Role of testosterone and photoperiod on seasonal changes in horn growth and sperm variables in the Iberian ibex: a model for polygynous wild bovids

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Abstract

This work examines the effect of testosterone secretion and photoperiod on seasonal changes in horn growth and sperm variables in the Iberian ibex (Capra pyrenaica), here used as a model for polygynous wild bovids. The hypothesis that high levels of testosterone provide an endocrine signal that inhibits horn growth in autumn was tested by assessing the effect of cyproterone acetate (CA), an anti-androgen, administered in October – coinciding with the period of natural increases in plasma testosterone concentrations – under different photoperiodic conditions (natural photoperiod and artificial long days). The persistence of horn growth during autumn in all ibexes held under the long-day photoperiodic conditions clearly shows that horn growth regulation in the mating season is primarily modulated by day length and not by a fall in testosterone concentration. A retrospectively designed second experiment involving testosterone propionate (TP) administration in April (when horns are growing) was then undertaken to confirm that high levels of testosterone do not inhibit horn growth. Overall, the results strongly suggest that the rise in testosterone secretion during the autumn mating season does not act as an endocrine signal for the arrest of horn growth, although the rate of horn growth before the mating season may be related to springtime testosterone levels. A direct relationship was seen between the rate of horn growth and the incidence of sperm abnormalities. Neither CA treatment in October nor TP administration in April affected the studied sperm variables. By contrast, CA treatment plus artificial long days in autumn had a negative effect on sperm motility and sperm morphology.

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Introduction

Horns are appendages used by the males of polygynous bovid species to compete for females during the mating season. In addition to their function in combat, these secondary sexual characteristics appear to provide a sensitive indicator of genetic stress (Parsons 1992) and to serve as signals of male vigour that females may use to select mates (Geist 1966, 1991). Certainly, it has been shown that wild bovid males with the largest and most symmetrical horns – those that are usually dominant – produce the best quality sperm (Roldan et al. 1998, Santiago-Moreno et al. 2007). The reproductive success of bovid males is therefore related to pre-copulatory strategies such as combat ability, which is strongly related to horn development, as well as to post-copulatory strategies such as sperm competition (Preston et al. 2003).

In most wild ruminant species living at temperate or higher latitudes, the photoperiod is the main environmental cue regulating seasonal breeding activity (Hafer 1952). The annual arrest of horn growth in wild bovids coincides with the time when males are producing their highest levels of testosterone, i.e. in the autumn, when the photoperiod is shortening and when spermatogenesis is at its height (Lincoln 1990, 1998, Coloma et al. 2011). When spermatogenesis decreases in spring, horn growth begins again (Fowler 1993). It has been suggested that this seasonal pattern may be modulated by testosterone secretion (Lincoln 1998, Santiago-Moreno et al. 2005a). Adequate horn growth in spring has a high energy demand, and it may be that the high levels of testosterone seen in the mating season provide an endocrine signal that stops this growth, thus allowing energy use to be refocused towards combat and spermatogenesis. Certainly, spermatogenesis is known to be modulated by this hormone (Courot & Ortavant 1981). To test this idea, testosterone secretion was manipulated at the end of normal horn growth in the Iberian ibex (Capra pyrenaica), a polygynous wild bovid that shows strongly seasonal sexual activity and horn development (Toledano-Díaz et al. 2007). If androgens are required to stop horn growth during the mating season, anti-androgen treatment should prolong the horn growth period.
The annual cycle of horn growth in these animals is regulated directly by photoperiod, although the mechanism is unclear (Toledano-Díaz et al. 2007). Thus, an anti-androgen treatment was administered under different photoperiodic conditions. A second experiment was then designed to confirm the negative hypothesis arising from the results, i.e. that high testosterone levels have no influence on the end of horn growth. Given the relationship between seasonal changes in horn development and sperm quality, the influence of artificial photoperiod and testosterone manipulation on testis size and a number of sperm variables was also analysed.

Materials and Methods

Cyproterone acetate (CA; Androcur, Schering A.G., Berlin, Germany), a gestational androgen receptor blocker, was prepared for injecting into the test animals according to the method of Jacezewski et al. (2004) with minor modifications. CA (3-2 g) was dissolved in 7 ml benzyl benzoate, and this was then combined with 25 ml of olive oil (final CA concentration 100 mg/ml). The final mixture was heated for 10 min at 120 °C with agitation to encourage appropriate dissolution.

