Immunomodulatory effects of prolactin and growth hormone in the tilapia, *Oreochromis mossambicus*

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Abstract

To clarify the roles of prolactin (PRL) and GH in the control of the immune system, the effects of environmental salinity, hypophysectomy, and PRL and GH administration on several immune functions were examined in tilapia (*Oreochromis mossambicus*). Transfer from fresh water (FW) to seawater (SW) did not alter plasma levels of immunoglobulin M (IgM) and lysozyme. The superoxide anion (O₂⁻) production in head kidney leucocytes accompanied by phagocytosis was elevated in SW-acclimated fish over the levels observed in FW fish. Hypophysectomy of the fish in FW resulted in a reduction in O₂⁻ production in leucocytes isolated from the head kidney, whereas there was no significant change in plasma levels of IgM or lysozyme. Treatment with tilapia GH and PRLs (PRL₁₇₇ and PRL₁₈₈) enhanced O₂⁻ production *in vitro* in head kidney leucocytes in a dose-related manner. Extrapituitary expression of two PRLs, GH and IGF-I mRNA was detected in lymphoid tissues and cells such as head kidney, spleen, intestine and leucocytes from peripheral blood and head kidney. PRL-receptor mRNA was detected in head kidney leucocytes, and the level of expression was higher in SW-acclimated fish than that in FW fish. Treatment with PRL₁₇₇ caused higher production of O₂⁻ in the head kidney leucocytes isolated from SW tilapia than that from FW fish. In view of the fact that PRL acts antagonistically to osmoregulation in SW, its immunomodulatory actions in this euryhaline fish would appear to be independent of its osmoregulatory action.

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Introduction

Prolactin (PRL) and growth hormone (GH) are known to enhance immune functions in fish as in mammals (for reviews see Balm 1997, Clark 1997, Harris & Bird 2000). The phagocytic activity of fish leucocytes is stimulated by administration of PRL or GH (Balm 1997, Harris & Bird 2000). PRL and GH have also been found to enhance the mitotic activity of leucocytes of the chum salmon (*Oncorhynchus keta*), and are necessary to maintain circulating levels of immunoglobulin M (IgM) in the rainbow trout (*Oncorhynchus mykiss*) (Sakai et al. 1996a, Yada et al. 1999). In many teleost species, PRL maintains hydro-mineral balance in fresh water (FW), whereas GH has been found to facilitate acclimation to seawater (SW) in several euryhaline species including salmonids and Mozambique tilapia (*Oreochromis mossambicus*) (McCormick 1995, Sakamoto et al. 1997). In salmonids, the immunomodulatory effect of GH seems to be related to its role in osmoregulation. After transfer of the brown trout (*Salmo trutta*) from FW to SW, the increase in plasma GH was well correlated with the increases in plasma lysozyme and phagocytosis of leucocytes (Marc et al. 1995). Administration of homologous GH stimulated plasma lysozyme and phagocytosis of leucocytes in the rainbow trout, along with enhancement of osmoregulatory ability in SW (Yada et al. 2001). Plasma levels of GH are sensitive to the changes in environmental salinity in the tilapia (Yada et al. 1994, Shepherd et al. 1997a). However, the effect of environmental salinity and administered PRL or GH on immune functions has not been investigated in tilapia.

The tilapia pituitary produces two distinct PRLs, PRL₁₇₇ and PRL₁₈₈ (Specker et al. 1985, Yamaguchi et al. 1988). PRL₁₇₇ shows a potent somatotropic action (Shepherd et al. 1997b). On the other hand, only one class of PRL-receptor (PRL-R) was identified by Scatchard analysis with radiolabeled tilapia PRLs in the osmoregulatory tissues of Nile tilapia (*Oreochromis niloticus*), and its binding with PRL₁₈₈ was higher than with PRL₁₇₇ (Auperin et al. 1994, 1995). Similarly, a single cDNA sequence has been cloned from two species of the tilapia (*Oreochromis mossambicus* and *Oreochromis niloticus*) (Sandra et al. 1995, Shiraishi et al. 1999). Expression of the PRL-R
mRNA in the spleen, head kidney and peripheral blood leucocytes has been detected by Northern blot analysis in the Nile tilapia, suggesting hemopoietic or immunomodulatory action of PRL (Sandra et al. 2000).

