Spatial and temporal expression of immunoglobulin superfamily member 1 in the rat

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Abstract

Loss-of-function mutations in the immunoglobulin superfamily member 1 (*IGSF1*) gene cause an X-linked syndrome of central hypothyroidism, macroorchidism, variable prolactin and GH deficiency, delayed pubertal testosterone rise, and obesity. To understand the pathophysiology of this syndrome, knowledge on IGSF1's place in normal development is imperative. Therefore, we investigated spatial and temporal protein and mRNA expression of IGSF1 in rats using immunohistochemistry, real-time quantitative PCR (qPCR), and *in situ* hybridization. We observed high levels of IGSF1 expression in the brain, specifically the embryonic and adult choroid plexus and hypothalamus (principally in glial cells), and in the pituitary gland (PIT1-lineage of GH, TSH, and PRL-producing cells). IGSF1 is also expressed in the embryonic and adult zona glomerulosa of the adrenal gland, islets of Langerhans of the pancreas, and costameres of the heart and skeletal muscle. IGSF1 is highly expressed in fetal liver, but is absent shortly after birth. In the adult testis, IGSF1 is present in Sertoli cells (epithelial stages XIII–VI), and elongating spermatids (stages X–XII). Specificity of protein expression was corroborated with *Igsf1* mRNA expression in all tissues. The expression patterns of IGSF1 in the pituitary gland and testis are consistent with the pituitary hormone deficiencies and macroorchidism observed in patients with IGSF1 deficiency. The expression in the brain, adrenal gland, pancreas, liver, and muscle suggest IGSF1's function in endocrine physiology might be more extensive than previously considered.

Key Words

- expression profiling
- rat
- hypothalamus
- choroid plexus
- pituitary gland
- testis

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Introduction

Loss-of-function mutations or deletions in immunoglobulin superfamily member 1 (*IGSF1*) cause an X-linked endocrine syndrome characterized by congenital hypothyroidism of central origin and macroorchidism in male patients (Sun *et al.* 2012). In addition, a proportion of affected males show prolactin deficiency, partial and transient GH deficiency, disharmonious pubertal development (i.e., normal timing of testicular growth but delayed rise of testosterone), high insulin-like growth factor1 in middle age, and increased BMI and fat percentage (Joustra *et al.* 2013). A minor proportion of heterozygous female carriers exhibit central hypothyroidism and/or prolactin deficiency (Joustra *et al.* 2013). *Igsf1*-deficient male mice similarly show central hypothyroidism and increased body mass (Sun *et al.* 2012).

IGSF1 encodes a plasma membrane immunoglobulin superfamily glycoprotein (Frattini *et al.* 1998, Mazzarella *et al.* 1998). The canonical IGSF1 protein possesses 12 immunoglobulin-like loops of the constant region type 2 (C2), a transmembrane domain, and a short intracellular C-terminal tail. A hydrophobic linker, separating loops 5 and 6, targets the protein for obligate co-translational proteolysis such that only the C-terminal domain (CTD) traffics to the plasma membrane (Robakis *et al.* 2008). Previously described *IGSF1* mutations impair trafficking of the CTD to the cell surface in heterologous cells (Sun *et al.* 2012).

The full spectrum of signs and symptoms of this novel endocrine syndrome, as well as its pathophysiology, currently remain speculative. This stems from our incomplete understanding of IGSF1's function and expression both in adulthood and during development. We therefore investigated the spatial and temporal patterns of IGSF1 protein and mRNA expression in the rat.

Materials and methods

Animals

The research protocol was approved by the Institutional Animal Care and Use Committees of the Leiden University Medical Center and the Academic Medical Center in Amsterdam. Wistar rats were kept in a controlled dark-light cycle (12 h light:12 h darkness), and had access to water and pellet food *ad libitum*. Timed-pregnant rats were bled by decapitation on day 15 after conception and embryos were removed from the uterus and fixed for 24 h in cold buffered formaldehyde (4% paraformaldehyde in PBS, pH 7.4; PFA). Adult 7-week-old female and male rats

(a minimum of four animals per organ) were anesthetized with an intraperitoneal injection of ketamine (25 mg/kg body weight; Nimatek, Eurovet Animal Health BV, Bladel, The Netherlands) and xylazine (50 mg/kg body weight; Sedamun, Eurovet Animal Health BV). After 5 min, rats were exsanguinated by transection of the abdominal blood vessels. The organs were removed and fresh frozen in liquid nitrogen for real-time qPCR and *in situ* hybridization. For immunohistochemistry and immunofluorescence, organs were fixed for 24 h in cold PFA (or 70% diluted Bouin's solution for testis) and embedded in paraffin after dehydration in a graded alcohol series and xlenes.

