Insulin resistance and increased pancreatic β-cell proliferation in mice expressing a mutant insulin receptor (P1195L)

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Abstract

Several mutations of the tyrosine kinase domain of insulin receptor (IR) have been clinically reported to lead insulin resistance and insulin hypersecretion in humans. However, it has not been completely clarified how insulin resistance and pancreatic β-cell function affect each other under the expression of mutant IR. We investigated the response of pancreatic β-cells in mice carrying a mutation (P1195L) in the tyrosine kinase domain of IR-β-subunit. Homozygous (IrP1195L/wt) mice showed severe ketoacidosis and died within 2 days after birth, and heterozygous (IrP1195L/wt) mice showed normal levels of plasma glucose, but high levels of plasma insulin in the fasted state and after glucose loading, and a reduced response of plasma glucose lowering effect to exogenously administered insulin compared with wild type (Irwt/wt) mice. There were no differences in the insulin receptor substrate (IRS)-2 expression and its phosphorylation levels in the liver between IrP1195L/wt and Irwt/wt mice, both before and after insulin injection. This result may indicate that IRS-2 signaling is not changed in IrP1195L/wt mice. The β-cell mass increased due to the increased numbers of β-cells in IrP1195L/wt mice. More proliferative β-cells were observed in IrP1195L/wt mice, but the number of apoptotic β-cells was almost the same as that in Irwt/wt mice, even after streptozotocin treatment. These data suggest that, in IrP1195L/wt mice, normal levels of plasma glucose were maintained due to high levels of plasma insulin resulting from increased numbers of β-cells, which in turn was due to increased β-cell proliferation rather than decreased β-cell apoptosis. Journal of Endocrinology (2006) 190, 739–747

Introduction

Type-2 diabetes mellitus is a common metabolic disorder characterized by insulin resistance and deterioration of β-cell function (Reaven 1988, DeFronzo et al. 1992). Pancreatic β-cells showed various responses when insulin resistance occurred (Lingohr et al. 2002a). It has been clinically reported that mutation of the insulin receptor (IR) gene causes various forms of insulin resistance, such as overt diabetes, impaired glucose tolerance, or normal glucose tolerance, and such mutation causes normoglycemic patients to show hyperinsulinemia after a glucose tolerance test. The relationship between insulin resistance and the response of pancreatic β-cells has been investigated using genetically manipulated mice (Bruning et al. 1998, Kulkarni et al. 1999, Michael et al. 2000, Nandi et al. 2004), but the mechanism by which the increase in pancreatic islet mass is induced in the insulin-resistant state and whether this change favors the progression of diabetes has to be elucidated.

To examine the association between insulin resistance and pancreatic β-cell function under clinically relevant conditions, we have studied a knockin mouse model with a mutant IR. This mouse model has a mutation substituting Leu for Pro at codon 1195 (P1195L) in exon 20 of the murine IR gene, and this mutation is located in the tyrosine kinase domain of the IR-β-subunit and is similar to daf-2 mutation of Caenorhabditis elegans. These mice have been reported to show longevity and resistance to oxidative stress (Baba et al. 2005). Some mutations of the tyrosine kinase domain of the IR-β-subunit have been reported in an obese insulin-resistant patient with hyperandrogenism, acanthosis nigricans (HAIR–AN), and polycystic ovary syndrome (Kim et al. 1992), but the contribution of these mutations to pancreatic β-cell function remains unclear.
Materials and Methods

Animal procedures

The creation of IR knockin mice (IrP1195L/wt) has previously been described (Baba et al. 2005). The genotypes were examined by PCR amplification of genomic DNA extracts from tail tips. Heterozygous (IrP1195L/wt) mice were then intercrossed to generate homozygous (IrP1195L/IrP1195L) ones. The mice were allowed free access to water and laboratory chow (rodent diet CE-2, Clea Japan, Tokyo, Japan) and kept under a 12 h light:12 h darkness cycle. Male mice were used for the characterization of the glucose homeostasis phenotype and pancreatic histology. Animal care and experiments were performed in accordance with the guidelines of Chiba University, Japan.