Testosterone propionate (TP; Fluka, Sigma–Aldrich) was prepared for injecting into the test animals by dissolving 25 mg of TP in 2 ml of olive oil. The mixture was gently agitated before administration.

Diluents for sperm collection were prepared in the laboratory using reagent-grade chemicals purchased from Panreac Química S.A. (Barcelona, Spain) and Sigma Chemical Co.

Animals

Twenty-five adult Iberian ibex males (body weight: 48–57 kg) were housed in captivity at the INIA Department of Animal Reproduction (Madrid, 40°25’N). This flock consists of animals obtained from the Sierra de Cazorla-Segura and Sierra de Ronda Game Reserves in Southern Spain, plus others born at the INIA facilities. The age of the animals (4–6 years) was calculated by counting the horn rings (Fandos 1995). To alleviate stress during the experimental procedures, animals were accustomed over a 1-year period before the experiment to handling in a small restraining stall (2 m²) in which blood samples were collected and horn and testicular measurements taken. During all manipulations, the eyes were covered with a mask to further reduce stress. All animals were fed with Visan K59 (Visan Ind. Zoo., Madrid, Spain), which provides a balanced diet, supplemented with barley grain, barley straw, and dry alfalfa. Water, mineral, and vitamin blocks were made freely available. All handling procedures were approved by the INIA Ethics Committee and were performed in accordance with the Spanish Policy for Animal Protection RD1201/2005, which conforms to the European Union Directive 86/609 regarding the protection of animals used in scientific experiments.

Experimental procedure

Experiment 1: influence of anti-androgen CA treatment in autumn under different photoperiodic conditions

This experiment lasted from February to December 2008; blood samples for testosterone analysis and horn and scrotal circumference measurements were taken from the beginning (to determine horn growth in February, measurements were obviously taken in January as well).

Ibexes were randomly distributed into four groups:

1) Control group (PHPn + oil) composed of four ibexes kept under natural photoperiodic conditions (natural variations in day length from 15 h light/day at the summer solstice to 9 h/day at the winter solstice) and given 2 ml i.m. olive oil without CA twice weekly (Tuesday and Friday) from 30 September to 28 October.

2) Long days + olive oil group (PHPld + oil) composed of four ibexes kept in an open stable exposed to long days of 15 h light:9 h darkness (equivalent to the summer solstice photoperiod) for 6 months between 21 June and 21 December. This photoperiod was regulated using an electric clock that operated fluorescent tubes providing an artificial light intensity of ~350 lux at floor level. Animals from this group were given 2 ml i.m. olive oil without CA twice weekly (Tuesday and Friday) from 30 September to 28 October.

3) Long days + CA group (PHPld + CA) composed of four ibexes kept in an open stable exposed to artificial long days (15 h light:9 h darkness) between 21 June and 21 December, and given 200 mg i.m. CA twice weekly (Tuesday and Friday) from 30 September to 28 October, coinciding with the period of natural rises in plasma testosterone concentrations (Toledano–Díaz et al. 2007). This protocol has been successfully used at our laboratory to maintain plasma testosterone concentrations at basal levels.

4) Natural photoperiod + CA group (PHPn + CA) composed of four ibexes kept under natural photoperiodic conditions and given 200 mg CA i.m. twice weekly (Tuesday and Friday) from 30 September to 28 October.

Experiment 2: influence of testosterone administration in spring

As the results of Experiment 1 did not support the initial hypothesis (i.e. that the increase in autumnal testosterone inhibits horn growth), this second experiment was designed to confirm that a rise in plasma testosterone concentration does not act as an endocrinal signal for the inhibition of horn growth. The experiment lasted from January to September 2010 with all measurement made as in Experiment 1.
Ibexes were randomly distributed into the following two groups:

1) **Control group** (PHPn + oil) composed of four ibexes kept under natural photoperiodic conditions and given 2 ml olive oil without TP s.c. every 48 h from 27 March to 28 April.