Real-time qPCR

Relative *Igsf1* mRNA expression was assessed in various organs (four to six animals, both sexes), as well as punches from choroid plexus (lateral ventricle of the brain), hypothalamus (paraventricular nucleus), and dorsal brain cortex (three animals, both sexes). Punches were taken with a Harris UniCore hollow needle (Electron Microscopy Sciences; 1.2 mm internal diameter) from 200 µm thick transverse sections at around 1.53 mm caudal to Bregma (Paxinos & Franklin 1988). Total RNA was isolated from tissue homogenates using acid guanidinium thiocyanate-phenol-chloroform extraction and isopropanol precipitation (RNA-Bee, Tel-Test, Inc, Bio-Connect BV, Huissen, The Netherlands). The RNA sample (2 µg) was dissolved in RNase-free water and quantified spectrophotometrically in a final volume of 20.5 µl. The integrity of the RNA was studied by gel electrophoresis on a 1% agarose gel containing ethidium bromide. Samples did not show degradation of ribosomal RNA by visual inspection under ultraviolet light. First-strand cDNA synthesis was performed with the SuperScript Choice System (Life Technologies) by oligo(dT)12-18 priming as described previously (Wagenaar *et al.* 2004). For qPCR, 1 µl of first-strand cDNA diluted 1:10 in RNase-free water was used in a total volume of 25 µl, containing 12.5 µl 2× SYBR Green PCR Master Mix (Applied Biosystems) and 200 ng of each primer. PCR reactions were performed using the following conditions: 95 °C for 10 min (one cycle), 94 °C for 15 s, and 60 °C for 1 min (40 cycles) on a Light Cycler 480 (Roche) of the Leiden Genome Technology Center (Leiden, The Netherlands), as described previously (Wagenaar *et al.* 2013). Data were analyzed with the Light Cycler 480 Software version 1.5.0 and quantified with the

comparative threshold cycle method using β -actin as a housekeeping gene reference (Pfaffl 2001). Using Primer Express Software package (Applied Biosystems), specific primers were designed for *Igsf1* (TGTGGCTTCTAATCAGCAA, GGGTGATATCCTTTCCTAGTTTGA) and *Actb* (TTCAACACCCAGCCATGT, AGTGGTACGACCAGAGGCATACA).

Immunohistochemistry and immunofluorescence

Tissues in which *Igsf1* mRNA was expressed were then examined using immunohistochemistry or immunofluorescence. These included embryonic tissues, brain, pituitary, adrenal gland, pancreas, liver, left ventricle of the heart, and skeletal muscle (see below for testis). Serial 4 μ m thick sections from formalin-fixed, paraffin-embedded tissue were mounted onto SuperFrost plus coated slides (Menzel-Gläzer, Braunschweig, Germany). After deparaffinization in xylenes and 100% ethanol, sections were incubated with 0.3% H_2O_2 in methanol for 15 min to block endogenous peroxidase activity. After a graded alcohol series, sections were boiled in 0.01 M sodium citrate (pH 6.0) for 10 min. Sections were incubated overnight with rabbit polyclonal anti-mouse IGSF1-CTD antibody (diluted 1:16 000, kindly provided by P. Scheiffele (Robakis *et al.* 2008), University of Basel, Basel, Switzerland), incubated with EnVision-HRP as recommended by the manufacturer (Dako, Glostrup, Denmark), stained with the chromogenic substrate NovaRed as instructed by the manufacturer (Vector Laboratories, Burlingame, CA, USA), and counterstained with hematoxylin. Primary antibodies were diluted in PBS/1% BSA, fraction V (Roche Diagnostics).

Pituitary sections were incubated with the IGSF1 antibody, as well as a rabbit polyclonal anti-mouse PIT1 antibody (diluted 1:1000, gift from S. Rhodes (Voss *et al.* 1991), Indiana University, USA) as a marker of GH, TSH, and prolactin-producing cells, rabbit TPIT antibody (diluted 1:200, Cortex Biochem #1603, San Leandro, CA, USA) as a marker of corticotropes, mouse SF1 antibody (diluted 1:200, Invitrogen #N1665) as a marker of gonadotropes, or mouse LH antibody (diluted 1:200, National Hormone and Peptide Program #AFP-C697071P, Torrance CA, USA). IGSF1 and TPIT or PIT1 antibodies were visualized using biotinylated goat anti-rabbit (diluted 1:250, Dako Denmark A/S #E0432) and the red fluorescent label streptavidin 555 (diluted 1:500, Life Technologies #S-32355); IGSF1 and LH with biotinylated goat anti-rabbit IgG and streptavidin 555 (IGSF1), or the green fluorescent label Alexa Fluor 488 mouse IgG (diluted

1:300, Life Technologies #A-11001) (LH); and IGSF1 and SF1 with the green fluorescent label Alexa Fluor 488 rabbit IgG (diluted 1:300, Life Technologies #A-31565) (IGSF1) and biotinylated goat anti-mouse IgG (diluted 1:250, Dako Denmark A/S #E0354) with streptavidin 555 (SF1).

