Inability to process and store proinsulin in transdifferentiated pancreatic acinar cells lacking the regulated secretory pathway

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Abstract

Generation of new β-cells from the adult pancreas or the embryonic stem cells is being pursued by research groups worldwide. Success will be dependent on confirmation of true β-cell phenotype evidenced by capacity to process and store proinsulin. The aim of these studies was to robustly determine endocrine characteristics of the AR42J rat pancreatic acinar cell line before and after in vitro transdifferentiation. β-cell phenotypic marker expression was characterised by RT-PCR, immunostaining, western blotting, ELISA and in human preproinsulin transgene over-expression studies in wild-type AR42J cells and after culture on Matrigel basement membrane matrix with and without growth/differentiation factor supplementation. Pancreatic duodenal homeobox 1 (PDX1), forkhead box transcription factor a2 (Foxa2), glucokinase, pancreatic polypeptide and low-level insulin gene transcription in wild-type AR42J cells were confirmed by RT-PCR. Culture on Matrigel-coated plates and supplementation of medium with glucagon-like peptide 1 induced expression of the β-cell Glut 2 with maintained expression of insulin and PDX1. Increased biosynthesis and secretion of proinsulin were confirmed by immunocytochemical staining and sensitive ELISA. Absence of the regulated secretory pathway was demonstrated by undetectable prohormone convertase expression. In addition, inability to process and store endogenous proinsulin or human proinsulin translated from a constitutively over-expressed preproinsulin transgene was confirmed. The importance of robust phenotypic characterisation at the protein level in attempted β-cell transdifferentiation studies has been confirmed. Rodent and human sensitive/specific differential proinsulin/insulin ELISA in combination with human preproinsulin over-expression enables detailed elucidation of core endocrine functions of proinsulin processing and storage in putative new β-cells. Journal of Endocrinology (2008) 196, 33–43

Introduction

β-cell replacement therapy offers the potential of liberation from daily insulin injections with normalisation of blood glucose levels preventing significant hypoglycaemia and long-term micro-/macro-vascular complications in those with type 1 diabetes. This has been achieved through transplantation of vascularised pancreas or isolated islets retrieved from deceased donors (Shapiro et al. 2000, Robertson 2004). Widespread implementation remains severely restricted by limited donor organ availability. Generation of new β-cells from the adult pancreas or the embryonic stem cells has been sought by many groups worldwide. The need for increased rigour in defining a true β-cell phenotype has been the focus of much debate (Halban et al. 2001, Hansson et al. 2004, Weir 2004).

The phenomenon of transdifferentiation from one differentiated phenotype into another (Tosh & Slack 2002) has been observed in a number of tissues. Examples include pancreatic cell transdifferentiation into liver cells (Tosh et al. 2002); and hepatocyte (Kojima et al. 2003) or bile duct cell transdifferentiation into pancreatic cells (Burke et al. 2004). Generation of new insulin-secreting cells from the adult pancreas has been confirmed in vitro and in vivo. Whether these cells originate from neogenesis of progenitor or stem cells residing within the pancreas (Guz et al. 2001, Bonner-Weir & Sharma 2002), within the bone marrow (Ianus et al. 2003) or other extrapancreatic site (Kodama et al. 2003); transdifferentiation of ductal or acinar cells (Mashima 1996, Bulotta et al. 2002, Minami et al. 2005); or self-duplication of existing β-cells (Dor et al. 2004) remains unresolved. It has been proposed that study of clonal cell lines may enable clearer elucidation of underlying physiological mechanisms (Soria et al. 2000).

The aim of the current studies was to determine the expression of key β-cell phenotypic markers in the AR42J pancreatic acinar cell line before and after β-cell transdifferentiation protocols. Ability to store and process proinsulin was specifically elucidated.
Materials and Methods

Reagents and kits

Activin A (Act A) and hepatocyte growth factor (HGF) were purchased from Sigma–Aldrich; glucagon-like peptide 1 (7–36) (GLP1) from Bachem (Merseyside, UK) and Betacellulin (BTC) from R&D Systems (Oxon, UK). M-MLV reverse transcriptase, oligo dTs, dNTPs and RNase-free DNase were from Promega; Red Taq polymerase from Sigma–Aldrich and Matrigel extracellular matrix from BD Bioscience (San Jose, CA, USA). RNaseasy mini kits and endotoxin-free DNA extraction/purification maxiprep kits were from Qiagen. U S A ) .R e a n s yk i t s a n de n t o x i f r e eD N A
extraction or pre-incubated in CMRL 1066 medium supplemented with 5.6 mM glucose supplemented with 
extraction or pre-incubated in CMRL 1066 medium 
pancreases as previously described (Campbell & Macfarlane 
Rat islets were isolated from 300 g male Wistar rats (Charles 
Rat and human islet (pro)insulin content and secretion 
were isolated at King’s College Islet Isolation Facility, London, as 
approval and informed consent from donor relatives. 
Cold ischaemic time was <9 h for all the pancreases. Islets 
were isolated at King’s College Islet Isolation Facility, London, as 
previously described (Huang et al. 2004). Isolated islets were 
transported to Newcastle University Inlet Transport Medium 
(CMRL 1066–Supplemented (Cellgro, Herndon, VA, USA), 
supplemented with 5% HSA (w/v) (First, Link Ltd)). Islet 
viability was >90% with purity >70%. (Pro)insulin content 
and release was determined in four groups of five size-matched 
islets washed with PBS and cultured at 37 °C in a humidified 5% CO₂ incubator for 24 h in fresh culture medium (CMRL 1066 
(Gibco/In vitrogen) supplemented with 1% HSA (w/v), 
100 U/ml penicillin and 100 µg/ml streptomycin. Supernatants 
and islets were collected and stored at −20 °C for later insulin determination. Islets were lysed in PBS by three cycles of freeze thawing followed by centrifugation at 13 000 g for 5 min. Secreted insulin in the 
supernatant and insulin content in the lysates were determined using high range rat insulin ELISA (Mercodia). Proinsulin content and secretion were determined by rat 
proinsulin ELISA (Mercodia). Total protein was determined using Bio–Rad protein assay dye reagent.