2) **Testosterone-treated group** (PHPn + TP) composed of five ibexes kept under natural photoperiodic conditions and administered 25 mg TP s.c. in 2 ml olive oil every 48 h from 27 March to 28 April, coinciding with the natural increase in horn growth (Toledano-Díaz et al. 2007).

**Collection of samples and measurements**

Horn and scrotal circumference measurements were taken twice monthly (2 weeks apart) over the entire experimental period. Blood samples were normally taken twice monthly before and after CA or TP injection, although collection was daily in the first week after injection, and twice weekly for the remainder of the first month following injection. Each time, three blood samples (1000, 1100, and 1200 h) were collected from the jugular vein into heparinised tubes (4 ml). The collected blood was centrifuged at 1500 g for 15 min. The plasma was separated and a pool of 1 ml aliquots of the three samples was made and stored at −20 °C until required for testosterone concentration analysis. The rate of horn growth was measured with a measuring tape, covering the distance from the base of the horn to a reference mark cut into the upper outside edge of the horn. Horn measurements were taken for both horns. The circumference of the scrotum was measured at its widest diameter using a scrotal measuring tape (Ideal Instruments, Neogen Corporation, Schiller Park, IL, USA).

Semen was recovered by electroejaculation as previously described (Santiago-Moreno et al. 2009) using a Lane Pulsator IIIZ electroejaculator (Lane Manufacturing, Inc., Denver, CO, USA). Sperm was recovered from each animal of each group at least once every month, from October to December in Experiment 1 and from April to June in Experiment 2.

**Hormone analyses**

Testosterone concentrations were measured by RIA in duplicate plasma aliquots (100 μl) as described previously (Santiago-Moreno et al. 2005a). All samples were analysed in a single assay. The sensitivity was 0.05 ng/ml. The intra-assay coefficient of variation (CV) was 11% (n = 7).

**Semen evaluation**

Ejaculate volumes were measured using a micropipette (Gilson, Villiers Le Bel, France). Total sperm concentration was determined using a Neubauer chamber (Marienfeld, Lauda-Königshofen, Germany). Motility was assessed after 30 min incubation at 37 °C. The percentage of motile spermatozoa and the quality of motility were evaluated subjectively via phase-contrast microscope (Zeiss, Oberkochen, Germany) observations made at 100×. The vigour of sperm movement was scored on a 0 (lowest) to 5 (highest) scale. Plasma membrane integrity was assessed using the hypo-osmotic swelling test (Jeyendran et al. 1984) and by staining an aliquot of sperm suspension with nigrosin–eosin (Campbell et al. 1956). The percentage of spermatozoa with intact acrosomes was assessed in samples fixed in buffered 2% glutaraldehyde solution at 37 °C, using phase-contrast microscopy (magnification 1000×; Pursel & Johnson 1974). Individual spermatozoa that showed a smooth, crescent-shaped apical ridge were classified as having an intact acrosome. Spermatozoa classified as not showing acrosome integrity were those with an irregularly shaped apical ridge, an absent apical ridge, or a loose and vesiculated acrosomal cap. Morphological abnormalities were assessed by phase-contrast microscopic examination of glutaraldehyde-fixed samples. Spermatozoa classified as showing abnormal morphology were those with abnormal head, a mid-piece defect, a cytoplasmic droplet, a coiled tail, or a bent tail. All analyses required the observation of 200 cells.

**Statistical analysis**

The plasma testosterone data, sperm volume, and sperm concentration showed a skewed distribution, as determined by the Shapiro–Wilk’s test; values were therefore log-transformed before analysis. The remaining sperm variables (with values expressed as percentages) also showed a skewed distribution; their values were therefore arcsine transformed before analysis.