For testis, serial sections (5 μ m thick) from diluted Bouin's-fixed, paraffin-embedded tissue were mounted on glass slides coated with 0.02% poly-L-lysine. After deparaffinization, sections were incubated with 0.3% H_2O_2 in methanol for 15 min to block endogenous peroxidase activity. Nonspecific binding of the secondary antibody was blocked using 5% goat serum (Vector Laboratories) and 0.1% acetylated BSA (Vector Laboratories). Sections were incubated overnight at 4 °C in a humidified chamber with rabbit polyclonal anti-mouse IGSF1-CTD antibody (diluted 1:500) in 0.1% BSA in PBS. Equivalent concentrations of rabbit IgG (Vector Laboratories) with 0.1% BSA were used for negative controls of the primary antibody, which resulted in no specific staining. After washing in PBS, the sections were incubated in the biotinylated secondary antibody goat anti-rabbit (Vector Laboratories). The sections were subsequently incubated for 60 min with avidin-biotinylated horseradish peroxidase complex (Vector Laboratories) and stained using the chromogenic substrate diaminobenzidine (0.5 mg/ml 3,3-diaminobenzidine tetrahydrochloride dihydrate; LabVision ThermoFisher Scientific, Waltham, MA USA) with 0.034% H_2O_2 . Sections were counterstained with hematoxylin.

In situ hybridization

In situ hybridization was used to corroborate characteristic spatial protein expression patterns in endocrine tissues and assess localization of *Igsf1* mRNA in different hypothalamic cell types.

Fresh frozen sections of 12 μ m were cut on a cryostat, thaw-mounted onto SuperFrost plus coated slides (Menzel-Gläzer), and stored at -80°C until hybridization.

The *in situ* hybridization procedure was performed using Quantigene ViewRNA (Affymetrix, Santa Clara, CA, USA) according to the manufacturer's instructions. Briefly, upon fixation in 4% PFA, washing, and dehydration in ethanol, sections were digested at 40 °C for 20 min in protease XXIV (Protease QF, Affymetrix) and hybridized for 3 h at 40 °C with an Affymetrix probe against *Igsf1* (catalog# VC1-14522, diluted 1:40). Brain sections were additionally hybridized with one of the following hypothalamic marker probes (all diluted 1:40): *Tyrosine hydroxylase* (*Th*, dopamine-producing cells, catalog# VC6-15462), *Somatostatin* (catalog# VC6-15126), *Gnrh1*

(catalog# VC6-15463), *Ghrh* (catalog# VC6-15466), *Crh* (catalog# VC6-15465), *Trh* (catalog# VC6-15464), Glutamic acid decarboxylase 67 (Gad67, GABAergic cells, catalog# VC6-11479), Vesicular glutamate transporter (Vglut, glutamatergic cells, catalog# VC6-15119), Glial fibrillary acidic protein (GFAP, glial cells, catalog# VC6-11478), and Vimentin (tanycytes, catalog# VC6-16331). All probes were fragments of the full length RNA sequence.

The hybridized probes were pre-amplified and subsequently amplified according to the manufacturer's protocol. Next, label probe oligonucleotides conjugated to alkaline phosphatase type 1 were hybridized to the corresponding amplifier molecule, followed by Fast Blue and Fast Red substrates. Slides were counterstained briefly with Mayer's hematoxylin and embedded with DAPI-containing aqueous mounting medium (Vectashield, catalog# H-1500; Vector Laboratories, Peterborough, UK) or Innovex Advantage (Innovex, catalog# NB300, Richmond, CA, USA).

Analysis of co-localization in hypothalamus and pituitary gland

Photographs were taken with a Coolsnap HQ2 camera (Photometrics, Tucson, AZ, USA) on a DM5500 microscope (Leica, Wetzlar, Germany), using a 560–580 nm band-pass excitation filter for the *Igsf1* probe, and 672–747 nm for the hypothalamic cell type markers. The paraventricular nuclei were used to assess co-localization of *Igsf1* with *Crh*, *Sst*, and *Ghrh*. *Trh* neurons are found in all parvocellular subdivisions of the PVN, but the hypophysiotropic *Trh* neurons are exclusively located in the medial and periventricular subdivisions at the mid and caudal levels of the PVN (Fekete & Lechan 2014), and these regions were analyzed. The arcuate nuclei were used for the co-localization of *Igsf1* with *Ghrh* and *Th*, the medial preoptic area for *Igsf1* with *Gnrh1*, the tanycytes lining the third ventricle for *Igsf1* and Vimentin, and the entire hypothalamus for *Igsf1* with *Vglut*, *Gfap*, and *Gad67*.