Human islets were isolated from the pancreases retrieved 
from heart beating deceased human donors following ethical 
approval and informed consent from donor relatives.

Cell culture and transdifferentiation protocols

AR42J rat acinar cell line and ARIP rat ductal cell line were 
obtained from ATCC (Teddington, UK). MIN6 β-cell line 
was available within the group. Culture media and other 
reagents were purchased from Sigma–Aldrich unless stated 
otherwise. Foetal calf serum (FCS) was from Gibco/In vitrogen Ltd. AR42J and ARIP cells were grown in Kaighn’s 
modification of Ham’s F12 Medium (F12K) containing 
2 mM L-glutamine supplemented with 20% FCS (AR42J) or 
10% FCS (ARIP), 100 U/ml penicillin and 100 µg/ml streptomycin. MIN6 cells were grown in Dulbecco’s 
Modified Eagle Medium (DMEM) containing 2 mM 
t-glutamine and supplemented with 15% FCS, 100 U/ml penicillin, 100 µg/ml streptomycin and 0.0004% 
β-mercaptoethanol (v/v).

Cells were established on normal tissue culture plates (AR42J, 
ARIP, MIN6) or plates coated with Matrigel (AR42J). Sterile 
coverslips were placed in wells prior to seeding for immuno- 
cytochemistry studies. Cells were incubated at 37 °C under a 
humidified atmosphere containing 5% CO₂. When cells were 
near confluence they were washed twice in sterile PBS and fed 
with complete medium with or without 10 nM GLP1, 2 nM 
Act A, 100 pM BTC and/or 100 pM HGF . Medium was 
changed every 24 h. For each well, 3 × 10⁴ cells/well. Cells at 80% confluence were 
collected and replaced every 24 h.

Rat and human islet (pro)insulin content and secretion

Rat islets were isolated from 300 g male Wistar rats (Charles 
River, Margate, UK) by collagenase P digestion of distended 
pancreases as previously described (Campbell & Macfarlane 2002). Islets were hand picked and either used for total RNA 
xtraction or pre-incubated in CMRL 1066 medium 
(Invitrogen) containing 5.6 mM glucose supplemented with 
10% Gold FCS (PAA, Somerset, UK), 100 U/ml penicillin, 100 µg/ml streptomycin and ITS-A (Invitrogen) in non-
adherent flasks (Nunc, Hereford, UK) for 24 h at 37 °C in a

humidified 5% CO₂ incubator. Following washing with 
Hank’s balanced salt solution (PAA, Somerset, UK), 10 size-
matched islets were hand picked and cultured in CMRL 1066 
medium supplemented with 0.2 g/l human serum albumin 
(HSA; First, Link Ltd., Birmingham, UK), 100 U/ml 
penicillin and 100 µg/ml streptomycin with six repeats. Islets 
were cultured at 37 °C in a humidified 5% CO₂ incubator for 72 h. Supernatants and islets were collected and stored at 
−20 °C for later insulin determination. Islets were lysed in 
PBS by three cycles of freeze thawing followed by centrifugation at 13 000 g for 5 min. Secreted insulin in the 
supernatant and insulin content in the lysates were determined using high range rat insulin ELISA (Mercodia). Proinsulin content and secretion were determined by rat 
proinsulin ELISA (Mercodia). Total protein was determined 

Human islets were isolated from the pancreases retrieved 
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(Gibco/In vitrogen) supplemented with 1% HSA (w/v), 
100 U/ml penicillin and 100 µg/ml streptomycin. Supernatants 
and islets were collected and stored at −20 °C for later insulin determination. Islets were lysed in PBS by three cycles of freeze thawing followed by centrifugation at 14 000 r.p.m. for 5 min. 
Insulin content and release were determined using human 
insulin ELISA (DakoCytomation), while proinsulin was 
determined by human total proinsulin ELISA (Mercodia). Total protein content was determined using Bio–Rad protein 
assay dye reagent.