The present study was carried out to clarify whether PRLs and GH have immunoregulatory roles in the tilapia. Endogenous levels of these hormones were modified by SW acclimation and hypophysectomy, and changes in plasma levels of IgM and lysozyme as well as superoxide anion (O$_2^-$) production in phagocytic leucocytes were examined. Effects of PRLs and GH on O$_2^-$ production were examined in cultured leucocytes. Extratuitary expression of PRL, GH and insulin-like growth factor-I (IGF-I) in lymphoid tissues and cells was examined by RT-PCR and RNase protection assay.

Materials and Methods

Fish

Mozambique tilapia (Oreochromis mossambicus), weighing 50–100 g, were reared at the Hawaii Institute of Marine Biology for successive generations in outdoor tanks, supplied with a continuous flow of FW at 24 ± 2 °C under natural photoperiod. They were fed twice daily with commercial dry diet (ProForm; Agro Pacific, Chilliwack, British Columbia, Canada), approximately 5% of body weight per day. Some fish were transferred from FW to 60% SW. After 1 week in 60% SW, they were transferred to 25% SW. They were fed as described above. Survival during the subsequent week was about 95% for both hypophysectomized or sham-operated through the orbit (Nishioka et al. 1996, 1991); purity was confirmed by HPLC. They were dissolved in a minimum volume of 0·1 M NaOH and diluted with the culture media. Head kidney leucocytes were incubated in the culture media containing 0·2% heparin sodium (Sigma). The mixture was placed on a 54% Percoll (Pharmacia, Uppsala, Sweden) cushion and centrifuged at 400 g for 25 min. The head kidney was placed in MEM, dissociated with forceps, and filtered with nylon mesh (37 µm). The dissociated cells were placed on 34/51% Percoll cushions and centrifuged. The leucocyte band was harvested, washed with phosphate-buffered saline (pH 7·6), and suspended in MEM containing 5% tilapia serum obtained from FW-acclimated tilapia. Viable leucocytes were counted by trypan blue exclusion (viability>90%). The leucocytes were used for the analysis of O$_2^-$ production as described below. Aliquots of leucocytes and tissues were frozen in liquid nitrogen immediately after isolation and stored at −80 °C until RNA extraction.

IgM, lysozyme and O$_2^-$ production

Plasma IgM levels were estimated by a specific enzyme-linked immunosorbent assay as described by Takemura (1993). Lysozyme activity in the plasma was measured according to the turbidimetric method using hen’s egg white lysozyme (Sigma) as a standard (Takemura & Takano 1995). Plasma cortisol levels were measured by radioimmunoassay as described by Eckert et al. (2001).

The O$_2^-$ production in blood and head kidney leucocytes was determined as the reduction of nitroblue tetrazolium (NBT; Sigma) (Sakai et al. 1996b). In brief, isolated leucocytes were adjusted to 10$^7$ cells/ml, and 50 µl was seeded into 96-well microplates. They were mixed with 50 µl MEM containing NBT (1 mg/ml) with or without zymosan A (Sigma), lipopolysaccharide (LPS; Sigma) or phorbol myristate acetate (PMA; Sigma) as the stimulants for O$_2^-$ production. After incubation for 1 h at 25 °C, culture media were aspirated and the cells were fixed with methanol for several minutes. They were air-dried, and dissolved in 120 µl 2 M KOH and 140 µl of dimethyl sulfoxide (Sigma). Optical density was measured with a microplate reader (SpectraCount; Packard, Meriden, CT, USA) at 620 nm.

In vitro effects of PRL and GH on O$_2^-$ production were also examined using the head kidney leucocytes. Tilapia PRL$_{177}$, PRL$_{188}$ and GH were prepared as described by Yamaguchi et al. (1988, 1991); purity was confirmed by HPLC. They were dissolved in a minimum volume of 0·1 M NaOH and diluted with the culture media. Head kidney leucocytes were incubated in the culture media containing hormones for 4 h at 25 °C, before analysis of O$_2^-$ production.