Region of interest (ROI) analysis in ImageJ (National Institutes of Health, Bethesda, MD, USA) was used to mark cells or small regions positive for a marker. A median number of 222 ROI per marker were analyzed (lowest: 43, GHRH) from multiple animals.

Markers of neurosecretory cells (*Crh*, *Sst*, *Th*, *Ghrh*, *Gnrh1*, and *Trh*) and Vimentin filled most of the cell's cytoplasm (on average $70.0 \pm 18.7\%$ of the ROI at $40\times$ magnification). A threshold of 30% for an ROI positive for the marker was used. Markers for *Gad67*, *Vglut*, *Gfap*, and *Igsf1* showed a more diffuse signal (on average $32.3 \pm 9.3\%$

of the ROI at $16\times$ magnification). For these markers, a threshold of 15% was used. The percentage of cells with co-localization was calculated per animal.

For the pituitary gland, SF1, TPIT and PIT1 immunostaining were confined to the cell nucleus, while LH and IGSF1 showed a cytoplasmic staining pattern. Therefore, co-localization analysis was based on visual assessment of 300 cells per marker.

Results

Brain and pituitary gland

Igsf1 mRNA expression was observed in the adult brain, with highest levels in the hypothalamus and choroid plexus, and in the adult pituitary gland (Fig. 1).

Using immunohistochemistry, we observed in the embryonic day (ED) 15 brain the highest levels of IGSF1 protein expression in the epithelial cells of the choroid plexus (Fig. 2A and C) at the apical side facing the lateral and third ventricles. A similar pattern of IGSF1 expression was observed in adult choroid plexus at the protein (Fig. 2D) and mRNA levels (Fig. 2E).

In addition, we observed a heterogeneous pattern of IGSF1 protein expression in Rathke's pouch on ED15 (Fig. 2A and B), with highest expression in the cells facing the lumen of the developing anterior pituitary gland. In the adult rat, we observed a heterogeneous pattern of IGSF1 protein and mRNA throughout the anterior pituitary gland (Fig. 3A and B) and hypothalamus (Fig. 3C). The highest hypothalamic expression was seen in the periventricular zone (e.g., in the median preoptic nucleus, periventricular nucleus, supra-chiasmatic nucleus, arcuate nucleus) and medial zone

Figure 1

Relative *Igsf1* mRNA expression in various organs of the adult rat assessed by qPCR. β -actin was used as an internal control.

Figure 2

IGSF1 immunohistochemical staining was observed in the rat brain at embryonic day 15, specifically in Rathke's pouch (A and B) and the choroid plexus (A and C). The lower boxed region in (A) is magnified in (B) and the upper boxed region is magnified in (C). In the adult rat, IGSF1 was present

in the choroid plexus both at the protein (D) and mRNA levels (E). CP, choroid plexus; RP, Rathke's pouch; TV, third ventricle; LV, lateral ventricle; NC, notochord.

(e.g., in the paraventricular nucleus, supraoptic nucleus, medial preoptic nucleus, ventro- and dorso-medial nucleus), and the lowest expression in the lateral zone. *Igsf1* mRNA was virtually absent in the posterior pituitary gland and in other parts of the brain, although low expression was observed in the cortex, subfornical organ, striatum, and amygdala (Supplementary Figure 1, see section on supplementary data given at the end of this article).

Within the hypothalamus, *Igsf1* mRNA was expressed mostly in *Gfap*-positive glial cells (mean $\pm$ s.d.: $71.3 \pm 9.9\%$ were considered *Igsf1*-positive; Fig. 3D), as well as in cells producing *Th* ($39.5 \pm 13.5\%$) or *Ghrh* ($18.6 \pm 26.3\%$). *Igsf1* mRNA expression was low in *Gad67*-positive GABA-ergic cells ($8.4 \pm 9.5\%$), *Vglut*-positive cells (0%), Vimentin-positive tanycytes (0%), and cells producing *Sst* ($5.1 \pm 1.6\%$), *Gnrh1* ($3.5 \pm 4.9\%$), *Crh* ($6.2 \pm 6.0\%$), or *Trh* ($14.0 \pm 10.8\%$).

Figure 3

In the adult rat, IGSF1 was present in the pituitary gland at the protein (A) and mRNA levels (B). *Igsf1* mRNA was expressed mostly in the periventricular and medial parts of the adult rat hypothalamus (C), where it co-localized principally with GFAP (D). In the adult rat pituitary, IGSF1

protein co-localized mostly with PIT1 (E). TH, tyrosine hydroxylase; Gad67, glutamic acid decarboxylase 67; Vglut, vesicular glutamate transporter; GFAP, glial fibrillary acidic protein.

In the pituitary, IGSF1 protein was observed in the vast majority of cells ($81 \pm 1.4\%$) of the PIT1-lineage (somatotropes, thyrotropes, and lactotropes; Fig. 3E). IGSF1 was absent in cells containing LH and SF1 (gonadotropes) or TPIT (corticotropes).