Blood biochemistry

Blood glucose, plasma insulin levels, and blood 3-hydroxybutyrate levels were determined using an automatic blood glucose monitor (FreeStyle, Kissei Pharmaceutical Co., Nagano, Japan), a mouse insulin ELISA kit (Shibayagi Co., Gunma, Japan), and an automatic ketone monitor (Sanwa Chemical, Aichi, Japan), respectively. Intraperitoneal glucose tolerance tests (IPGTTs) were performed on mice fasted overnight, using an i.p. glucose injection of 2 g/kg body weight. Blood glucose and plasma insulin levels were measured after 0, 15, 30, 60, and 120 min. Intraperitoneal insulin tolerance tests (ITTs) were performed on randomly fed mice injected with 0.6 U/kg body weight of human insulin. Blood glucose levels were measured after 0, 15, 30, and 60 min.

Immunoprecipitation and Western blotting

Mice were fasted overnight, and anesthetized with an i.p. injection of sodium pentobarbital. Saline or 10 U of regular insulin were injected into the i.p. cavity. After 5 min, the liver was excised and homogenized in ice-cold lysis buffer containing 1% Triton X-100, 10% glycerol, 1% NP-40, 50 mM HEPES (pH 7.4), 10 mM EDTA, 5 mM sodium vanadate, 100 mM NaF, 10 mM sodium pyrophosphate, 0.3 mg/ml phenylmethylsulfonyl fluoride, and a protease inhibitor cocktail (Roche). The insoluble material was removed by centrifugation at 100 000 g using a P55ST rotor (Hitachi) for 60 min at 4 °C, and equal amounts of the protein were immunoprecipitated using the indicated antibodies, followed by incubation with protein A agarose (Pierce, Rockford, IL, USA) for 12 h at 4 °C. Anti-IR antibody was obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA), anti-insulin receptor substrate (IRS)-1, and anti-IRS-2 antibodies were purchased from Upstate Biotechnology (Lake Placid, NY, USA) and anti-phosphotyrosine antibody was obtained from Transduction Laboratories (Lexington, KY, USA). The samples were processed for SDS-PAGE and Western blotting as described previously (Shibasaki et al. 2003).

Immunohistochemical analysis

Pancreata were removed from wild-type (Irwt/wt) and IrP1195L/wt mice. The tissues were fixed and embedded in paraffin. Sections of 3 μm thickness were prepared at intervals of 100 μm. Images of all pancreatic islets found in five sections were subjected to immunohistochemical staining with anti-insulin antibody (DAKO Co., Carpinteria, CA, USA), and digitally recorded using a Carl Zeiss Axioskop 2 plus microscope equipped with an AxioCam HRc charge coupled device (CCD) camera (Carl Zeiss Japan, Tokyo, Japan). The total area of the pancreas and the β-cell area were measured using NIH Image software version 1.6 (National Institutes of Health, Bethesda, MD, USA).

Determination of pancreatic β-cell proliferation

To determine the level of β-cell proliferation, mice at the age of 4 weeks were injected intraperitoneally with 100 mg/kg BrdU (Cell Proliferation kit, Amersham Pharmacia Biotech, Piscataway, NJ, USA) and killed after 6 h. Pancreata were fixed and embedded in paraffin, stained with anti-BrdU antibody (DAKO) and subsequently with anti-insulin antibody. Images of all pancreatic islets found in five sections from each specimen (3 μm sections separated by 100 μm) were digitally recorded using a microscope fitted with a CCD camera. Results are given as the number of BrdU and insulin double-positive cells expressed as a percentage of the total number of insulin-positive cells. At least 1000 islet β-cell nuclei were counted in each pancreas (Flier et al. 2001).

Apoptosis studies

Male mice at the age of 8 weeks were injected daily with streptozotocin (40 mg/kg) intraperitoneally for 5 consecutive days (Tuttle et al. 2001). Blood glucose levels were measured at the indicated time after streptozotocin injection. On day 15, pancreata were removed. The ApopTag peroxidase in situ detection kit (Intergen, Purchase, NY, USA) was used for measurement of apoptotic cells. Apoptotic β-cells were detected based on TUNEL and insulin double-staining.