RNA extraction and RT-PCR

Total RNA from each leucocyte fraction or tissue was extracted using TRK REAGENT (Molecular Research Center, Cincinnati, OH, USA), and quantified at 260 nm with a DU 650 spectrophotometer (Beckman, Fullerton,
CA, USA). The PCR primers were designed to amplify PRL_{177} (5'-CTATAGACAGGGTTCTCGG-3', forward; 5'-GCAGGACAGCATGGTTAAT-3', reverse), PRL_{188} (5'-GTCAGATTTGAGTCCCTGG-3', forward; 5'-GCAGGACAGCAAGTGGTA-3', reverse), GH (5'-CAGCTGTGCCTGTTGTTTTT-3', forward; 5'-CAGCAGCAAATCCCGTTT-3', reverse), IGF-I (5'-ATAAACAAACAGCTATGGC-3', forward; 5'-TTCTTGGTGAGCTCTTCCTGA-3', reverse), PRL-R (5'-CAGAGATCAATGCCTGTGCC-3', forward; 5'-ATTGCAGCCGCTGATCATG-3', reverse), and β-actin (5'-CATGAAGTGCGACGTTGACA-3', forward; 5'-CACATCTGCTGGAAGGTGGA-3', reverse) based on Swennen et al. (1997), Chen et al. (1998), Sekkali et al. (1999), Shiraiishi et al. (1999), Takeuchi (2000) and N R Staten (personal communication). After DNase treatment, RT-PCR was performed with an Access RT-PCR System (Promega Corporation, Madison, WI, USA), BstBEST RNA PCR Kit version 1.1 (Takara, Tokyo, Japan) and AmpliTaqGold DNA Polymerase (Roche Molecular Systems, Branchburg, NJ, USA) using a PTC-200 Peltier Thermal Cycler (MJ Research Inc., Waltham, MA, USA) and a GeneAmp 2400 PCR System (Perkin Elmer, Norwalk, CT, USA). The PCR conditions for PRL_{177}, PRL_{188}, GH and β-actin were: 94 °C for 30 s, 56 °C for 30 s, 72 °C for 1 min, for 30 cycles. Those for IGF-I and PRL-R were 53 and 59 °C respectively instead of 56 °C for annealing. Total RNA from the pituitary of channel catfish (Ictalurus punctatus) was used as the negative control. After amplification, the products were analyzed by a 1% agarose gel and stained with ethidium bromide.

**RNase protection assay**

The antisense riboprobe for PRL-R was generated using a cDNA fragment of PRL-R subunit clone (Shiraishi et al. 1999). The cDNA fragment was subcloned into pBluescript II (Stratagene, San Diego, CA, USA). The identity and orientation of the inserted cDNA was confirmed by automated nucleic acid sequencing on a CEQ 2000XL DNA sequencer (Beckman). Riboprobe was prepared using the MAXIScript in vitro transcription kit (Ambion, Austin, TX, USA) with [α-^3^P]UTP (NEN, Boston, MA, USA). The RNA polymerase used was T3 or T7, depending on the orientation of the insert. Free nucleotide was removed from the labeled riboprobe by MicroSpin S-200HR (Amersham Pharmacia Biotech., Piscataway, NJ, USA). The reference (sense) RNA was transcribed from the subclone using MAXIScript. For construction of the standard curve, serial dilutions of reference (sense) RNA were made to construct standard curves of 0·04–40 amol, converting the range of mRNA levels expected in the unknown samples.

The RNase protection assay was carried out using an RPA III ribonuclease protection assay kit (Ambion). Total RNA from head kidney leucocytes was extracted as described above. DNA was also extracted from each sample and quantified for standardization of the assay. Sample RNA was mixed with riboprobe, diluted in hybridization buffer, and incubated overnight at 56 °C. After hybridization, unproctected single-stranded RNA was digested with a diluted RNase digestion buffer (RNase A/RNase T1 mix; Ambion) for 30 min at 37 °C. RNA duplexes were then precipitated and resuspended in gel loading buffer. They were fractionated through a 5% acrylamide/8 M urea gel. The gel was mounted on a 3 MM paper (Whatman, Cliton, NJ, USA), processed for autoradiography using X-OMT AR film (Kodak, Rochester, NY, USA), and then quantified using a computer program, Scion Image (Frederick, MD, USA).

**Statistical analysis**

Significance of the difference between two groups was analyzed by ANOVA followed by Duncan’s multiple range test or by Mann–Whitney U test. Calculations were performed using a computer program, STATISTICA (StatSoft, Tulsa, OK, USA).

**Results**

As shown in Fig. 1, O_2^- production in leucocytes isolated from the head kidney was significantly (P<0.05) higher in SW-acclimated fish than that in FW fish, whereas there was no change in the leucocytes isolated from peripheral blood. Plasma levels of IgM and lysozyme were not affected by environmental salinity.

