Isolation and characterization of Leydig cells from adult bonnet monkeys (Macaca radiata): evidence for low steroidogenic capacity in monkey Leydig cells in contrast to rat Leydig cells

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Abstract
Most of the available information on Leydig cells has been obtained using a rodent model system. With an objective to extend the observations made with rat Leydig cells (RLCs) to primates, a method has been developed to isolate Leydig cells from monkey (Macaca radiata) testis. Enzymatic dissociation of monkey testis followed by Percoll-gradient fractionation of the interstitial cells resulted in the recovery of Leydig cells at densities corresponding to 1·064–1·070 g/ml. Purified (90–94%) monkey Leydig cells (MLCs) stained positive for the Leydig cell marker 3β-hydroxysteroid dehydrogenase. The cells responded to in vitro addition of human chorionic gonadotropin (hCG) and produced testosterone. Comparison of the in vitro testosterone-producing ability of MLCs with RLCs revealed that MLCs have much less steroidogenic capacity compared with the RLCs. Analysis revealed that limitation in substrate availability to mitochondrial P450 side chain cleavage enzyme and low mitochondrial and smooth endoplasmic reticulum content in MLCs could be the possible reasons for the low steroidogenic capacity of the MLCs.

Introduction
Leydig cells are the site of synthesis and secretion of testosterone, the major male sex hormone essential for the normal functioning of the male reproductive system (Sachs & Meisel 1988). The available information on Leydig cell development and regulation of steroidogenesis is mostly based on studies using rodent model systems. Often it is not possible to extrapolate the observations made in the rodent model system to humans. Due to obvious ethical reasons and problems in carrying out similar studies in humans, non-human primate models have been widely used.

Considerable differences exist in the morphology and physiology of Leydig cells across species. The organization of Leydig cells in the monkey testis differs from that in the rat testis. In the rat, the Leydig cells appear to be organized in continuous strings and the endothelium of lymphatics is lacking. In the monkey testis, the Leydig cells are scattered with abundant loose connective tissue between the seminiferous tubules, and centrally placed well-defined lymphatic vessels can be observed. The interstitial space is not continuous in the monkey testis unlike the situation in the rat (Fawcett et al. 1973). Ultrastructural and histo-chemical studies of post natal Leydig cell development in the marmoset monkey (Callithrix jacchus) testis revealed that three different Leydig cell types namely neonatal, immature and adult Leydig cells are present in the testis (Rune et al. 1991). Inhibition of the hypothalamo–pituitary–testicular (HPT) axis of marmoset monkeys by the administration of a gonadotropin-releasing hormone antagonist (antide) from birth for 7 weeks resulted in drastic changes in the Leydig cells. The cells were atropic and exhibited very irregular nuclei and the organelles involved in steroid synthesis were reduced to the extent of being barely evident (Prince et al. 1998). Thus it appears that, as in rodents, gonadotropic hormones are the primary regulators of postnatal Leydig cell development in primates. The receptors for androgen and estrogen (both α and β) have also been localized in Leydig cells of monkey testis by immunohistochemistry (Fisher et al. 1997, Pelletier 2000, Saunders et al. 2001) suggesting that similar regulatory mechanisms may operate in monkey Leydig cells (MLCs) as in the case of rodents. Testosterone can be derived from pregnenolone either by Δ⁴ or Δ⁵ pathways. Studies carried out with Cebus monkey testis slices (Rey et al. 1995) suggest that the Δ⁵ pathway predominates in MLCs in contrast to rat Leydig cells (RLCs).

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heterogeneity of the cell types present in the testes, it will be more appropriate to use purified Leydig cells to study the effect of different hormones and growth factors on Leydig cell function – this will certainly provide more reliable information. In the absence of a published protocol to isolate Leydig cells from monkey testis, the present study was undertaken to develop a method to isolate homogeneous populations of Leydig cells from the monkey testis (*Macaca radiata*). Also, since the *in vitro* testosterone-producing ability of MLCs was found to be quite low compared with RLCs, a study has been carried out to ascertain the possible reasons for the low steroidogenic activity of MLCs.