No sex differences were observed.

Thorax

High expression of *Igsf1* mRNA was detected in the adult heart, and to a lesser extent in skeletal muscle (Fig. 1). *Igsf1* mRNA expression was low in adult thyroid gland and absent in adult lung and thymus (Fig. 1).

We observed IGSF1 protein expression in the developing heart and skeletal striated muscle on ED15; the banded pattern in (cardio-)myocytes was consistent with the costameres (Fig. 4A and B). Costameres represent the structural-functional component connecting force-generating sarcomeres to the cell membrane (or 'sarcolemma') of striated muscle cells. A similar pattern was observed in the adult heart and skeletal muscle (Fig. 4C and D). No sex differences were observed.

We did not observe *Igsf1* mRNA expression in the thyroid gland with *in situ* hybridization, and only noted low immunoreactive staining in the cytoplasm and nucleus of follicular cells (Supplementary Figure 2, see section on supplementary data given at the end of this article). Moreover, the *Igsf1* mRNA observed with qPCR may reflect contamination with muscular tissue that surrounds the thyroid gland. We therefore consider IGSF1 expression in the thyroid gland to be very low, if present at all.

Abdomen

In the abdominal region, we observed *Igsf1* mRNA expression in the adult adrenal gland (Fig. 1). *Igsf1* mRNA

expression was low in the pancreas and absent in the adult spleen, intestines, liver, kidney, prostate, and white and brown adipose tissue.

Immunohistochemical staining of IGSF1 protein was observed on ED15 in the adrenal gland, pancreas, and liver (Fig. 5A, B, and C). Expression in the liver was transient and disappeared the first days after birth (Fig. 5D), resulting in the absence of IGSF1 in adult liver at the protein (Fig. 5E) and mRNA levels (Fig. 1 and Supplementary Figure 3, see section on supplementary data given at the end of this article). In the adult pancreas, a faint staining of the IGSF1 protein was observed exclusively and homogeneously in the islets of Langerhans (Fig. 5F), but virtually no *Igsf1* mRNA was observed with *in situ* hybridization (Fig. 5G). In the adult adrenal gland, IGSF1 protein (Fig. 5H) and mRNA (Fig. 5I) were both expressed solely in the zona glomerulosa of the cortex. No sex differences were observed.

Gonads

Igsf1 mRNA was detected in the adult testis, while it was virtually absent in the prostate and ovary (Fig. 1).

IGSF1 protein expression was not observed in the developing male gonads. However, within the seminiferous tubules of the adult testis, IGSF1 was expressed in Sertoli cells, but remarkably only during stages XIII through VI of the seminiferous epithelium (Fig. 6A, B, and C. For a schematic overview, see Supplementary Figure 4, see section on supplementary data given at the end of this article). Staining was observed throughout the cytoplasm of all Sertoli cells in those stages (and hardly or not in Sertoli cells in other stages), from the basal membrane to the luminal side of the seminiferous tubules. IGSF1 was absent in Sertoli cells of stages VII–XII (Fig. 6B and D). In developing germ cells, IGSF1 was present in the acrosome/nucleus of elongating spermatids during

Figure 4

IGSF1 immunoreactivity was observed in the rat heart and skeletal muscles at embryonic day 15 (A and B) and in adult heart (C) and skeletal muscle (D). The boxed region in (A) is magnified in (B). The banded pattern in (cardio-)myocytes is consistent with the costameres.

Figure 5

IGSF1 immunohistochemical staining was observed in the abdomen of rat at embryonic day 15, mostly in the liver, adrenal gland, and pancreas (A, B, and C). The left boxed region in (A) is magnified in (B) and the right boxed region is magnified in (C). Expression in the liver was transient and disappeared the first days after birth (D), resulting in the absence of IGSF1

in adult liver at the protein (E). In the islets of Langerhans of the adult rat pancreas, IGSF1 was observed at the protein (F), but not at the mRNA level (G). In the adult rat adrenal gland, IGSF1 was confined to the zona glomerulosa of the cortex, both at the protein (H) and mRNA level (I). Lu, lung; A, adrenal; Li, liver; Ki, kidney; P, pancreas.

epithelial stages X through XIII (Fig. 6B and C), occasionally in early pachytene spermatocytes (Fig. 6A), and in germ granules when present in spermatocytes and elongating spermatids (Fig. 6C). In the interstitium, staining of adult Leydig cells was at background levels (Supplementary Figure 5A, see section on supplementary data given at the end of this article). IGSF1 was absent in Sertoli and Leydig cells when in a proliferative stage (13 and 17 dpp; Supplementary Figure 5B). Protein expression and localization in the testis was corroborated by expression at the mRNA level with *in situ* hybridization (Fig. 6D), showing high expression in Sertoli cells in many, but not all, seminiferous tubules and little to no expression in the interstitial Leydig cells.

