opening is one of the most commonly monitored markers. Vaginal opening is advanced after neonatal administration.
of oestradiol (Kinc1 et al. 1965, Feder 1967) and blocked after administration of testosterone (Tramezzani et al. 1963). The present results are merely confirmative of these well-known observations. In addition, as a first observation, the two SERMs used, tamoxifen and raloxifene, showed different activities, since advancement in vaginal opening was observed after raloxifene administration, but not after tamoxifen treatment (Table 1, which indicates an oestrogen-like action of raloxifene on vaginal development in agreement with previous data using 100, 250 and 500 µg/day raloxifene (Pinilla et al. 2001a). This oestrogenic action of raloxifene is supported by the inhibition in LH secretion detected at vaginal opening.

The mechanism for sexual differentiation of the brain in rodents is still a matter of debate. The major question that remains to be solved is whether brain development in the female takes place in the complete absence of oestrogens (Gorski 1990). To clarify this, the administration of antioestrogens or ovariectomy during the critical differentiation period have been used as experimental approaches. In female rats treated with oestrogens or antioestrogens neonatally, sterility was observed in adulthood (Gorski 1963, Gorski & Wagner 1965, Döhler & Hancke 1978, Hancke & Döhler 1980). In contrast, neonatal ovariectomy did not change the normal functional differentiation of the female brain (Gorski & Wagner 1965). These apparently contradictory studies suggest either that a certain degree of exposure to oestrogens is necessary to normal differentiation or, alternatively, that the brain is inherently feminine or, if undifferentiated, it has the potential to become female in the absence of steroid signals (Gorski 1990). In the present study, we aimed to obtain additional information on the effects of neonatal administration of ICI 182,780 (a pure antioestrogen) (Wakeling et al. 1991, Wakeling & Bowler 1992, Wade et al. 1993), tamoxifen and raloxifene (compounds with a mixed oestrogenic/antioestrogenic activity) on the organization of reproductive function in female rats.

The present results confirm that administration of high doses of OeB or TP permanently alters the normal differentiation of the brain, and reinforce the hypothesis that oestrogens are needed for normal brain differentiation in female rats, since administration of a pure antioestrogen, such as ICI 182,780, permanently altered the function of the reproductive axis. In addition, our current data show that the two SERMs used (raloxifene and tamoxifen) induced different peripheral actions (raloxifene advanced vaginal opening whereas tamoxifen did not), while their actions on brain differentiation appear to be similar. Finally, raloxifene was unable to block the effects of OeB and TP administered neonatally.

The alterations induced by neonatal administration of TP or OeB (acyclicity, anovulation, ovarian atrophy, and loss of negative and positive feedback between oestradiol and LH) are in accordance with a number of previous studies (Barracough 1961, Gorski 1963, Mennin & Gorski 1975, Aguilar et al. 1983). In addition, postnatal treatment of female rats with antioestrogens, such as ICI-628 or MER–25, has been shown to interfere with hypothalamic feminization (McEwen et al. 1977, Döhler & Hancke 1978) and to prevent hypothalamic masculinization by oestrogens or androgens (Döhler & Hancke 1978). Our present results indicate that ICI 182,780 at the dose used did not affect either the age of vaginal opening or LH concentrations at that stage, thus suggesting a short-time action for this compound. In contrast, adult reproductive function was affected, since 46% of females neonatally treated with ICI 182,780 showed constant vaginal oestrus and changes in the control of LH secretion, as evidenced by the reduced response to ovariectomy (Fig. 1), and the absence of positive feedback between oestradiol and LH (Fig. 2). These results confirm that normal hypothalamic differentiation in females requires a certain degree of oestrogenic input.

Despite the fact that divergent peripheral effects were observed for the SERMs under analysis, both tamoxifen and raloxifene strongly interfered with hypothalamic differentiation as permanent alterations in vaginal smears and ovarian atrophy were detected in all treated animals (Table 2). These findings were accompanied by a significant reduction in the negative feedback between oestradiol and LH (Fig. 1), as well as in the absence of positive feedback (Fig. 2).