When fish in FW were hypophysectomized, the plasma level of cortisol decreased markedly 1 week after the operation (Fig. 2). Sham-operated fish showed a tendency toward an increase in plasma cortisol compared with the intact fish, although the difference was not significant. Plasma levels of IgM and lysozymes were not affected by hypophysectomy. Superoxide anion production in phagocytic leucocytes isolated from the head kidney decreased significantly (P<0.05) in the hypophysectomized fish from levels observed in intact and sham-operated fish.

Figure 3 shows in vitro effects of tilapia PRLs and GH (5 nM or 100 ng/ml) on O_2^- production in head kidney leucocytes stimulated by zymosan, LPS or PMA. Even without stimulant, incubation with PRL_{188} or GH for 4 h significantly (P<0.05) enhanced the basal production of O_2^- in head kidney leucocytes. Of the three stimulants used, the effects of PMA were strongest, followed by zymosan and LPS. Treatment with PRL_{177} resulted in a significant (P<0.05) increase in O_2^- production stimulated by zymosan, LPS and PMA. PRL_{188} and GH produced a significant (P<0.05) elevation in O_2^- production when stimulated by LPS.
In the next experiment, the dose-dependency of the effects of tilapia PRLs and GH was examined on O$_2^-$ production stimulated by LPS (Fig. 4). PRL$_{177}$, PRL$_{188}$ and GH stimulated the O$_2^-$ production significantly ($P<0.05$ or $P<0.01$) at all doses examined, except for 5 pM PRL$_{188}$. Furthermore, stimulation of O$_2^-$ production was found to be dose-related for all the hormones.

Figure 5 shows the extrapituitary expression of PRL and GH genes in lymphoid tissues and cells. Both PRLs were expressed ubiquitously in lymphoid tissues and cells, such
as head kidney, spleen, intestine and leucocytes from peripheral blood and head kidney. GH expression was limited, but strong expression was detected in the leucocytes isolated from the peripheral blood. A lower level of GH mRNA was detected in the intestine. IGF-I mRNA was detected in all the lymphoid tissues examined, but not in leucocytes from the blood and head kidney.

The results of RT-PCR and the RNase protection assay clearly indicated expression of PRL-R mRNA in leucocytes isolated from the head kidney (Fig. 6). Figure 7A shows the results of the quantitative RNase protection assay for PRL-R mRNA expressed in head kidney leucocytes. PRL-R mRNA level in head kidney leucocytes was three times higher in SW tilapia than in FW fish (Fig. 7B). Standardization with total RNA or number of the cells showed essentially the same results as that with total DNA (data not shown).

Figure 8 shows the effect of environmental salinity on LPS-stimulated \( \mathrm{O}_2^\cdot \) production in leucocytes isolated from the head kidney leucocytes pretreated with PRL\(_{177}\). Superoxide anion production in leucocytes from SW-acclimated fish was significantly \((P<0.01)\) higher than that in those from FW fish, regardless of pretreatment with PRL\(_{177}\). In leucocytes from FW fish, \( \mathrm{O}_2^\cdot \) production was enhanced with PRL\(_{177}\) \((P<0.05)\). However, PRL\(_{177}\) did not produce further enhancement of \( \mathrm{O}_2^\cdot \) production in leucocytes from SW fish, as compared with the untreated cells from SW fish.

### Discussion

The present study clearly showed that the PRL-R gene is expressed in phagocytic leucocytes isolated from the head kidney of tilapia. This is in accord with the \textit{in vitro} stimulation by PRL\(_{177}\) and PRL\(_{188}\) of \( \mathrm{O}_2^\cdot \) production in head kidney leucocytes accompanied by phagocytosis. Activation of phagocytosis and subsequent \( \mathrm{O}_2^\cdot \) production as a killing mechanism of pathogens has been observed after PRL administration in fish (Balm 1997, Harris & Bird 2000). Expression of PRL-R was also detected in the peripheral blood leucocytes of Nile tilapia (Sandra \etal 2000). Although we did not examine the effect of tilapia PRLs and GH on \( \mathrm{O}_2^\cdot \) production in the peripheral blood leucocytes, the presence of PRL-R mRNA implies involvement of PRL in the regulation of the function of blood leucocytes too. PRL had also been found to enhance the other parameters of fish immunity including mitosis of leucocytes (Balm 1997, Harris & Bird 2000). The fact that phagocytic leucocytes were activated after incubation for 4 h with tilapia PRLs indicates that PRL enhances cellular immunity of fish independently of its hemopoietic action.