Discussion

In this study, we investigated the organ and cell-type specific spatial and temporal expression of IGSF1 in the rat. Our results show that IGSF1 is expressed abundantly in the brain, specifically in the choroid plexus and glial cells of the hypothalamus; in somatotropes, thyrotropes, and lactotropes of the pituitary gland; the zona glomerulosa of the adrenal gland; the fetal liver; the costameres of myocytes in heart and skeletal muscle; and in the Sertoli cells and elongating spermatids of the testis. IGSF1 expression was low in the thyroid gland, ovary, and pancreas and absent in lung, adult liver, and adipose tissues. This is the first study to investigate spatial expression of IGSF1 throughout the body, although

Figure 6

Variable expression IGSF1 protein was observed in adult rat testis during representative epithelial stages II–III (A), IV and XII (B), and X (C). Testicular protein expression was corroborated by detection of *Igsf1* mRNA (D), showing high expression in Sertoli cells in many, but not all, seminiferous

tubules and little to no expression in Leydig cells. Arrow, Sertoli cells; S, spermatogonia; L, leptotene spermatocytes; Z, zygotene spermatocytes; P, pachytene spermatocytes; R, round spermatids; E, elongating spermatids; *, germ granules.

profiling of *Igsf1* mRNA expression in human tissue homogenates has been reported in large-scale expression profiling arrays, showing expression in fetal liver, adult human testis, skeletal muscle, hypothalamus, and strongly in the pituitary gland, while it was absent in the adult liver, thyroid gland, adrenal, and ovary (NCBI GEO profiles ID 878068 (Su *et al.* 2002), 4687216 (Su *et al.* 2004), 69561877 (She *et al.* 2009), 10126516 (Ge *et al.* 2005), 49003493 (Dezso *et al.* 2008)).

Expression of IGSF1 in the PIT1-lineage of the pituitary gland is in line with the human clinical phenotype of IGSF1 deficiency, showing decreased free-thyroxine (T₄) with inappropriately normal TSH levels (central hypothyroidism) in all male patients, decreased prolactin in most, and (transiently) decreased GH in some (Sun *et al.* 2012, Joustra *et al.* 2013). It is also consistent with the central hypothyroidism in IGSF1-deficient mice (Sun *et al.* 2012). It is, however, unknown whether this central hypothyroidism is caused by a defect in the hypothalamus, pituitary gland, or both, since no diagnostic tool (including the TRH stimulation test) can determine this with certainty (Persani 2012). TSH secretion is mainly influenced by feed-forward action of hypothalamic TRH and feedback of circulating thyroid hormones, but can be modulated by the negative effects of hypothalamic somatostatin and dopamine, glucocorticoids (Roelfsema & Veldhuis 2013), and autocrine signals such as leptin and neuromedin B (Denef 2008). IGSF1's presence in pituitary thyrotropes and absence in hypothalamic TRH-producing neurons might indicate thyrotrope dysfunction in IGSF1 deficiency, e.g., decreased receptivity to endocrine or autocrine signaling, or impaired TSH synthesis and/or secretion capability. However, the absence of IGSF1 in hypophysiotropic TRH neurons does not rule out a role for the hypothalamus in the central hypothyroidism, since production of TRH relies on a complex and incompletely understood interaction with glial cells, which express *Igsf1* mRNA. Glial cells are thought to convert T₄ to tri-iodothyronine (T₃) using type-2 deiodinase, and 'present' T₃ to the TRH neuron via MCT8 (Alkemade *et al.* 2005). Additionally, glial cells can degrade the TRH secreted in the medial eminence before it reaches the pituitary gland through the glial production of pyroglutamyl peptidase II (Fekete & Lechan 2014). Tanycytes, the specialized glial cells lining the third ventricle responsible for T₄ uptake from the CSF, did not show *Igsf1* expression. However, we observed strong expression in the choroid plexus, involved with producing CSF and controlling macromolecule transport across the blood-CSF barrier. Future research on IGSF1's

role in the hypothalamo–pituitary–thyroid axis should focus on the choroid plexus epithelial cells, hypothalamic glial cells, and pituitary thyrotropes. In humans, *Igsf1* mRNA enrichment has been observed with microarrays in the hypothalamus and amygdala, while no evident enrichment was observed in the choroid plexus (Allen Human Brain Atlas; Hawrylycz *et al.* 2012).