Transfection studies

Sub-cloning of wild-type human preproinsulin cDNA (hppl1) 
into pIRES-neo (Clontech) to generate pIRES-hppl1 has been 
described (Shaw et al. 2002). An enhanced green fluorescent 
protein reporter cDNA (eGFP) was sub-cloned as a BamHI 
fragment from the plasmid pEGFP (Clontech) into the multiple 
cloning site of pIRES-neo to generate the control plasmid 
pIRES-eGFP. Plasmids were amplified in DH5α sub-cloning 
grade Escherichia coli, purified and redissolved in endotoxin-free 
water at a concentration of 1 µg/µl. Purity was confirmed by 
spectrophotometry (A260/A280 ratio 1.6–1.8) and agarose gel 
electrophoresis following restriction digestion.

AR42J and MIN6 cells were seeded in 6-well tissue culture 
plates at 8 × 10⁴ cells/well. Cells at 80% confluence were 
washed in sterile PBS. For each well, 3 µg plasmid DNA

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diluted in 100 μl un-supplemented F12K/DMEM and 5 μl lipofectamine 2000 diluted in 100 μl un-supplemented F12K/DMEM were combined; mixed gently and incubated at room temperature for 30 min to allow DNA–liposome complex formation. This was added to 0-8 ml serum-free medium and cells were incubated for 5 h at 37 °C in a humid atmosphere of 5% CO2. Transfection mix was replaced with 2 ml complete culture medium. Medium was harvested at 24 h and fresh medium added. To evaluate intracellular (pro)insulin storage, cells were washed in PBS, scraped in 1 ml PBS and lysed by three cycles of liquid nitrogen snap freezing; thawing in 37 °C water and vortexing. Lysed cells were centrifuged at 13 000 g for 3 min to pellet cellular debris.

RT-PCR

Oligonucleotide synthesis was performed by TAGN (Gateshead, UK). Primer sequences are shown in Table 1.

RNA was extracted from cells grown as a monolayer or from hand-picked islets employing RNaseasy extraction kits according to the manufacturer’s protocol. All RNA samples were DNase treated. RNA was reverse transcribed using M-MLV reverse transcriptase prior to PCR. (5 min at 95 °C; 29–40 cycles: 30 s at 95 °C, 45 s at 58 °C, 45 s at 72 °C; 5 min at 72 °C). PCR cycle number was 35 for all primer pairs with the exception of Isl1 (29 cycles) and forkhead box transcription factor a2 (Foxa2; 40 cycles). PCR products were separated and visualised on 1% agarose gels; thawing in 37 °C water and vortexing. Lysed cells were centrifuged at 13 000 g for 3 min to pellet cellular debris.

Antibodies

Guinea pig anti-porcine insulin antibody (100% cross-reactivity with rat insulin) was purchased from DakoCytomation. Goat anti-rat C-peptide antibody (100% cross-reactivity with rat and mouse C-peptide; < 0.1% cross-reactivity with rat insulin) was purchased from Linco. Rabbit anti-pancreatic duodenal homeobox 1 (PDX1) antibody for western blotting was a kind gift from Prof. Christopher Wright (Vanderbilt University Medical Centre, Tennessee). Mouse anti-human monoclonal pan-cytokeratin and rabbit anti-human α-amylase antibodies were from Sigma–Aldrich. Rabbit anti-human polyclonal pancreatic polypeptide antibody was from Abcam. Goat polyclonal anti-Foxa2 antibody was from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Rabbit polyclonal anti-Isl1 antibody was a kind gift from Prof. H Edlund (Umeå University, Sweden). Texas Red-conjugated secondary antibodies were from Jackson Immuno- Research (Soham, Cambridgeshire, UK). FITC-conjugated secondary antibodies were purchased from Sigma–Aldrich. Horse radish peroxidase (HRP)-conjugated anti-rabbit and anti-mouse antibodies were purchased from Amersham and HRP-conjugated anti-guinea pig antibodies from Sigma–Aldrich.

Immunocytochemistry

At confluence or after growth factor treatment, coverslips were removed and washed twice in PBS. Cells were fixed with 4% paraformaldehyde at 4 °C for 10 min, and permeabilised with 0.05% v/v Triton X100/0.5% w/v BSA for 5 min. Non-specific binding was blocked with blocking buffer (6.7% glycerol, 0.2% Tween-20, 2% BSA in PBS) pH 7.4 for 30 min. Cells were incubated with primary antibodies diluted in blocking buffer (1:150 for insulin, 1:100 for PDX1, 1:200 for amylase, 1:100 pancreatic polypeptide, 1:100 for pan-cytokeratin) for 1 h at room temperature or 24 h at 4 °C followed by four washes with wash buffer (6.7% glycerol, 0-1% Tween-20, 2% BSA in PBS). Cells were incubated with the appropriate secondary antibody diluted 1:300 in blocking buffer in a dark humidified chamber at room temperature for 1 h. Following four washes, cells were mounted with Vectashield containing 4’,6-diamidino-2-phenylindole (DAPI) blue nuclear stain (Vector Laboratories Ltd, Peterborough, UK), and visualised under the Nikon Eclipse E-400 fluorescent microscope. Images were captured by Nikon digital Camera DXM1200 using Lucia DXM200 software.