Statistical analysis

Results are expressed as means ± S.E.M. Statistical analysis was carried out using unpaired Student’s t-test, with P<0.05 considered statistically significant.

Results

Characteristics of newborn mice with homozygous and heterozygous mutant of IrP1195L

Irwt/wt, IrP1195L/wt, and IrP1195L/IrP1195L mice were born in accordance with their Mendelian inheritance. IrP1195L/IrP1195L mice had a lower body weight, higher levels of glucose, blood
ketone bodies, and plasma insulin compared with the other two genotypes after birth (Fig. 1). Ir\textsuperscript{P1195L/P1195L} mice developed hyperglycemia and ketoacidosis and died within 2 days after birth, whereas in Ir\textsuperscript{wt/wt} and Ir\textsuperscript{P1195L/wt} mice body weight was not changed at the extrauterine development (Fig. 2).

**Plasma glucose level after i.p. glucose loading**

There were no significant differences between the fasting blood glucose levels of Ir\textsuperscript{wt/wt} and Ir\textsuperscript{P1195L/wt} mice at the ages of 4, 12, and 20 weeks (Fig. 3A). However, the fasting plasma insulin levels in Ir\textsuperscript{P1195L/wt} mice were much higher than those in Ir\textsuperscript{wt/wt} mice (Fig. 3B). IPGTTs were performed at age 16–20 weeks. The blood glucose level after glucose loading did not show a significant difference between Ir\textsuperscript{wt/wt} and Ir\textsuperscript{P1195L/wt} mice (Fig. 4A), but the plasma insulin level was much higher in Ir\textsuperscript{P1195L/wt} mice than in Ir\textsuperscript{wt/wt} mice (Fig. 4B). The ITTs showed a reduced hypoglycemic response to exogenously administered insulin in Ir\textsuperscript{P1195L/wt} mice, compared with that in Ir\textsuperscript{wt/wt} mice (Fig. 4C).

**IR expression and its phosphorylation due to the insulin action in Ir\textsuperscript{P1195L/wt} mice**

To assess the effects of insulin action on target organs in Ir\textsuperscript{P1195L/wt} mice, the regulation of insulin signaling in the liver was examined. The expression level of IR in the liver was reduced by 40% (Fig. 5A) and insulin-stimulated phosphorylation of IR in the liver was reduced by 80% in Ir\textsuperscript{P1195L/wt} mice, compared with Ir\textsuperscript{wt/wt} mice (Fig. 5B). There were no significant differences in IRS-1 and IRS-2 protein levels in the livers of Ir\textsuperscript{P1195L/wt} and Ir\textsuperscript{wt/wt} mice, before and after insulin stimulation (Fig. 5C and D). After insulin stimulation, phosphorylation of IRS-1 in the liver decreased by
approximately 40% in \( I^P1195L/wt \) mice, compared with \( I^wt/wt \) mice (Fig. 5C). In contrast, there was no difference in the insulin-stimulated phosphorylation level of IRS-2 in the livers of \( I^P1195L/wt \) and \( I^wt/wt \) mice (Fig. 5D).

**Immunohistochemical analysis of pancreata of \( I^P1195L/wt \) mice**

To investigate the morphological changes in pancreatic islets, immunohistochemical staining of pancreatic sections was performed using an anti-insulin antibody (Fig. 6A). This study showed that the \( \beta \)-cell area per unit area of pancreas in \( I^P1195L/wt \) mice was approximately fourfold that in \( I^wt/wt \) mice (Fig. 6B). The number of islet \( \beta \)-cells per unit area of pancreas was increased in \( I^P1195L/wt \) mice (Fig. 6C), but the calculated \( \beta \)-cell size did not differ between \( I^wt/wt \) and \( I^P1195L/wt \) mice (Fig. 6D). The weight of pancreatic tissues was not significantly different between \( I^wt/wt \) and \( I^P1195L/wt \) mice at 8 weeks of age (\( I^wt/wt \), 0.122 ± 0.028 g; \( I^P1195L/wt \), 0.138 ± 0.049 g). These data suggest that the increased \( \beta \)-cell mass in \( I^P1195L/wt \) mice resulted from an increase in the number of \( \beta \)-cells.