**Materials and Methods**

**Animals**

Adult male bonnet monkeys (6–10 years old) housed at the Primate Research Laboratory, Indian Institute of Science, Bangalore, India, were used in this study. Only those monkeys which exhibited the characteristic nocturnal surge in serum testosterone levels were recruited in this study (Mukku et al. 1976). Ninety-day-old adult Wistar rats were obtained from the Central Animal Facility (CAF), Indian Institute of Science, Bangalore, India. Animals were fed with pelleted feed procured from Mysore Snack Feeds, Bangalore, India. The animals were maintained under standard conditions (12-h light, 12-h darkness schedule, with water and pelleted food available *ad libitum*). Animal procedures employed in this study were cleared by the Institutional Animal Ethical Committee. Unilateral castration was carried out in the untreated monkeys, which were used to investigate the role of estrogen in the regulation of maturation of epididymal sperm.

**Isolation of Leydig cells from monkey testis**

Monkeys were anesthetized with ketamine (10 mg/kg body weight) and following unilateral castration the testis was processed for Leydig cell isolation. In order to decrease blood cell contamination, ice-cold medium was passaged through the testis blood capillaries. (Medium refers to Dulbecco’s modified Eagle’s medium/Ham F12 with HEPES and without phenol red 1 l/pkg (Sigma) dissolved in 1 litre double distilled water supplemented with 1:2 g sodium bicarbonate, 1 g bovine serum albumin (Sigma) and 30 mg soya bean trypsin inhibitor (Worthington Biochemical Corporation, Lakewood, NJ, USA); pH was adjusted to 7-4). After making sure that as much blood as possible was drained out, the outer tunica was removed and the tissue was subjected to enzymatic digestion by the procedures described below. The following procedures were evaluated to ascertain the purity, yield of Leydig cells and *in vitro* response to the addition of human chorionic gonadotropin (hCG).

**Procedure 1** The testis tissue was minced and subjected to digestion in a 50 ml falcon tube containing 2500 units collagenase type 3 (Worthington Biochemical Corporation) and 750 units DNase (Worthington Biochemical Corporation) in 10 ml medium. The tubes were kept half immersed in a shaking water bath with constant agitation (50 times/min) at 34 °C for 30 min. The enzymatic activity was terminated by the addition of excess medium. The tubes were allowed to settle by gravity and the medium consisting of interstitial cells was aspirated and filtered through a 100 µm nylon mesh. The filtrate was centrifuged at 250 g for 10 min at 25 °C, which yielded a crude interstitial pellet.

**Procedure 2** The testis tissue was cut into pieces each weighing approximately 500 mg. Four testis pieces were taken in 50 ml falcon tubes and subjected to enzymatic digestion in 10 ml medium containing 700 units collagenase, 750 units DNase and 1·5 units dispase type 1 (Roche Biochemicals, Penzberg, Germany). The tubes were half immersed in a shaking water bath with constant agitation (50 times/min) at 34 °C. Digestion was carried out until the tubes were dispersed (approximately 40–45 min) and the enzyme action was terminated by adding excess medium. The interstitial cells were separated from the tubes as mentioned in procedure 1.

The interstitial cell pellet obtained by the procedures mentioned above was suspended in 35 ml 55% isotonic Percoll with 750 units DNase in Oakridge tubes. The tubes were centrifuged at 20 000 g in a JA-20 rotor (Beckman, UK) for 1 h at 4 °C. Ignoring the first 3 ml of the gradient (which contained cell debris), and the last 4 ml which contained red blood corpuscles (RBCs), 4 ml fractions of the middle layer were collected and the cells present in the Percoll fractions were pelleted down by centrifugation at 250 g for 10 min at 25 °C after diluting with 3–4 volumes of the medium.

Equal number of cells (1 × 10⁵ cells) present in the different fractions of Percoll gradient were incubated with or without 100 ng hCG (a kind gift from Dr A F Parlow, National Hormone and Pituitary Program, NIDDK, USA) in 1·75 ml microtuge tubes containing 500 µl medium. The tubes were incubated for 4 h in a shaking water bath at 34 °C with constant agitation after which the tubes were spun at 250 g for 10 min at 4 °C; the supernatant was frozen at −20 °C until testosterone in 100 µl of the medium was estimated by a sensitive RIA standardized in our laboratory (Sriraman et al. 2000).