Western blotting

Cells grown to confluence were harvested by scraping in PBS. Cells were pelleted by centrifugation and resuspended in

Table 1 Primers employed in the gene expression evaluation studies

<table>
<thead>
<tr>
<th>Primer</th>
<th>Forward</th>
<th>Reverse</th>
<th>Product size (bp)</th>
</tr>
</thead>
<tbody>
<tr>
<td>PDX1 (rat)</td>
<td>ATGAATAGTGAGAGCAGATA</td>
<td>TATGCACCTCCTGCCCACAG</td>
<td>415</td>
</tr>
<tr>
<td>Insulin (rat)</td>
<td>TGCCCGAGCTGGTTGCAAAACCCACCTT</td>
<td>TTCAGTGGCCAAGGGTCTGGA</td>
<td>186</td>
</tr>
<tr>
<td>Foxa2 (rat)</td>
<td>AGCCCGAGGGCTACTCTG</td>
<td>GCTCATCGAGTTCATGTT</td>
<td>340</td>
</tr>
<tr>
<td>Isl1 (rat)</td>
<td>AGATATGGGAGACATGGGCAG</td>
<td>ACACAGCGGAAACACTCGATG</td>
<td>326</td>
</tr>
<tr>
<td>GK (rat)</td>
<td>AAGGGGAAACATCGTGA</td>
<td>CATGGGCGTTCTATGATGA</td>
<td>129</td>
</tr>
<tr>
<td>Glut2 (rat)</td>
<td>TTAGCAGCTGGTCTGCAAT</td>
<td>GGTGATGTCTCCTACATGAT</td>
<td>342</td>
</tr>
<tr>
<td>PP (rat)</td>
<td>TGAACAGAGGGCTCAATACGAAAC</td>
<td>ACAGACGGGAAACACTCATGAT</td>
<td>326</td>
</tr>
<tr>
<td>Glucagon (rat, human)</td>
<td>GTTGCTGGATTTTGGTATATGCTG</td>
<td>CCGTCTCCTTGGTGTCTCATC</td>
<td>235</td>
</tr>
<tr>
<td>PDX1/3 (rat)</td>
<td>GAGGCGCTAAGGGGAAAGGGAT</td>
<td>GAATCTTTGATGATTGCTTTGA</td>
<td>457</td>
</tr>
<tr>
<td>Amylase (rat)</td>
<td>TGGCCTCTCCGATCTGGACTC</td>
<td>AGGCTGACGCTTGACTATC</td>
<td>726</td>
</tr>
<tr>
<td>GAPDH (rat)</td>
<td>ATGGTGAAGGTGCTGGTGAA</td>
<td>TTACTCCTTGAGGCCATGA</td>
<td>1003</td>
</tr>
</tbody>
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400 μl of 10 mM HEPES pH 7·9 containing 10 mM KCl, 0·1 mM EDTA, 0·1 mM, EGTA, 1 mM dithiothreitol and protease inhibitor cocktail (Roche Diagnostics Ltd). Cells were incubated on ice for 15 min. An aliquot of 25 μl 10% (v/v) Nonidet P-40 was added prior to 30-min incubation on ice and centrifugation. Cytoplasmic fraction (supernatant) was aliquoted and snap frozen in liquid nitrogen. Nuclear fraction (pellet) was resuspended in 50 μl of 20 mM HEPES pH 7·9 containing 10 mM NaCl, 1 mM EDTA, 1 mM EGTA, 1 mM dithiothreitol and protease inhibitor cocktail, incubated on a rotating shaker at 4 °C for 1 h followed by centrifugation. Nuclear fraction (supernatant) was aliquoted and snap frozen. Protein concentration in cytoplasmic, nuclear and whole-cell extracts was quantified employing the Bradford method (Bradford 1976). On a 10% (PDX1, Isl1, Foxa2, amylase) or 15% (insulin) SDS-acrylamide gel, 20 μg protein of each sample were separated and transferred onto a nitrocellulose membrane. Membranes were blocked with 10% w/v non-fat milk, 1 M Tris, 14·6% w/v NaCl and 0·025% v/v Tween-20 for 40 min. Membranes were incubated with PDX1 (1:5000), amylase (1:2000), Foxa2 (1:200), Isl1 (1:1800) or insulin (1:1000) antibody overnight at 4 °C. Following washing with 1 M Tris, 14·6% w/v NaCl, 0·025% v/v Tween-20 and HRP-conjugated secondary antibody (1:5000) was applied for 1 h at room temperature. After further washing, immuno-reactivity was detected employing a chemiluminescence kit (ECL, Amersham).