As in the present study, stimulatory effects of GH on fish immunity have been observed in several fish species. \textit{In vivo} or \textit{in vitro} administration of GH enhanced phagocytosis, mitosis and cytotoxic activity of leucocytes, and plasma hemolytic and lysozymic activities (Balm 1997,
In rainbow trout, the decreased level of plasma IgM following hypophysectomy was restored by GH treatment (Yada et al. 1999). On the other hand, PRL shares considerable structural and functional overlaps with GH, and hepatic GH radioreceptor assay revealed that PRL binds significantly to the tilapia GH receptor (Shepherd et al. 1997). The similarity of the immunomodulatory effects of GH and PRL may be related the ability of GH receptor to bind PRL. However, a radioreceptor assay of PRL in Nile tilapia revealed that tilapia PRL-R does not recognize GH (Auperin et al. 1995, Sandra et al. 1995). Thus, the presence of PRL-R in lymphoid cells would seem to indicate a direct action of PRL on immune functions.

**Figure 4** Dose-dependent effects of tilapia PRLs and GH on LPS (100 µg/ml)-stimulated O₂⁻/p₁ production in leucocytes isolated from the head kidney. Cells were incubated with PRL₁₇₇, PRL₁₈₈ or GH at concentrations of 5–500 pM (0·1–10 ng/ml) for 4 h, and O₂⁻/p₁ production was estimated. Data are expressed as means ± s.e.m. (n = 8). *P<0·05, **P<0·01 compared with the controls without hormone.

**Figure 5** Expression of PRL₁₇₇, PRL₁₈₈, GH, IGF-I and β-actin mRNAs detected by RT-PCR in tissues and cells of the tilapia. (–), negative control with total RNA from the catfish pituitary; P, pituitary of the tilapia; L, liver; HK, head kidney; S, spleen; I, intestine; PBL, peripheral blood leucocytes; HKL, head kidney leucocytes.
Cortisol is well known to suppress fish immune functions in relation to various stresses (Balm 1997, Harris & Bird 2000). In this study, however, sham-operation followed by a tendency to an increase in plasma cortisol levels did not show significant influence on immune functions. Although hypophysectomy resulted in a significant decrease in plasma cortisol, there was no enhancement of immune function, but a decrease in O$_2^-$ production was observed in leucocytes. Changes in cortisol secretion caused by the operation did not show a suppressive effect on immunity in this study.

Enhancement of immune functions in high environmental salinity has been observed in salmonids (Marc et al. 1995, Yada et al. 2001). An increase in the secretion rate of GH estimated from the clearance of administered GH was observed during the course of SW acclimation of rainbow trout (Sakamoto et al. 1990). Increased secretion of GH in SW seems to facilitate not only osmoregulation

Figure 6 Detection of PRL-R mRNA in leucocytes from the head kidney by RT-PCR or RNase protection assay (RPA). M, size marker; HKL, head kidney leucocytes; (−), negative control without reverse transcription; (+), positive control with PRL-R cDNA sequence-containing plasmid.

Figure 7 Effect of acclimation to SW (35 p.p.t., shaded bar) on PRL-R mRNA levels in the head kidney leucocytes. (A) RNase protection assay for PRL-R mRNA in head kidney leucocytes from FW- or SW-acclimated fish. Each lane represents a sample from an individual fish. (B) Quantification of mRNA level of PRL-R in the head kidney leucocytes. Data are expressed as means ± S.E.M. (n = 6). *P<0.05 compared with the fish kept in FW (open bar).
but also immune functions. During acclimation of brown trout from FW to SW, plasma levels of GH exhibited positive correlation with plasma lysozyme levels as well as phagocytic activity of leucocytes (Marc et al. 1995). In rainbow trout, plasma lysozyme and phagocytic activity of leucocytes was stimulated by exogenous GH in parallel with the enhancement of hypo-osmoregulation in SW (Yada et al. 2001). Tilapia is another euryhaline species in which environmental salinity stimulates GH secretion (Yada et al. 1994, Shepherd et al. 1997a), with GH having a hypo-osmoregulatory or SW-adapting effect (Sakamoto et al. 1997). Stimulation of O$_2^-$ production in leucocytes isolated from the head kidney of the SW-acclimated tilapia is in accord with the increased secretion of GH in SW and the stimulatory effect of GH on O$_2^-$ production in vitro. As in salmonids, environmental salinity may modulate the immune system of tilapia through an increased secretion of endogenous GH.