Using both the procedures described above, Leydig cell isolation was carried out simultaneously six times with six different monkey’s testes and it was consistently found that MLCs could be recovered at densities corresponding to 1·064–1·070 g/ml. The purity of MLCs was assessed by 3β-hydroxysteroid dehydrogenase (3β-HSD) staining (Klinefelter et al. 1987) and the viability of the cells was tested by Trypan Blue dye exclusion test (Phillips 1973).
Considering the Leydig cell purity, the second procedure was adopted for isolation of Leydig cells from monkey testes to compare the steroidogenic capacity of monkey and rat Leydig cells.

Isolation of Leydig cells from adult rats

Adult Leydig cells up to a purity of 90–95% were isolated from 90-day-old rats according to the procedure of Sriraman et al. (2000, 2003) which is a modification of the procedure described by Klinefelter et al. (1987). The decapsulated testis was subjected to collagenase digestion in a 50 ml plastic tube containing 10 ml medium with collagenase (600 units) and DNase (750 units). The tubes were placed in a shaking water bath with constant agitation (50 times/min) at 34 °C for 15–20 min until the tubes were separated. The enzyme action was terminated by adding excess medium. The tubes were allowed to settle by gravity and the medium, consisting of interstitial cells, was aspirated and filtered through a 100 µm nylon mesh. The filtrate was centrifuged at 250 g for 10 min at 25 °C, which yielded a crude interstitial pellet. The pellet obtained was suspended in 35 ml 55% isonicotinic Percoll with 750 units DNase in Oakridge tubes. The tubes were centrifuged at 20 000 g in a JA-20 rotor (Beckman, UK) for 1 h at 4 °C. Percoll fractions corresponding to densities of 1.070–1.090 g/ml were collected and the cells present in this fraction were pelleted down by centrifugation at 250 g for 10 min at 25 °C after diluting with 3–4 volumes of medium.

Comparison of in vitro testosterone production by rat and monkey Leydig cells

Monkey and rat Leydig cells were isolated simultaneously and incubated in 1.7 ml microfuge tubes to assess their in vitro testosterone-producing capacity. One hundred thousand (1 × 10^5) Leydig cells were suspended in 500 µl medium with or without different modulators (100 ng hCG, 20 µM forskolin or 20 µM 22-R-OH-cholesterol) and incubated in a shaking water bath at 34 °C for 4 h with constant agitation. At the end of the incubation, the tubes were spun at 250 g for 10 min at 4 °C and the supernatant was stored at −20 °C until processed for testosterone estimation by RIA.

Staining of testis sections with DiOC6(3)

The procedure for staining was as described by Terasaki (1998). Rat testis was fixed in 0.5% glutaraldehyde (Sigma) in 100 mM cacodylate buffer and 10 µm frozen sections were cut using a cryostat. The sections on the glass slides were incubated for 5 min with the fluorescent dye 3,3’-dihexyloxacarbocyanine iodide (DiOC6(3)) (Molecular Probes Oregon, USA) (0.5 µg/ml in 100 mM cacodylate buffer), which is used for staining endoplasmic reticulum and mitochondria. Later, these sections were mounted using a glass cover-slip with a photo bleaching reduction reagent, n-propyl gallate (1 mg/ml in a solution of 90% glycerol and 10% PBS), observed under a fluorescent microscope with blue light excitation and the green fluorescent image was captured (LEICA fluorescence microscope, Germany).

Staining of RLCs and MLCs with DiOC6(3)

Rat and monkey Leydig cells were isolated simultaneously, and were cultured on glass cover-slips submerged in the culture medium for 6 h, following which the cells attached to the cover-slips were incubated for 5 min with medium containing 2·5 µg/ml DiOC6(3). Later, the excess dye was washed with dye-free medium and the cover-slips were mounted on a glass slide with a photo bleaching reduction reagent, n-propyl gallate (1 mg/ml in a solution of 90% glycerol and 10% PBS), observed under fluorescent microscope with blue light excitation and the green fluorescent image was captured. The fluorescence emitted per unit area of cytoplasm of 10–15 monkey and rat Leydig cells was analyzed by computer using Image Pro-Plus image analysis software (Media Cybernetics, Inc., Silver Spring, MD, USA).