The effect of the interaction CA treatment × photoperiod (first experiment) and the effect of TP (second experiment), on plasma testosterone concentrations, sperm variables, scrotal circumference, and horn development, were assessed using general linear model (GLM) repeated measures ANOVA. In the model, the photoperiodic condition (PHPn–PHPld) and treatment (oil–CA in Experiment 1, oil–TP in Experiment 2) were included as categorical predictor variables, age was included as a continuous predictor variable, and months (February–December) as within-subject factors (repeated measures). Differences between groups in different months were analysed by ANOVA. The arrest of horn growth was deemed to have begun in the first month to show a significant reduction in such growth (t-test for matched pairs) compared with the three previous consecutive months with a high rate of horn growth. The resurgence of horn growth was taken as the first month showing a significant increase in horn growth (t-test for matched pairs) compared with the previous consecutive months. Similar criteria were used to determine the onset of increasing scrotal circumference. Finally, variability in horn measurements between groups was compared via the mean CV. The possible link between horn growth and plasma testosterone concentration was examined by linear correlation analysis (Pearson).
The inhibitory effect of the long-day photoperiod on scrotal circumference first became evident in the PHPld + oil group; oil, olive oil without cyproterone acetate. The interaction CA treatment × photoperiod to have no significant effect on horn growth. Neither did CA treatment have any independent effect on this growth. However, long days were seen to maintain horn growth during the autumn (GLM repeated measures ANOVA, \( P<0.01 \)), independent of treatment with CA (Fig. 3). Horn growth was maintained in the PHPld + CA and PHPld + oil groups until the end of the experiment (Fig. 3), although in the PHPld + CA group it tended to decrease (\( t \)-test for matched pairs, \( P=0.07 \)) in December. By contrast, in both the PHPn + oil and PHPn + CA groups (Fig. 3), reduction (\( t \)-test for matched pairs, \( P<0.05 \)) in horn growth occurred in November. Further, in both groups under artificial long days, monthly horn growth from June to December (0.9 ± 0.1 cm in the PHPld + CA and PHPld + oil groups respectively) was greater (ANOVA, \( P<0.05 \)) than in the ibexes held under the natural photoperiod (0.5 ± 0.01 cm in the PHPn + oil and PHPn + CA groups respectively). The CVs for the horn growth measurements in the PHPld + oil and PHPld + CA groups since June (the time of exposure to long days) were more homogeneous (CV = 32.2 and 44.8% respectively) than in the PHPn + oil and PHPn + CA groups (CV = 65.4 and 50% respectively), in which the reduction in horn growth in autumn was not prevented.

No relationship was seen between plasma testosterone concentration and the moment at which horn growth reduction began. In the controls (PHPn + oil group; Fig. 1), the physiological increase in plasma testosterone concentrations in October was followed by a reduction in horn growth in November. The rapid decline in testosterone levels after CA administration in October under natural photoperiodic conditions (PHPn + CA group; Fig. 1) did not affect the reduction in horn growth (Fig. 3), which occurred at the same time as in the controls. The artificial long-day photoperiod (PHPld + CA and PHPld + oil groups) clearly altered the pattern of testosterone secretion (Fig. 1). This variable testosterone pattern was not associated with maintained horn growth in the autumn (Fig. 3). Indeed, no significant correlation was seen, in any experimental group, between horn growth and plasma testosterone concentration (\( P>0.05 \)) from the time of CA treatment to the end of the experiment (PHPn + oil, \( R^2=0.42 \); PHPn + CA, \( R^2=0.02 \); PHPld + CA, \( R^2=0.04 \); and PHPld + oil, \( R^2=0.05 \)).

The interaction CA treatment × photoperiod had a significant (GLM repeated measures ANOVA, \( P<0.05 \)) in horn growth control in wild bovids

Results

Experiment 1: influence of anti-androgen CA treatment in autumn under different photoperiodic conditions

The PHPn + oil control group showed the characteristic seasonal pattern of testosterone secretion, with basal levels until September, and then a significant increase in its output. This was followed by a reduction in December (Fig. 1). This pattern was noticeably modified in the ibexes kept under the artificial photoperiod (Fig. 1), with a rapid decline in plasma testosterone concentration (\( t \)-test for matched pairs, \( P<0.01 \)) observed, coinciding with CA administration (October) in both the PHPn + CA and PHPld + CA animals. Scrotal circumference began to increase (\( t \)-test for matched pairs, \( P<0.05 \)) in September in the PHPn + oil and PHPn + CA groups, and in October in the PHPld + oil group (Fig. 2). The inhibitory effect of the long-day photoperiod on scrotal circumference first became evident in the PHPld + CA group (Fig. 2). GLM repeated measures ANOVA showed the interaction CA treatment × photoperiod to have no significant effect on horn growth. Neither did CA treatment have any independent effect on this growth. However, long days were seen to maintain horn growth during the autumn (GLM repeated measures ANOVA, \( P<0.01 \)), independent of treatment with CA (Fig. 3). Horn growth was maintained in the PHPld + CA and PHPld + oil groups until the end of the experiment (Fig. 3), although in the PHPld + CA group it tended to decrease (\( t \)-test for matched pairs, \( P=0.07 \))
Effect on the percentage of motile spermatozoa, with lower motility seen in the PHPld+CA group. A higher rate of sperm abnormalities (GLM repeated measures ANOVA, \( P<0.05 \)) was seen in the PHPld+CA and PHPld+oil groups than in either PHPn group (Table 1).