**Figure 3** Fasting blood glucose (A) and fasting plasma insulin levels (B) were measured at the ages of 4, 12, and 20 weeks. Open bars, \( I^wt/wt \); solid bars, \( I^P1195L/wt \); means ± S.E.M., \( n = 7 \) animals for each genotype. *\( P < 0.05 \); **\( P < 0.01 \).

**Figure 4** Intraperitoneal glucose tolerance tests were performed at age 16–20 weeks. Mice were fasted overnight, and blood glucose (A) and plasma insulin levels (B) were measured at the indicated times. ○, \( I^wt/wt \); ●, \( I^P1195L/wt \); means ± S.E.M., \( n = 9–10 \) animals for each genotype; *\( P < 0.05 \). Insulin tolerance tests (C) were performed in the fed state at the age of 20 weeks. Results are expressed as percentages of initial blood glucose concentration. ○, \( I^wt/wt \); ●, \( I^P1195L/wt \); means ± S.E.M., \( n = 4–5 \) animals for each genotype; *\( P < 0.05 \).
Ir administration did not differ significantly between both genotypes showed the same level of plasma glucose responses to STZ were analyzed. After STZ administration, genotypes were equally susceptible to Ir administration (Fig. 7C). To confirm that the two mice Ir of insulin-positive cells was not significantly different between TUNEL and insulin double-positive cells in the total number.

Insulin resistance and pancreatic β-cell proliferation and apoptosis

To determine the cause of the increased β-cell mass in IrP1195L/wt mice, β-cell proliferation and apoptotic susceptibility were investigated. The number of BrdU and insulin double-positive cells expressed as a percentage of the total number of insulin-positive cells was not significantly different between Irwt/wt and IrP1195L/wt mice (Fig. 7A), whereas the percentage of TUNEL and insulin double-positive cells in the total number of insulin-positive cells was not significantly different between Irwt/wt and IrP1195L/wt mice before streptozotocin (STZ) administration (Fig. 7C). To confirm that the two mice genotypes were equally susceptible to β-cell apoptosis, their responses to STZ were analyzed. After STZ administration, both genotypes showed the same level of plasma glucose (Fig. 7B). The number of TUNEL-positive β-cells after STZ administration did not differ significantly between Irwt/wt and IrP1195L/wt mice (Fig. 7C).

**Discussion**

Insulin signaling plays an important role in the metabolism and growth of insulin target cells. Insulin acts through a signaling cascade that involves a number of molecules, including the IR, IRSs, phosphoinositide 3-kinase (PI3K), and Akt/protein kinase B (PKB). The tyrosine kinase domain of the IR is initially phosphorylated by insulin binding and greatly augmented by insulin-stimulated autophosphorylation (White & Kahn 1994). Various mutations in the IR gene have been identified in human subjects (Taira et al. 1989, Shimada et al. 1990, Suzuki et al. 1991, Tritos & Mantzoros 1998), and some patients with a mutation in the tyrosine kinase domain of the IR β-subunit show hyperinsulinemia and insulin resistance. Alterations in the IR gene result in varying degrees of glucose homeostasis. Normal glucose tolerance is maintained as long as β-cells can secrete a sufficient amount of insulin against augmented insulin resistance. However, when insulin secretion in response to insulin resistance fails, glucose homeostasis breaks down.

To analyze the insulin-signaling pathways, several transgenic, and knockout mice bearing mutations in proteins which transmit the insulin signal have been generated. Mice heterozygous for IR (IR+/−) (Bruning et al 1997, Kido et al. 2000), IRS-1 knockout (IRS-1−/−) mice (Araki et al. 1994, Tanemoto et al. 1994), young IR/IRS-1 double heterozygous (IR+/−/IRS-1+/−) mice (Bruning et al. 1997) and Akt2/PKBβ-knockout (Akt2/PKBβ−/−) mice (Cho et al. 2001) all display insulin resistance and islet hyperplasia.