Statistical analysis

The data are presented as means ± S.E. of at least three separate experiments performed with the same protocol. The data were analyzed by Kruskal-Wallis ANOVA followed by Neuman-Keuls test employing Graphpad software (San Diego, CA, USA) to determine significant differences in the group, and a P value less than 0.05 was considered to be statistically significant.

Results

Leydig cell isolation from adult bonnet monkeys

Enzymatic digestion of monkey testis released interstitial cells along with the germ cells, sperm and RBCs. Following Percoll gradient fractionation of the interstitial cells, assessment of in vitro testosterone production by the cells in various fractions revealed that the cells recovered in fractions corresponding to densities of 1.064–1.070 g/ml produced maximum testosterone with or without hCG (5.14 ± 0.01 ng testosterone/10^6 cells (mean ± S.E.) without hCG and 23.63 ± 3.8 ng testosterone/10^6 cells (mean ± S.E.) with hCG) (Fig. 1). The values represent testosterone produced by MLCs obtained by the second procedure. Of the two different procedures employed for enzymatic dissociation of monkey testis, the yield of MLCs obtained by procedure 1 was 7–10 × 10^5 cells/g tissue.
with 85–90% purity, as assessed by 3β-HSD staining. However, by following the second procedure, 5–7 × 10⁵ cells/g tissue were obtained with 90–96% purity (Fig. 2). There was no significant difference in the in vitro hCG-stimulated testosterone production by the Leydig cells obtained by either of the procedures. More than 90% of cells were viable in both the procedures as assessed by the Trypan Blue dye exclusion test.

Comparison of in vitro testosterone production by MLCs and RLCs in the presence of various modulators

Rat and monkey Leydig cells were isolated simultaneously and in vitro testosterone production by these cells was monitored in the presence of various modulators. Control RLCs produced 8.33 ± 1.04 ng testosterone/10⁶ cells (mean ± s.e.) and MLCs produced 4.20 ± 1.24 ng testosterone/10⁶ cells (mean ± s.e.). In the presence of hCG, RLCs produced 137.46 ± 6.66 ng testosterone/10⁶ cells (mean ± s.e.) (a 16.5-fold increase in testosterone production over the control). However, under identical conditions, MLCs produced only 19.66 ± 4.17 ng testosterone/10⁶ cells (mean ± s.e.) (a 4.6-fold increase in testosterone production over the control) (Fig. 3).

It is known that cAMP produced by adenylate cyclase is the second messenger mediating the action of luteinizing hormone (LH) on Leydig cell testosterone production. In order to rule out the possibility that the observed relatively...
low testosterone production by MLCs in response to hCG is due to differences in the LH receptor levels and affinity of hCG to LH receptor, the effect of forskolin (which increases cAMP levels in the cell by directly activating adenylate cyclase without activation of LH receptor) on testosterone production by rat and monkey Leydig cells was monitored. Even in the presence of forskolin, the MLCs produced only $21.42 \pm 3.21$ ng testosterone/10$^6$ cells (mean ± S.E.) (a 5.1-fold increase in testosterone production over the control). Under the same conditions RLCs produced $122.09 \pm 17.13$ ng testosterone/10$^6$ cells (mean ± S.E.) (a 14.6-fold increase in testosterone production over the control) (Fig. 3).

The possibility of a limitation in the availability of substrate for mitochondrial P$450$ side chain cleavage enzyme (P$450$SCC) that could account for the low testosterone-producing capacity of MLCs was studied by monitoring in vitro testosterone production by MLCs in the presence of 22-R-OH-cholesterol (a relatively hydrophilic form of cholesterol that can easily diffuse into the mitochondria). MLCs produced $71.94 \pm 8.56$ ng testosterone/10$^6$ cells (mean ± S.E.) (a 17.1-fold increase in testosterone production over the control). Under the same conditions RLCs produced $276.9 \pm 22.84$ ng testosterone/10$^6$ cells (mean ± S.E.) (a 33.2-fold increase in testosterone production over the control) (Fig. 3).