(Pro)insulin ELISA

Endogenous insulin levels were evaluated by ultrasensitive rat insulin ELISA (cross-reactivity: 100% rat and mouse insulin (sensitivity threshold 3·5 pmol/l), 7% rat proinsulin, 0·001% rat C-peptide, 78% bovine insulin; intra-assay coefficient of variation (CV): 4·5%, inter-assay CV: 2·0%; Rydgren & Sandler 2002). Endogenous proinsulin expression was evaluated by rat proinsulin ELISA (cross-reactivity: 100% rat and mouse proinsulin (sensitivity threshold 3·0 pmol/l), <0·0007% rat C-peptide, <0·0015% rat insulin; intra-/inter-assay CV: 4·5%; Leahy 1993).

Human (pro)insulin was assayed by human intact proinsulin ELISA (cross-reactivity: 100% intact human proinsulin, 0% human insulin, 0% proinsulin split (32–33), 100% proinsulin split (64–65), 0% human C-peptide; intra-assay CV: 2·4%, inter-assay CV: 2·5%; Luzio et al. 2001); and human insulin ELISA (cross-reactivity: 100% human insulin, 0·01% human proinsulin, 98% human proinsulin des (64–65), 56% human proinsulin split (65–66), 0·5% human proinsulin des (31–32), 0·5% human proinsulin split (32–33); intra-assay CV: 3·4%, inter-assay CV: 3·6%; Lindstrom et al. 2002). All assays were performed according to the manufacturer’s protocol.

**Statistical analysis**

All samples were run in triplicate. Values are expressed as mean ± S.E.M. Values were compared employing two-tailed Student’s t-test using MS-Excel XP software. Results were interpreted as significant when P value was <0·05.

**Results**

**Characterisation of wild-type AR42J cells**

**Morphology** When established on uncoated tissue culture plates, the AR42J rat pancreatic acinar cell line demonstrated growth in clumps and clusters (Fig. 1a).

**RT-PCR** Gene expression profile in wild-type AR42J cells in comparison to ARIP cells and primary rat islets or the MIN6 mouse β-cell line was evaluated by RT-PCR. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) expression was employed as a housekeeping gene reference for all cell types (Fig. 2). Amylase expression in AR42J but not ARIP cells was confirmed. Expression at a lower level was detected in primary rat islets in keeping with the presence of contaminating acinar tissue. Expression of endocrine transcription factors (PDX1, Isl1, Foxa2) and differentiated phenotypic markers (insulin, glucagon, pancreatic polypeptide (PP), glucose transporter 2 (glut2), glucokinase (GK), prohormone convertase1/3, (PC1/3) was confirmed in rat islets or MIN6 cells. Expression of PDX1 and Foxa2 in addition to PP, GK and detectable insulin at the mRNA level was demonstrated in wild-type AR42J cells. RT-PCR for Isl1, Glut2 and PC1/3 was negative. Isl1 and Foxa2 expression was detected in ARIP cells but RT-PCR for all other endocrine markers was negative.

**Immunocytochemistry** Wild-type AR42J cells demonstrated positive staining for amylase (Fig. 1b), confirming pancreatic acinar phenotype. Amylase staining was negative in the ARIP rat ductal and MIN6 mouse β-cell lines.

False-positive staining with the polyclonal anti-porcine insulin antibody was seen in wild-type AR42J cells grown in medium supplemented with FCS. Absence of true insulin staining was, however, confirmed in definitive studies performed in serum-free medium supplemented with BSA (Fig. 3a). Positive staining was observed in MIN6 cells maintained in serum-free medium. Insulin staining was negative in ARIP cells.

Positive staining with an anti-rat C-peptide antibody with proinsulin cross-reactivity was demonstrated in ~30% of wild-type AR42J cells cultured in BSA-supplemented serum-free medium (Fig. 3b). A punctate cytoplasmic staining pattern with nuclear sparing and variable intensity between individual cells was seen. Positive C-peptide staining with comparable staining pattern was confirmed in MIN6 cells. C-peptide/proinsulin staining was negative in ARIP cells.

Pancreatic polypeptide expression with a cytoplasmic distribution was detected in wild-type AR42J cells (results not shown). Staining was negative in ARIP cells. Positive C-peptide and pancreatic polypeptide staining without co-localisation were confirmed on single cell cytopsin
preparations of rat islets confirming specificity of the antibodies (results not shown).

**Western blot/ELISA** Amylase protein biosynthesis in AR42J cells was demonstrated by western blotting confirming acinar phenotype but was absent in ARIP and MIN6 cell extracts.

There was no detectable expression of mature insulin in wild-type AR42J cells grown in serum-free medium by western blotting employing the insulin-specific antibody employed in the above immunocytochemical staining studies (Fig. 4). Expression of insulin (6 kDa) was confirmed in MIN6 cell extracts. No extra band at 9 kDa was observed in keeping with absence of antibody cross-reactivity with proinsulin.