**Figure 5** Expression of IR in the liver (A), and insulin-stimulated phosphorylation of IR (B), IRS-1 (C), and IRS-2 (D) in the liver. Mice were fasted overnight and then injected i.p. with either saline (−) or insulin (+). Equal amounts of protein from the liver were immunoprecipitated (IP) with anti-IR (A and B), anti-IRS-1 (C), or anti-IRS-2 (D) antibody, and immunoblotted (IB) with anti-IR (A), anti-phosphotyrosine (anti-PY) (B, C and D), anti-IRS-1 (C), or anti-IRS-2 (D) antibody. Each upper panel shows a representative blot and the lower panel shows the quantification of the results. Open bars, Irwt/wt; solid bars, IrP1195L/wt; means ± s.e.m., n = 3 animals for each genotype; *P<0.05; **P<0.01.

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Glucose tolerance in these mice is normal or mildly impaired, suggesting that over-secretion of insulin maintains normal glucose homeostasis or keeps deterioration to a minimum. Hence, these phenotypes are similar to those of IR−/− mice. Baba et al. (2005) have previously reported that male IR−/− mice show mildly impaired glucose tolerance, while P1195L/wt mice had a normal level of plasma glucose after glucose loading; this difference may be due to different Chow used in the two laboratories. The mechanism of insulin hypersecretion is not completely understood, but may be explained by the increased insulin secretion of individual β-cells and/or an increased number of β-cells. It has been reported that the pancreatic β-cell mass is increased in IR+/−, IRS-1−/−, IR+/−/IRS-1+/−, and Akt2/PKBβ−/− mice (Araki et al. 1994, Bruning et al. 1997, Cho et al. 2001), and it has also been reported that there is a reduction in insulin content and insulin secretion normalized by cell number per islet in IRS-1−/− mice compared with wt/wt mice (Kubota et al. 2000). Therefore, an increased β-cell number may be more important for maintaining insulin content and insulin secretion, rather than the hyperfunction of each β-cell. Analyses of insulin content and insulin secretion of individual β-cells have not been performed in P1195L/wt mice. The same histological features and similar phenotypes to those of IRS-1−/− mice were observed in P1195L/wt mice, and therefore increased β-cell number, rather than the hyperfunction of individual β-cells, may be responsible for increased insulin secretion in response to insulin resistance in P1195L/wt mice.

Islet β-cell mass is maintained by a balance of β-cell proliferation and apoptosis (Flier et al. 2001). In P1195L/wt mice, β-cell mass increased and β-cell proliferation accelerated, but β-cell apoptosis was not suppressed. Hence, increased β-cell proliferation, rather than decreased β-cell apoptosis, is the primary cause of the increase in β-cell mass in P1195L/wt mice. However, the mechanism of the increasing β-cell proliferation also remains unknown.

One possible mechanism of β-cell proliferation is the stimulation of the insulin-like growth factor-1 (IGF-1) receptor/IRS-2 axis. Studies of IRS-2 knockout (IRS-2−/−) mice have shown that IRS-2 plays an important role in the regulation of the β-cell mass (Withers et al. 1998), and IGF-I receptors have been reported to promote β-cell development and survival through the IRS-2 signaling pathway (Withers et al. 1999, Lingohr et al. 2002). Transgenic mice overexpressing IGF-I in β-cells are protected from STZ-induced β-cell apoptosis (George et al. 2002), and transgenic mice expressing a constitutively active form of Akt1/PKBζ in β-cells (Bernal-Mizrachi et al. 2001, Tuttle et al. 2001), show a significant increase in both β-cell size and total islet mass, accompanied with improved glucose tolerance and protection against β-cell apoptosis following STZ treatment. Akt is located downstream of IRSs and is a major target of PI3K. Hence, these data suggest that activation of IGF-I signaling, through IRS-2, is a key element in the regulation and proliferation of β-cells, and protects islet β-cells from apoptosis after STZ loading.