Transfer of the euryhaline species of teleosts, including tilapia, to SW always results in a decline in PRL secretion (Yada et al. 1994, McCormick 1995). The low plasma level of PRL in SW seems to favor acclimation to a hyperosmotic environment, since PRL exerts a sodium-retaining effect, which is inhibitory for hypo-osmoregulation in SW (Sakamoto et al. 1997). Expression of PRL-R mRNA in the gill, one of the most important osmoregulatory organs in fish, was lower in SW-acclimated tilapia than that in FW fish (Shiraishi et al. 1999, Prunet et al. 2000). In contrast, a radioreceptor assay revealed that the affinity and capacity of PRL-R in the tilapia gill, kidney and intestine were increased rapidly after transfer of Nile tilapia to SW and remained high for several weeks (Auperin et al. 1995, Sandra et al. 2001). In this study, leukocytes from the head kidney of SW-acclimated tilapia showed a significant increase in the level of PRL-R mRNA. Although the kinetics of PRL-R expression in the tilapia leucocytes has not been examined, SW acclimation tended to enhance the response of PRL-R mRNA to PRL in phagocytic leucocytes in SW. In the present study, hypophysectomy did not affect the level of PRL-R in the tilapia leucocytes (data not shown). According to Auperin et al. (1995), hypophysectomy had no influence on the kinetics of tilapia PRL-R in the gill. These observations indicate that local expression of the PRL-R gene may be independent of pituitary control, and that low levels of plasma PRL in SW-acclimated fish may not be the main cause of the increased gene expression of PRL-R, not only in osmoregulatory tissue but also in lymphoid cells.

There was no significant effect of PRL in O$_2^-$ production in leucocytes from SW-acclimated fish, whereas a slight but significant stimulation was seen in those from FW fish. This fact suggests that the increased level of PRL-R mRNA in leucocytes was not accompanied by a functional enhancement. In the silver sea bream (Sparus sarba), phagocytic activity of leucocytes from the head kidney was stimulated significantly after intraperitoneal injection of PRL both in FW- and in SW-acclimated fish, whereas no influence of environmental salinity was observed (Narnaware et al. 1998). In rainbow trout, SW acclimation enhanced the O$_2^-$ production in phagocytic leucocytes isolated from peripheral blood, and intraperitoneal administration of GH produced a further increase (Yada et al. 2001). The inconsistency of these observations may imply species-specific differences in the effects of environmental salinity and also of PRL and GH on fish immune functions. In view of the inhibitory action of PRL for hypo-osmoregulation in SW, an enhanced response of immune function to PRL in SW-acclimated tilapia accompanied by an increased expression of PRL-R suggests that the immunomodulatory actions of PRL may be independent of its osmoregulatory actions, at least in this euryhaline species.

It is well established that GH and PRL genes are expressed in the mammalian immune system as paracrine factors (Ben-Jonathan et al. 1996, Clark 1997). In coho salmon (Oncorhynchus kisutch) and rainbow trout, GH gene expression was detected in the kidney and intestine (Mori & Devlin 1999, Yang et al. 1999). Expression of GH and PRL mRNA was detected in several lymphoid tissues, such as head kidney, spleen, thymus and intestine, as well as in leucocytes from blood and head kidney of the rainbow trout (Yada & Azuma 2002). In the present study, ubiquitous expression of the two PRL genes was clearly shown in lymphoid tissues and also in leucocytes. Contamination with genomic DNA would appear to be unlikely since RNA samples were treated with DNase.

Figure 8 Effects of acclimation to SW (shaded bars) on LPS (100 μg/ml)-stimulated O$_2^-$ production in the head kidney leucocytes pretreated with PRL$_{177}$. Data are expressed as means ± S.E.M. (n = 6). *P<0.05, **P<0.01 compared with the fish in FW (open bars).
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and also since the primers for PCR were designed to distinguish the transcribed mRNA from genomic DNA. Although there may be a species-specific difference in the localization of GH and PRL mRNAs, results in this study suggest the importance of GH and PRL as paracrine factors in the tilapia immune system. The results of this study showed local expression of IGF-I in lymphoid tissues of the tilapia but not in the leucocytes isolated from the blood and head kidney. In mammals, some of the actions of GH in the immune system are mediated by local expression of IGF-I in the stromal cells of hemopoietic tissues (Clark 1997). The difference in the expression of IGF-I between lymphoid tissues and isolated leucocytes in tilapia may be related to the specific role of IGF-I during hemopoiesis. Further studies are called for on the mode of action of GH, PRL and their related factors, such as IGF-I, in modulating fish immune functions.

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