Notably, a number of differences can be pointed out between the effects of ICI 182,780 and the two SERMs: (1) the percentage of animals with permanent changes in vaginal smears was significantly greater after administration of SERMs than after administration of ICI 182,780, (2) the degree of ovarian atrophy was also higher in animals treated with SERMs than in those treated with ICI 182,780 and (3) the LH response to ovariectomy was more severely altered in animals treated with SERMs (Fig. 1).

Although theoretically these differences may be explained by considering the three drugs as antioestrogens with different potency, it is likely that the effects of tamoxifen and raloxifene (at the doses tested) were exerted through an oestrogenic activity of these compounds upon hypothalamic neurones when administered neonatally. In favour of this hypothesis are the following facts: (1) perinatal treatment of male rats with tamoxifen caused reproductive tract lesions and sexual behaviour deficits similar to those induced by diethylstilboestrol (DES; a synthetic compound with oestrogenic activity) (Van cutsem & Roessler 1997), (2) tamoxifen administered neonatally showed uterotrophic action similar to DES (Poulet et al. 1997), (3) the effects of raloxifene and oestradiol given neonatally to female and male rats were similar (Pinilla et al. 2001a), (4) raloxifene showed, in adult ovarietomized females, an oestrogen-like action evidenced by the reduction in LH secretion and the
increase of prolactin release (Pinilla et al. 2001b) and (5) raloxifene was unable to block the effects of oestradiol and testosterone given neonatally. Since, in the CNS, testosterone is transformed into oestradiol (Reddy et al. 1974, Weiz & Gibbs 1974), the effects of neonatally administered testosterone upon the organization of hypothalamic function seem to be dependent on its aromatization to oestradiol. Dihydrotestosterone (a non-aromatizable androgen) is unable to affect reproductive function (Whalen & Luttge 1971, McDonald & Doughty 1972, 1974), and the effects of testosterone were blocked by inhibitors of aromatization (Vreeburg et al. 1977) and antiestrogens (McDonald & Doughty 1972). The analysis of the effects of combined administration of testosterone and oestradiol with raloxifene supports the oestrogenic activity of raloxifene. If raloxifene acts as an anti-oestrogen on the CNS a protective action against the effects of testosterone or oestradiol would be expected. On the contrary, some effects of testosterone (e.g. the degree of ovarian atrophy, the blunted LH response to ovariectomy) were reinforced by raloxifene. The effects of administration of oestradiol alone or oestradiol plus raloxifene were similar, which also indicate that, in the present experimental paradigm, raloxifene is devoid of an anti-oestrogenic action. The possibility that, with other treatment regimens, raloxifene may act as an anti-oestrogen requires further experimental work.

We have previously demonstrated that raloxifene administered to adult ovariectomized females decreases LH secretion and increases prolactin release, thus suggesting an oestrogenic action (Pinilla et al. 2001b). However, such an oestrogenic activity may become evident in the absence of endogenous oestrogens, since raloxifene implanted in the hypothalamus attenuates the positive feedback of oestradiol on LH secretion (Petersen & Barraclough 1989, Petersen et al. 1989), blocks the pituitary effects of oestradiol on LH secretion (Simard & Labrie 1985) and diminishes the effects of oestradiol on the expression of progestosterone receptor mRNA in rat brain (Shughrue et al. 1997). Our present results demonstrated that, in the neonatal period, raloxifene was unable to counteract the effects of oestradiol and testosterone. It is possible that the effects of raloxifene during the neonatal period showed differences from those observed in adulthood. Since the mechanisms whereby SERMs carry out oestrogenic and anti-oestrogenic activities in different tissues or functions are not clearly understood at the present, it is possible that oestrogenic activity of raloxifene and tamoxifen may be fully expressed during the process leading to hypothalamic differentiation during the neonatal period. Further experimental work is necessary to clarify this point.

In conclusion, present experiments confirm that normal hypothalamic differentiation of the female rat requires a certain degree of oestrogenic input, and indicate that administration of tamoxifen and raloxifene at the present doses during the critical period of neonatal differentiation exert an oestrogenic action on the differentiation of the hypothalamic network responsible for the control of reproductive function in the female rat.

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