Expression of PDX1 protein was detectable in the nuclear MIN6 cell extracts only and not in AR42J or ARIP cells (Fig. 4). Presence of Isl1 within the nucleus of MIN6 and ARIP but not AR42J cells was confirmed. Foxa2 could be detected in the nuclear extract of both AR42J cells and MIN6 cells but not in ARIP cells.

**Transdifferentiation studies**

**Morphology/immunocytochemistry** Following establishment on Matrigel-coated plates, AR42J cells demonstrated, within 24 h, a morphological shift with overall flattening and cytoplasmic extensions (Fig. 1c). Cells grew as an adherent monolayer with increased growth rate in comparison to cells grown on uncoated tissue culture plates. Incubation for up to 4 days in medium supplemented with a range of growth and differentiation factors (Act A, HGF, BTC, GLP1) individually or in combination did not affect morphology of cells grown on uncoated or Matrigel-coated plates. Following culture on Matrigel (Fig. 1d) and treatment with growth and differentiation factors, there was a reduction in number and intensity of amylase positive cells. C-peptide/proinsulin staining continued to be positive following culture on Matrigel with an increase in number of positive cells to ~80% (Fig. 3d) but staining for insulin remained negative (Fig. 3c). No further changes in protein-level expression profiles were observed with addition of all tested growth and differentiation factors individually and in combination. Increased numbers of apoptotic cells were seen in all regimens including Act A.

**RT-PCR** Induction of Glut2 mRNA and upregulation of insulin expression (as determined by semi-quantitative RT-PCR in comparison to GAPDH housekeeping gene expression) was demonstrated in AR42J cells cultured on Matrigel (Fig. 5). Further upregulation of insulin, Glut2 and PDX1 gene expression with maintained GK expression was seen on
supplementation of cells cultured on Matrigel with GLP1. Addition of BTC or HGF did not further affect gene expression profile. Addition of Act A attenuated expression of insulin, PDX1 and Glut2. PC1/3 remained undetectable under all conditions.

**Assay for endogenous (pro)insulin biosynthesis by ELISA**

Insulin biosynthesis and secretion was assessed in AR42J cells in comparison to MIN6 β-cells and ARIP pancreatic ductal cells by sensitive and specific rat/mouse insulin and proinsulin ELISAs of medium (collected after a 24-h incubation) and cell lysates harvested at confluence. In initial studies in AR42J cells grown in medium containing FCS, low variable insulin levels were detectable in both medium and cell lysates (0–10 pmol/l). Comparable levels were detected in ARIP cells despite absence of detectable insulin expression by RT-PCR or C-peptide by immunocytochemical staining. Moreover, equivalent levels of insulin were detected in growth medium in the absence of cells confirming assay cross-reactivity with bovine insulin within FCS. In definitive studies performed in serum-free medium supplemented with 0.4% BSA, no fully processed insulin could be detected in AR42J cells grown on uncoated or Matrigel-coated tissue culture plates in cell medium (Fig. 6a) or lysates with or without treatment with all growth/differentiation factors. Absence of detectable insulin in ARIP cells was confirmed (Fig. 6a). In MIN6 cells cultured in BSA-supplemented serum-free medium, high levels of endogenous insulin secretion and storage were confirmed (Fig. 6b). Proinsulin biosynthesis by AR42J cells grown in BSA-supplemented serum-free medium was determined by rat-specific proinsulin ELISA. Very low but consistently detectable levels of endogenous proinsulin were secreted into medium by wild-type AR42J cells (Fig. 6a). A significant threefold increase in endogenous proinsulin secretion was detected when AR42J cells were cultured on Matrigel (Fig. 6a). No proinsulin was detected in ARIP samples in
keeping with absence of proinsulin demonstrated by RT-PCR. Storage and secretion of unprocessed proinsulin were confirmed in MIN6 cells (Fig. 6b). Insulin:proinsulin ratio, however, demonstrated >85% processing to mature insulin. In isolated rat islets, >95% processing to mature insulin was confirmed in medium and cell lysates (Fig. 7a).

Transfection with wild-type human (pro)insulin cDNA

To further characterise endocrine phenotype in AR42J cells in comparison to MIN6 β-cells, the potential for proinsulin storage and processing was assessed in over-expression studies employing a human preproinsulin plasmid. This included the endogenous signal peptide sequence targeting newly biosynthesised peptide to the endoplasmic reticulum. Secretion by the constitutive secretory pathway without significant intracellular storage or post-translational processing to insulin has been confirmed following transient transfection of a range of non-endocrine cells lacking the regulated secretory pathway (Shaw et al. 2002, Scougall et al. 2003). Quantitative assessment of processing is enabled by sensitive and specific ELISAs for human intact proinsulin and mature fully processed insulin (Scougall & Shaw 2003, Wilson et al. 2005).

Assay specificity was confirmed in isolated human islets demonstrating ≥85% processing of proinsulin into mature insulin in medium and lysates (Fig. 7b).