Experiment 2: influence of testosterone administration in spring

In the controls (PHPn+oil; Fig. 4), the plasma testosterone concentration remained at basal levels over the experimental period (February–July). The administration of TP in April led to high plasma testosterone concentrations (range: 9–13 ng/ml) in March and April (Fig. 4), but did not affect scrotal circumference. Differences in horn growth rate (GLM repeated measures ANOVA, \( P<0.05 \)) were seen in spring between the PHPn+TP and PHPn+oil groups. In both groups an increase (\( t \)-test for matched pairs, \( P<0.05 \)) in horn growth occurred in April, but the monthly horn growth rate was greater (ANCOVA, \( P<0.05 \)) in the PHPn+TP group (9.8±0.1 cm compared with 0.5±0.1 cm; Fig. 5). Testosterone supplementation enhanced horn growth in June and September compared with controls (ANOVA, \( P<0.05 \)). No significant correlation (\( P>0.05 \)) was seen between horn growth and plasma testosterone concentration during the horn elongation period in the PHPn+oil (\( R^2=0.04 \)) and PHPn+TP (\( R^2=0.06 \)) groups. As the data suggest that TP treatment is associated with a delayed rather than an immediate stimulatory effect, retrospective correlation analysis was performed for plasma testosterone levels in March–April and horn growth 2 months later (May–June), and a significant correlation was detected in both the PHPn+oil (\( R^2=0.40, \; P=0.06 \)) and PHPn+TP (\( R^2=0.37, \; P<0.05 \)) groups. Treatment with TP had no effect on any of the studied sperm variables (Table 2).

Discussion

The effect of artificial photoperiod and anti-androgen or testosterone treatment on antler development in cervids has long been studied and in great detail (Wislocki et al. 1947, Goss 1968). However, to our knowledge, this is the first study on horn growth involving photoperiod and androgen manipulation in any bovid species. The present findings show that elevated levels of plasma testosterone concentrations are not required to stop horn growth during the mating season; neither do circulating testosterone levels need to fall to basal levels for the resurgence of horn growth to occur.

The possible effect of increasing testosterone levels arresting horn growth during the rutting season has been discussed for many years (Lincoln 1990, 1998, Santiago-Moreno et al. 2005a). More recent findings during a comparative study on two wild Caprinae species (mouflons and ibex; Toledano-Díaz et al. 2007) appear to support this hypothesis; in that work a delayed increase in plasma testosterone levels in the ibex species was accompanied by a delayed arrest of horn growth. However, anti-androgen treatment with CA did not prevent the physiological prevention of horn growth in November. This lack of effect contrasts with results obtained in red deer (Cervus elaphus) in which CA given during the hard antler phase caused antler casting followed by a period of intensive growth of new antlers (Jaczewski et al. 2004). Similar results have been reported for the Southern pudu (Pudu puda) when treated with CA (Bubenik et al. 2002). In addition, Bubenik (1982, 1990a) reported that treatment...
with CA completely stopped antler growth in castrated white-tailed bucks (Odocoileus virginianus) and that antler regrowth stopped in two of six CA-treated castrated fallow deer bucks until CA treatment was ceased (Bartos et al. 2000). In other cervids, such as fallow deer (Dama dama), castration and CA treatment lead to premature antler casting (Goss 1990, Kierdorf et al. 1993), but CA treatment during the antler growth phase and main breeding season is reported not to affect the onset, duration or termination of antler growth (Kolle et al. 1993). This is inconsistent with Bubenik’s suggestion that small circulating levels of androgen are required for antler growth (Bubenik 1990a).