Cell-type specific localization of IGSF1 in the hypothalamus and pituitary gland has not been studied in any adult species before. Our results are in concordance with previous reports of *Igsf1* mRNA expression in homogenates of adult pituitary of rat (Sun *et al.* 2012), mouse (Sun *et al.* 2012), human (Sun *et al.* 2012), and sheep (Fafioffe *et al.* 2004), as well as the adult human brain (Frattini *et al.* 1998, Mazzarella *et al.* 1998). Furthermore, our observations concur with two previous studies that used *in situ* hybridization (although without assessing co-localization) and reported *Igsf1* mRNA expression in most cells of the anterior pituitary of adult rat (Bernard & Woodruff 2001), embryonic mouse (Sun *et al.* 2012), and embryonic human (Sun *et al.* 2012). IGSF1 protein expression in pituitary homogenates was previously reported in adult mice (Sun *et al.* 2012) and humans (Chapman & Woodruff 2001). Immunohistochemical staining was previously demonstrated in adult human pituitary tissue (Faucz *et al.* 2015), but co-localization was only assessed in embryonic mouse pituitary. IGSF1 expression was observed in thyrotropes, somatotropes, and lactotropes, but not gonadotropes (Sun *et al.* 2012), which is consistent with our results in the adult rat. However, increased amounts of *Igsf1* mRNA have been observed in pituitary adenoma secreting GH or prolactin, while decreased amounts were observed in those secreting ACTH or gonadotropins (NCBI GEO profiles ID 11104016 (Morris *et al.* 2005), 83167537 (Michaelis *et al.* 2011)), in accordance with the PIT1 lineage.

Besides congenital central hypothyroidism, male patients with IGSF1 deficiency show a delayed pubertal rise of testosterone and a subsequent delay of the linear growth spurt and development of secondary sex characteristics. Remarkably, the pubertal increase in testicular size is normal, but the testes continue to grow into adulthood, resulting in macroorchidism in all adult patients (Joustra *et al.* 2013). Our observation of IGSF1 in the Sertoli cells of the testis, but not in the gonadotropes or GnRH-producing neurons, and the previous observation of a normal LH response to GnRH in a limited number of patients tested in early puberty (Sun *et al.* 2012), point towards a local defect in the testis. However, complete assessment of the complex neuroendocrine regulation of puberty and reproduction is beyond the

scope of this study. Decreased sensitivity of the Leydig and Sertoli cells to thyroid hormone could explain the delayed testosterone rise (through inhibition of the T₃-dependent increase in LH receptors) and macroorchidism (through prolonged duration of Sertoli cell proliferation) (Weber *et al.* 2003). However, a modulating role for IGSF1 in FSH sensitivity, which determines the proliferation rate of Sertoli cells, could also explain the macroorchidism. Interestingly, the Sertoli cells in rat are preferentially sensitive to FSH during stages XIII through V of the seminiferous epithelium (Parvinen 1982), which coincides with the observed temporal IGSF1 expression pattern. Sensitivity to androgens, on the other hand, is highest at stages VII–VIII (Parvinen 1982), when IGSF1 is absent. Lastly, Leydig cells are known to produce TRH, which locally stimulates Leydig cell development and regulates testosterone secretion, independent of thyroid hormone state (Mendis-Handagama & Siril Ariyaratne 2005). Although IGSF1 was expressed only in low levels in Leydig cells, Sertoli cells can influence Leydig cell function through paracrine signaling (Lejeune *et al.* 1992). It is unknown whether TRH receptor (*Trhr1*) mRNA expression in Leydig cells is decreased in *Igsf1*^{Δex1} mice, as occurs in the pituitary of these mice (Sun *et al.* 2012). Future research should focus on IGSF1's stage-specific role in Sertoli cells of the testis.

Furthermore, IGSF1 was expressed in elongating spermatids. At least 17 other members of the immunoglobulin superfamily are expressed at the membrane of germ cells or spermatozoa (as well as Sertoli cells), where they play roles in cell adhesion or sperm-egg interaction (Toshimori 2009). Knockout of these genes often results in decreased fertility (Toshimori 2009). However, based on their pedigree, IGSF1-deficient male patients do not show severely decreased fertility, suggesting redundancy of IGSF1 in germ cell development.

The current study is the first to assess IGSF1 expression in testis histologically. Our results are in line with reports of *Igsf1* mRNA expression in testis homogenates of adult rat (Bernard & Woodruff 2001), adult sheep (Fafioffe *et al.* 2004), and humans (Frattini *et al.* 1998, Mazzarella *et al.* 1998). One study assessed protein expression with western blot and observed no IGSF1 protein in the testis of adult mice (Sun *et al.* 2012), which could be explained by a species- or strain-specific finding, absence of the epitope, or tissue-specific splicing. The absence of *Igsf1* mRNA in the ovary is in line with two previous reports using northern blot (Bernard & Woodruff 2001, Mazzarella *et al.* 1998).