AR42J cells grown on uncoated or Matrigel-coated plates were transiently transfected with a wild-type human preproinsulin cDNA (hppI1) downstream of a constitutive CMV promoter in the pIRES-hppI1 plasmid employing Lipofectamine. Secretion and intracellular storage of human proinsulin and mature insulin were determined by specific ELISA of medium and cell lysate.

![Figure 3](image_url) Endocrine immunocytochemical staining of AR42J cells grown on uncoated (a and b) or Matrigel-coated (c and d) tissue culture plates. No insulin staining was observed in wild-type AR42J cells (a) or cells grown on Matrigel in serum-free medium (c). Variable staining intensity of C-peptide was observed in a proportion of wild-type AR42J cells (b) with a marked increase in number and intensity in AR42J cells grown on Matrigel (d). Anti-insulin and anti-C-peptide antibodies were detected with FITC-conjugated secondary antibodies.

![Figure 4](image_url) Western blotting for insulin, PDX1, Isl1 and Foxa2. Insulin protein expression was confirmed in MIN6 cell extracts but not in AR42J or ARIP cells. Expression of PDX1 protein was detectable in the nuclear extract (NE) of MIN6 cells but was absent in AR42J and ARIP cell nuclear and cytoplasmic extract (CE). Isl1 protein expression was detectable in both the nuclear extracts of ARIP and MIN6 cells but not in AR42J cells. Foxa2 protein was detectable in AR42J nuclear extract as well as in MIN6 nuclear extract.
Transgene expression and significant proinsulin secretion peaking at 48-h post-transfection were confirmed in all studies. Processing to mature insulin was minimal (<5%) with no evidence for substantive intracellular (pro)insulin storage (<10% of total extracellular + intracellular (pro)insulin). Processing and storage were not increased by 72-h incubation in optimal transdifferentiation conditions: GLP1 supplementation of AR42J cells established on Matrigel-coated plates (Fig. 8a). Human proinsulin and insulin were undetectable in control untransfected cells.

In comparative human preproinsulin over-expression studies in MIN6 cells, significant processing to mature insulin and intracellular storage was confirmed (Fig. 8b). Totally 90% of intracellular human (pro)insulin was fully processed. Moreover, substantive storage of mature human insulin was confirmed. Absence of significant human insulin assay cross-reactivity with endogenous murine insulin was confirmed by undetectable insulin in comparable control enhanced green fluorescent protein (eGFP) reporter gene transfections (Fig. 8b). Endogenous murine (pro)insulin cross-reactivity in the intact human proinsulin ELISA was detected in control eGFP transfections in MIN6 cells with pIRE5-eGFP (Fig. 8b). This was at a low level and did not affect study interpretation.

Discussion

In these studies, expression of the insulin gene in addition to PDX1, Foxa2, PP and GK has been confirmed in the unmodified AR42J pancreatic acinar cell line. Proinsulin biosynthesis was confirmed in AR42J cells. Absence of proinsulin biosynthesis was confirmed in ARIP cells. GLP1 induced Glut2 with maintained insulin, PDX1 and GK expression. Addition of Act A attenuated Glut2, PDX1 and insulin expression. BTC and HGF 1 did not further affect mRNA expression profile.
immunostaining/specific ELISA. Inability of wild-type cells or cells treated with β-cell transdifferentiation protocols to process or store biosynthesised proinsulin was confirmed by ELISA following human preproinsulin transgenic over-expression. The AR42J cell line was originally derived from a chemically induced rat pancreatic carcinoma. It has been widely employed as a model for pancreatic transdifferentiation (Mashima et al. 1996, Tosh & Slack 2002, Shen et al. 2003). Published data concerning both endocrine marker expression in wild-type cells and degree of endocrine differentiation following attempted in vitro transdifferentiation protocols are conflicting (Mashima et al. 1996, Zhou et al. 1999, Palgi et al. 2000).

Glucokinase expression but absence of PP and insulin was seen in early studies (Mashima et al. 1996). PDX1 mRNA expression has been previously reported in the AR42J B13 sub-clone (Palgi et al. 2000). Other groups have not detected expression of any endocrine markers in wild-type AR42J cells (Silver & Yao 2001). Establishment of AR42J cells on plates pre-coated with a growth factor-enriched collagen matrix (Matrigel) induced a morphological shift with formation of neurone-like extensions. A comparable morphological shift has been described in wild-type AR42J cells (Mashima et al. 1996) in addition to the B13 sub-clone (Palgi et al. 2000) in response to Act A treatment, a member of the transforming growth factor-β family with a postulated role in pancreatic β-cell differentiation. In our studies, incubation of cells with a range of growth and differentiation factors in the absence of Matrigel did not result in a morphological shift. Act A was, however, associated with previously reported increased cell death (Zhang et al. 1999).