**Comparison of smooth endoplasmic reticulum (SER) and mitochondrial content in MLCs and RLCs**

The mitochondria and SER contain the enzymes necessary for the synthesis of steroid hormones. It has been well documented that the abundance of mitochondria and SER determines the steroidogenic potential of the Leydig cells (Christensen 1970, Fawcett 1981). In order to account for the low testosterone-producing capacity of MLCs, the levels of mitochondria and SER were compared between monkey and rat Leydig cells. DiOC$_6$(3) is a general membrane dye that can be used for staining the SER and mitochondria. The usefulness of this dye in comparing the SER content between different cells was evaluated by staining the frozen sections of rat testis with this dye. It was observed that the Leydig cells present in the interstitium emitted intense green fluorescence due to the relative abundance of SER and mitochondrial content (Fig. 4) compared with the surrounding Sertoli cells and germ cells, thus validating the use of DiOC$_6$(3) to compare the mitochondria and SER content between different cells.

![Graphical representation of in vitro testosterone produced by equal numbers of rat and monkey Leydig cells upon incubation with different modulators. Equal numbers of rat and monkey Leydig cells (1 × 10$^6$) were incubated with or without 100 ng hCG, 20 μM forskolin or 20 μM 22-R-OH-cholesterol in 500 μl medium at 34 °C for 4 h in a shaking water bath with constant agitation. The testosterone present in the medium was estimated by RIA. Values represent means ± S.E. from three independent experiments. a, P < 0.001 compared with the corresponding RLC values; b, P < 0.05 compared with hCG-stimulated MLC value.](image-url)
Isolation and characterization of Leydig cells

Staining of monkey and rat Leydig cells with DiOC₆(3) revealed that the fluorescence emitted by the MLCs is much less compared with the RLCs (Fig. 5A) suggesting that the mitochondrial and SER content is less in the MLCs compared with that of the RLCs. Computational analysis of relative intensities of fluorescence emitted per unit area (cytoplasm) of MLCs is less (27% ± 9·11%, mean ± s.e.) compared with the RLCs (97% ± 11·76%, mean ± s.e.) (Fig. 5B).

Discussion

In this study a homogeneous population of Leydig cells was isolated from monkey testis and the in vitro testosterone-producing ability of MLCs was compared with that of RLCs. Following Percoll gradient fractionation of interstitial cells, the cells recovered from fractions with densities corresponding to 1·064–1·070 g/ml responded maximally to in vitro addition of hCG by producing testosterone (Fig. 1), suggesting that these cells represent Leydig cell population. Under the light microscope, the Leydig cells were identified by their yellowish appearance and granular texture. Damage caused to the seminiferous tubules due to mincing of testis tissue and high concentrations of collagenase used for digestion was responsible for germ cell contamination in the MLCs purified by procedure 1. As described in procedure 2, decreasing the concentration of collagenase and increasing the time for enzymatic digestion of testicular tissue pieces resulted in minimal germ cell and sperm contamination although the yield of Leydig cells/g tissue was compromised. It is well documented that adult RLCs can be recovered from the Percoll fractions corresponding to densities 1·070–1·090 g/ml (Klinefelter et al. 1987, Sriraman et al. 2000, 2003). The present observation that the adult MLCs band at a density corresponding to 1·064–1·070, suggests that MLCs are less dense compared with RLCs.