Although the mechanism regulating antler growth has commonly been extrapolated to bovid horn growth (Lincoln 1998), the different histological characteristics of antler (compact bone) and horn (an epidermal structure covering an underlying bony core), and their different types of growth cycle (with periodic antler casting and regrowth in cervids), suggest substantial differences must exist in their mechanisms of control. The finding of the present first experiment that the timing of the horn growth cycle is not linked to seasonal variations in testosterone concentration was confirmed by the results of the second, in which the administration of TP coinciding with the natural increase in horn growth (Toledano-Díaz et al. 2007) did not prevent growth at all. Thus, testosterone does not act as an endocrine signal for the arrest of horn growth.

It might be argued that the inability of CA to prevent the autumnal reduction in horn growth despite its inducing basal testosterone levels suggests that even these low levels of this hormone are sufficient to block growth. However, this is unlikely because, in addition to the suppression of the release of hypothalamic GnRH by a negative feedback and subsequent androgen secretion (progestin action), CA blocks the androgen receptors (Neumann & Töpert 1986, Neumann 1994).

The administration of testosterone in the spring did not affect the moment of horn growth resurgence, although it did allow for a higher rate of growth once it had begun. Testosterone supplementation in April enhanced horn growth compared with controls, showing a stimulatory effect of testosterone on horn growth in the spring season. The stimulatory effect of TP was not observed until at least 2 months after its administration, suggesting a delayed effect rather than an immediate effect. Under natural conditions, horn growth in wild bovids coincides with the springtime basal levels of testosterone; in fact it has been suggested that low concentrations of circulating androgens are required for horn growth (Lincoln 1998). In cervids, the size of, and bone mineralisation in, antlers is directly related to the testosterone concentration present before the rut; thus, antler characteristics are considered an indicator of change in testosterone secretion (Bubenik 1990b, 1991). Moreover, using castrated fallow deer as an experimental model, treated with or not with CA, it has been shown that the antlers of males with higher basal testosterone concentrations in the spring grow more rapidly (Bartos et al. 2000). In red deer stags, testosterone also appears to be responsible for the rate of antler growth in subadult and adult animals (Bartos et al. 2009). In bovids, this relationship between testosterone concentration and horn development has never been studied, but the present data strongly suggest that horn growth rate before the mating period is related to basal testosterone concentration. Indeed, horn growth has been likely related to spring testosterone levels in bighorn sheep (Ovis canadensis; Henderson & Firebaugh 1997). Therefore, it would be expected that dominant males with greater horn development and sperm quality (Santiago-Moreno et al. 2007) show higher testosterone levels during the spring period of horn growth. Although Decristophoris et al. (2007) found no relationship between rutting season testosterone levels and dominance in Alpine ibex (Capra ibex), most studies in wild ruminants, such as Grant’s gazelle (Nanger granti) and bighorn sheep, have found positive relationships between these variables (Pelletier et al. 2003, Ezenwa et al. 2012).

The persistence of horn growth during the autumn in the ibexes kept under long days clearly shows that such
growth, at least during this period, is primarily modulated by photoperiodicity rather than any fluctuation in androgen levels. The lack of correlation between horn growth and plasma testosterone concentrations at this time supports the idea that this regulation is independent of testosterone secretion.

It is unclear how photoperiod may regulate horn growth, but recent studies suggest that prolactin, the plasma levels of which follow a trend roughly parallel to day length (Santiago-Moreno et al. 2003), may be involved. Certainly, the expression of prolactin receptors in epithelial cells in the horn growth area during spring is increased (Picazo et al. 2008). Steroid hormones, such as testosterone, are known to regulate populations of their own and other receptors (heterospecific regulation; Aragona et al. 1976), and prolactin receptors are known to fall in number under multi-hormonal regulation (Klemcke et al. 1990, Barash et al. 1992). Thus, testosterone might influence horn growth via the control of expression and/or binding activity of prolactin receptors in horn epithelial cells. The greater horn growth rate seen in ibexes with higher basal spring testosterone concentrations might be related to an increased expression of prolactin receptors.