Figure 6 Pancreatic sections at age 20 weeks were immunostained for insulin and photographed at a magnification of ×50. Representative islets from each genotype are shown (A). Results are expressed as the percentage of β-cells over the total pancreatic area (B) and as the β-cell number over the total pancreatic area (C). β-Cell size is expressed as the total β-cell area per number of β-cell nuclei (D). Open bars, Irwt/wt; solid bars, IrP1195L/wt; means ± s.e.m., n=3 animals for each genotype; *P<0·05, **P<0·01.
Insulin resistance and pancreatic β-cell

It has been reported that high concentration insulin stimulates IGF-I receptor (Entingh-Pearsall & Kahn 2004, Li et al. 2005). In \( I_p^{P1195L/wt} \) mice, it is possible that elevated plasma insulin binds to IGF-I receptors in pancreatic β-cells and stimulates β-cell proliferation through IRS-2 phosphorylation. We attempted to evaluate the expression and phosphorylation levels of IRS-2 in the liver. In \( I_p^{P1195L/wt} \) mice, there was no elevation of expression levels or phosphorylation levels of IRS-2 in the liver before and after insulin administration, but the pancreatic β-cell mass was larger than that in \( I_p^{wt/wt} \) mice. The same results have been reported in \( IR^{+/−} / IRS-1^{+/−} \) mice (Bruning et al. 1997). Hence, elevated insulin may not increase IRS-2 phosphorylation in β-cells in \( I_p^{P1195L/wt} \) and \( IR^{+/−} / IRS-1^{+/−} \) mice, suggesting that IRS-2 is not an essential molecule for increased β-cell proliferation in these mice. In \( I_p^{P1195L/wt} \) mice, the level of IRS-1 phosphorylation mildly decreased, IRS-2 phosphorylation was unaffected, and IR phosphorylation was severely decreased, compared with \( I_p^{wt/wt} \) mice. Phosphorylation of IRS-1 and IRS-2 may be regulated by factors other than insulin, including growth hormone, IGF-I, interferon-α and γ, prolactin, and cytokine signaling (Argentsinger et al. 1995, 1996, Uddin et al. 1995, Bole-Feysot et al. 1998, Kulkarni et al. 2002), and these factors may cause differences in phosphorylation levels between IR and IRSs. In \( I_p^{P1195L/wt} \) mice, β-cell proliferation was accelerated, but β-cell apoptosis was not suppressed. Furthermore, although STZ treatment increased the number of apoptotic cells, the effects of STZ were similar in \( I_p^{wt/wt} \) and \( I_p^{P1195L/wt} \) mice. These data suggest that \( I_p^{P1195L/wt} \) mice are not resistant to STZ-induced diabetes, and cannot protect β-cells from apoptosis. This result differs from previous studies of stimulation of the IGF-I receptor/IRS-2 signaling such as transgenic mice overexpressing IGF-I in β-cells and those expressing constitutively active Akt1/PKBα in β-cells, suggesting that the increased β-cell mass does not result from activated IGF-I receptor/IRS-2 signaling in \( I_p^{P1195L/wt} \) mice.

It has been reported that islet β-cell-specific IGF-I receptor knockout (BIGFRKO) mice did not show a significant dissimilarity in β-cell mass, compared with wild-type mice (Kulkarni et al. 2002). These data suggest that the IGF-I receptor is not crucial for islet β-cell development, supporting the hypothesis that IGF-I signaling is not involved in the increase in β-cells in \( I_p^{P1195L/wt} \) mice. Other possible signaling pathways that are independent of IGF-I receptor, such as those of prolactin (Bole-Feysot et al. 1998) and leptin (Tanabe et al. 1997), may play a role in β-cell proliferation. These growth factors were not measured in this study, and further work is necessary to determine the specific growth factors directly associated with β-cell proliferation.

In conclusion, \( I_p^{P1195L/wt} \) mice had almost normal glucose tolerance, but showed hyperinsulinemia in response to insulin resistance. An increased number of β-cells may have accommodated the increased insulin requirement. Signaling through IGF-I receptor/IRS-2 was not considered to be the main pathway for islet β-cell proliferation.
proliferation, and other signals that are independent of the IGF-I receptor/IRS-2 pathway may influence increased proliferation. Since Ir $^{R195Leu/w}$ mice have a similar phenotype to patients with mutations of the IR tyrosine kinase domain, this animal model could be useful for the analysis of the physiology in these patients. Such studies may allow elucidation of the mechanism of β-cell proliferation and identification of the β-cell growth factors.

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