Our observation of IGSF1 in the zona glomerulosa of the adrenal gland and pancreas cannot be linked directly to

the clinical phenotype of IGSF1 deficiency in humans, as no signs of altered aldosterone production or carbohydrate homeostasis were observed in patients. Also, *Igsf1* mRNA could not be detected with *in situ* hybridization in the pancreas, despite its presence by qPCR. This could be a sensitivity problem of *in situ* hybridization when mRNA expression is low. Despite the unknown relevance of IGSF1 in adrenal gland and pancreas, neuroendocrine properties of the adrenal gland have been attributed to the expression of other members of the immunoglobulin superfamily, such as the neuronal cell adhesion molecules (NCAMs), which are observed specifically in the zona glomerulosa (as well as pituitary gland (Lahr *et al.* 1993) and islets of Langerhans (Lahr *et al.* 1993)) and are involved in cell–cell interactions (Ehrhart-Bornstein & Hilbers 1998). Furthermore, most serum TRH originates from the islets of Langerhans (Kawano *et al.* 1983). Disruption of the TRH gene is associated with hyperglycemia and impaired insulin secretion in response to glucose (Yamada *et al.* 1997). Chronic TRH administration, on the other hand, produces pancreatic hyperplasia (Glasbrenner *et al.* 1990) and reverses the diabetes mellitus observed after damaging the islets of Langerhans in rats (Luo & Jackson 2007). TRH is also produced by the rat adrenal cortex and acts locally as a growth factor, especially in the zona glomerulosa (Zerek-Melen & Pawlikowski 1996). As *Trhr1* mRNA is decreased in the pituitary of *Igsf1*^{Δex1} mice (Sun *et al.* 2012), IGSF1 might regulate TRH action in the adrenal gland and pancreas. Our results corroborate those of an early study showing *Igsf1* mRNA expression in adult rat adrenal gland (Bernard & Woodruff 2001). Moreover, both reports suggest that the transcript is derived from an intronic promoter and corresponds to mRNA isoform 4 described in mouse pituitary (Bernard *et al.* 2003). The rat pancreas has not been investigated previously, but *IGSF1* mRNA expression has been observed in northern blots of the adult human pancreas (Frattini *et al.* 1998, Mazzarella *et al.* 1998).

IGSF1 was also present in the embryonic liver, but decreased rapidly after birth, suggesting a role in a liver function specific to the fetal period (e.g., hematopoiesis). One study reported IGSF1 expression in human hepatocellular carcinoma, implying that the silenced expression of postnatal IGSF1 might be reversible in disease (Patil *et al.* 2005). Although the fetal rat liver has not been investigated before, our results are in line with previous reports of *Igsf1* mRNA expression in northern blots of fetal human liver (Frattini *et al.* 1998, Mazzarella *et al.* 1998) and its absence in the adult rat and human liver (Frattini *et al.* 1998, Mazzarella *et al.* 1998, Chong *et al.* 2000, Bernard & Woodruff 2001).

Unexpectedly, IGSF1 was observed in the costameres of the cardiac and skeletal muscles. Costameres are part of the cortical cytoskeleton of striated muscle cells and connect the force-generating sarcomeres to the cell membrane, and are therefore a critical element of the myocyte (Ervasti 2003). Notably, *Trh* gene transcription has been observed in rat heart and striated muscle, where it enhances myocyte contractility in a paracrine or autocrine way (Shi *et al.* 1996). However, IGSF1 deficient patients do not exhibit overt (cardio-)myopathies, which might be explained by genetic redundancy and may be subject to future study. IGSF1 has not been investigated in rat muscle before, but our results are in line with reports of *IGSF1* mRNA expression in northern blots of adult human heart and skeletal muscle (Frattini *et al.* 1998, Mazzarella *et al.* 1998).

Inherent to expression profiling, the results of our study are limited by the sensitivity and specificity of the techniques used. Furthermore, we must bear in mind that not all cell types present in the hypothalamus and pituitary gland were studied for co-expression, since there are simply too many. Lastly, one must take into account that both testicular function and maturation as well as pituitary hormone secretion are influenced by local paracrine crosstalk (Denef 2008). Therefore, functioning of cells that do not express IGSF1 can still be influenced by IGSF1 on neighboring cells.

In conclusion, we observed expression of IGSF1 in thyrotropes, somatotropes, and lactotropes of the pituitary and in Sertoli cells of the testis. This expression is consistent with deficiency of GH, TSH, and prolactin, delayed pubertal testosterone production, and macroorchidism observed in patients with IGSF1 deficiency. The expression in the choroid plexus and glial cells of the hypothalamus provokes novel hypotheses on the pathophysiology of the central hypothyroidism. IGSF1's function in the adrenal gland, pancreas, fetal liver, and striated muscles cells may be subject of future research. Together, the results of this study will facilitate future research on IGSF1's place in endocrine physiology by providing insight into relevant tissues and cell types.

Supplementary data

This is linked to the online version of the paper at <http://dx.doi.org/10.1530/JOE-15-0204>.

Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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