The present results reveal a direct relationship between the rate of horn growth and the percentage of spermatozoa with morphological abnormalities. Artificial long days were the primary factor affecting the values recorded for the studied sperm variables. Certainly, the percentage of sperm abnormalities increased in ibexes maintained under this type of photoperiod. This agrees with the known inhibitory effect of long days on sexual activity in other short day breeders such as goats (for a review see Chemineau et al. 2008). The sperm abnormalities reported for the PHPn+oil group in the second experiment (sperm samples recovered in spring) were similar to those seen in PHPld+CA and PHPld+oil groups (sperm samples recovered in autumn). This is clearly explained by the seasonal breeding activity in this species. The ibex has a short breeding season that runs from December to February (Santiago-Moreno et al. 2003). Semen quality improves in autumn, the number of sperm abnormalities being highest during spring and summer (Coloma et al. 2011). Hence, the present data support the idea that long days negatively affect sperm quality, with a high percentage of sperm abnormalities appearing, similar to the situation seen during the non-breeding season.

Although CA treatment maintained plasma testosterone concentrations at basal levels, under the natural photoperiod, CA treatment had no effect on testis size or sperm variables. This could be explained because the period of CA treatment was not very long. However, CA treatment and artificial long days (PHPld+CA group) produced a synergic inhibitory effect on scrotal circumference and sperm quality variables, significantly increasing the percentage of sperm abnormalities and reducing the percentage of motile spermatozoa. The most common morphological abnormalities in ibex sperm are defects in the tail (Coloma et al. 2011). Damage to the axonemal structure of the flagellum or its functioning (Gagnon & de Lamirande 2006) during spermiogenesis may be caused by decreasing LH and FSH under long day or CA treatment. Testosterone, acting via its primary metabolites oestradiol and dihydrotestosterone, suppresses circulating LH concentrations, primarily by reducing the frequency of GnRH pulses (Hileman & Jackson 1999). The administration of exogenous testosterone inhibits the pulsatile release of LH (Tilbrook et al. 1999) and can reversibly suppress spermatogenesis (Arsyad 1993). In humans it has been shown that long-term treatment with testosterone reduces testis size and reduces sperm concentration, motility, and viability, as well as affecting normal sperm morphology. But these effects are only observed about 10 weeks after the onset of treatment (Arsyad 1993). The fact that the TP treatment in the present work did not affect any of the studied sperm variables may suggest that the period of treatment (just 1 month) was too short for any to be noticed.

In conclusion, the timing of the horn growth cycle in the Iberian ibex is not linked to the seasonal variation in plasma testosterone concentration; rather, the photoperiod plays a major role in its regulation. The rate of horn growth before the mating season does, however, appear to be related to springtime plasma testosterone concentration, with higher basal levels leading to increased growth.

Table 2 Sperm variables in ibexes belonging to the PHPn+oil (n=4) and PHPn+TP (n=5) groups. No significant differences detected between groups

<table>
<thead>
<tr>
<th></th>
<th>Vol (µl)</th>
<th>C (×10⁶ sperm/ml)</th>
<th>MOT (%)</th>
<th>QM (0–5)</th>
<th>NE (%)</th>
<th>NAR (%)</th>
<th>HOST (%)</th>
<th>MAB (%)</th>
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</thead>
<tbody>
<tr>
<td>PHPn+oil</td>
<td>160-7</td>
<td>1344-2</td>
<td>79-6</td>
<td>3-4</td>
<td>59-3</td>
<td>66-8</td>
<td>55-6</td>
<td>37-8</td>
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<td>818-2</td>
<td>63-3</td>
<td>2-9</td>
<td>59-5</td>
<td>53-3</td>
<td>53-1</td>
<td>42-0</td>
</tr>
<tr>
<td>S.E.M.</td>
<td>221-6</td>
<td>234-8</td>
<td>7-2</td>
<td>0-3</td>
<td>5-8</td>
<td>6-3</td>
<td>5-2</td>
<td>6-8</td>
</tr>
</tbody>
</table>

Vol, volume of the ejaculates; C, sperm concentration; MOT, motile spermatozoa; QM, quality of motility; NE, sperm viability by staining with nigrosin–eosin; HOST, plasma membrane integrity assessed by the hypo-osmotic swelling test; NAR, intact acrosomes (normal apical ridge); MAB, morphological abnormalities.

Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.
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