Figure 7 Secretion/storage of proinsulin and insulin in intact rat (a) and human (b) islets. (a) Rat proinsulin (white bars) and mature insulin (black bars) in medium and cell lysate after 72-h incubation. Islets were cultured in control CMRL medium (5.6 mM d-glucose) with 10 islets per group (n=6±s.e.m). This confirmed >98% processing of proinsulin into mature insulin. (b) Human proinsulin (white bars) and mature insulin (black bars) in medium and cell lysate after 24-h incubation. Islets were cultured in control CMRL medium (5.6 mM d-glucose) with five islets per group (n=4±s.e.m). This confirmed ≥85% processing of proinsulin into mature insulin.

Figure 8 Human (pro)insulin biosynthesis, processing, storage and secretion in AR42J and MIN6 cells expressing wild-type human preproinsulin cDNA (pIRES-hppI1). (a) Intact human proinsulin (white bars) and mature insulin (black bars) in medium and cell lysate at 48-h post-transfection of AR42J cells established on Matrigel-coated plates and maintained in GLP-I supplemented medium (n=3±s.e.m). Processing to mature insulin was minimal (<5%) with no evidence for substantive intracellular (pro)insulin storage (<10% of total extracellular + intracellular (pro)insulin). Absence of human (pro)insulin in untransfected cells was confirmed. (b) Intact human proinsulin (white bars) and mature insulin (black bars) in medium and cell lysate at 48-h post-transfection of MIN6 cells established on uncoated plates in standard medium (n=3±s.e.m). Significant processing to mature human insulin and intracellular storage was confirmed. Totally 90% of intracellular human (pro)insulin was fully processed. Intracellular levels of mature human insulin were greater than levels in surrounding medium. Control transfections were performed with the pIRES-eGFP reporter gene.
Matrigel-induced morphological shift was accompanied by induction of the β-cell-specific Glut2 with increased proinsulin secretion. Transdifferentiation of AR-42J cells into insulin-expressing cells has previously been attained following treatment with GLP1 without any accompanying morphological change (Zhou et al. 1999). Induction of insulin, PP and Glut2 in the B13 subclone has been described following treatment with Act A in combination with either BTC or HGF, factors believed to promote growth and differentiation of pancreatic β-cells (Mashima 1996, Mashima et al. 1996), although another group was unable to replicate these findings (Palgi et al. 2000).

The possibility for insulin uptake from surrounding medium leading to false-positive insulin immunocytochemical staining has been reported in studies of attempted endocrine differentiation from embryonic stem cells (Rajagopal et al. 2003, Hansson et al. 2004). The potential for true staining with an antibody raised against insulin or C-peptide to be a marker of proinsulin biosynthesis without necessarily confirming processing to mature insulin is less well described, however. In the current studies, positive staining with a C-peptide antibody detecting proinsulin was seen, with negative staining and western blot results with an antibody specific for fully processed insulin.

Presence of FCS may be a further confounding factor in studies reporting induction of a β-cell phenotype manifest by low insulin levels detected by immunoassay (Lumelsky et al. 2001, Hansson et al. 2004). Indeed, all currently available RIA and ELISA antibodies for mouse and rat insulin appear to demonstrate high cross-reactivity with bovine insulin. False positivity was confirmed in the present studies prior to definitive experiments in which FCS was replaced with BSA.

In the present studies, a novel sensitive and specific rodent proinsulin ELISA proved extremely valuable in demonstrating secretion of proinsulin without post-translational processing in AR-42J cells. Despite a threefold increase in AR-42J cells cultured on Matrigel, the level of endogenous proinsulin secretion remained extremely low following all transdifferentiation protocols. Indeed, levels were too low for meaningful processing and storage analysis.

Regardless of overall level of hormone synthesis, expression of the regulated secretory pathway is a defining characteristic of a true endocrine cell. This pathway is necessary for prohormone processing through expression of the specific endoproteases PC1/3 and PC2; intracellular storage of preformed hormone and rapid calcium-gated secretion. In the current studies, PC1/3 expression was not detected in AR-42J cells before or after any of the transdifferentiation protocols. Constitutive expression of a wild-type human preproinsulin cDNA led to constitutive proinsulin secretion confirming the inability of wild-type or transdifferentiated AR-42J cells to process or store proinsulin. In contrast, transfected MIN6 β-cells demonstrated significant post-translational processing of human proinsulin to mature insulin in addition to a high level of intracellular human insulin storage. This approach enables utilisation of highly sensitive and specific human ELISAs precluding false-positivity arising from FCS cross-reactivity in murine ELISAs.

In conclusion, the potential for transdifferentiation of rat acinar AR-42J cells towards an endocrine phenotype in vitro has been evaluated. Induction of the key β-cell markers PDX1, Glut2 and insulin at the mRNA level has been demonstrated with decreased amylase and increased proinsulin biosynthesis. Transdifferentiated cells, however, lacked the regulatory secretory pathway and were thus unable to process and store endogenous or transgenically overexpressed proinsulin. Extreme caution should be adopted in interpretation of studies reporting induction of a differentiated β-cell phenotype. Detailed (pro)insulin analysis at the protein level is mandatory. Human proinsulin over-expression provides a novel tool for robust phenotypic characterisation.

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