The major factors that contribute to the testosterone-producing ability of the Leydig cells are (i) the level of LH receptor on the Leydig cell membrane and the affinity of LH/hCG to the LH receptor, (ii) substrate availability for the P₄₅₀ SCC enzyme present in the mitochondria, and (iii) the area occupied by SER and mitochondria in the cytoplasm of Leydig cells. Since the MLCs produced less testosterone compared with RLCs in response to in vitro stimulation by hCG, studies were carried out to monitor possible differences in the above parameters between MLCs and RLCs that could account for the low steroidogenic capacity of MLCs. Comparison of testosterone produced by rat and monkey Leydig cells in the presence of forskolin revealed that the addition of forskolin to by-pass the LH activation step did not reveal any difference in testosterone production by MLCs (Fig. 3) and this rules out the possibility of the existence of differences in LH receptor numbers and binding affinity of hCG/LH to LH receptor between the MLCs and RLCs that could account for the low steroidogenic capacity of MLCs.

It is widely accepted that the rate-limiting step in steroidogenesis in all the species studied so far is the transport of cholesterol into the mitochondria and its subsequent availability to side chain cleavage enzyme. Following incubation with hCG and forskolin, MLCs produced an average of 16·5% and 17·7% respectively of the testosterone produced by RLCs. Interestingly, in the presence of 22-R-OH-cholesterol the MLCs produced an average of 26·8% of the testosterone produced by the RLCs (Fig. 3). This result suggests the possibility that the rate of cholesterol transport into the mitochondria is less in MLCs compared with RLCs, which partly accounts for the low testosterone-producing ability of MLCs. The observation that the fluorescence intensity emitted per unit area of MLC is less compared with the RLCs (Fig. 5B), suggests that MLCs possess low mitochondrial and SER content. However, further stereological analysis is needed to confirm this assumption. Based on these results it can be assumed that the comparatively low mitochondrial and SER content in the MLCs also accounts for the low testosterone-producing ability of the MLCs. A direct correlation in the species differences in Leydig cell testosterone production and relative levels of mitochondria and SER content in the Leydig cell has been suggested earlier (Zirkin et al. 1980).

Sex hormone binding protein or sex hormone binding globulin (SHBG), a plasma glycoprotein found in many species including humans and non-human primates, binds to androgens with very high affinity (Joseph 1994). While adult rats do not have plasma SHBG, in immature male...
rats, circulating androgen binding protein (ABP) can be detected by day 15 of postnatal life; the level of this peptide peaks at day 20 and becomes negligible after day 40 (Danzo & Eller 1985). It is pertinent to note that SHBG has been shown to be a major determinant of testosterone clearance in the primate serum (Petra et al. 1985). These observations suggest that the metabolic clearance rate of testosterone in monkeys could be less compared with the adult rats and it is possible that in order to maintain adequate testosterone levels in rats the RLCs produce more testosterone compared with the MLCs. In this connection it is pertinent to note that like MLCs, human Leydig cells also produce less testosterone compared with RLCs in response to in vitro addition of hCG (Simpson et al. 1987).

In conclusion, for the first time a highly purified population of Leydig cells has been isolated from monkey testis. Comparison of the testosterone-producing ability of MLCs and RLCs suggests that MLCs possess low steroidogenic capacity compared with RLCs. Analysis revealed that a decrease in the rate of cholesterol transport into the mitochondria and low mitochondria and SER content in MLCs are the possible reasons for the low testosterone producing capacity of the MLCs.

Figure 5  (A) Fluorescent image of rat and monkey Leydig cells stained with DiOC₆(3). Rat (upper panels) and monkey (lower panels) Leydig cells were allowed to attach to separate glass cover-slips by culturing them in vitro in 5% CO₂ for 4 h. The cells attached on cover-slips were incubated in medium containing 2·5 µg/ml DiOC₆(3) for 5 min. Later, cover-slips were washed with dye-free medium, mounted on glass slides and observed under a fluorescent microscope with blue light excitation and the green fluorescent image was captured. Upper three panels, RLCs; lower three panels, MLCs. n = 3. (B) Level of fluorescent intensities emitted by rat and monkey Leydig cells. The fluorescent images of DiOC₆(3)-stained rat and monkey Leydig cells were captured by using a LEICA fluorescence microscope (Germany) and the fluorescence emitted per unit area of cytoplasm of at least 10–15 monkey and rat Leydig cells were analyzed by computer. The values represent relative intensities. ***P < 0·001 compared with RLC.
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