Defective insulin secretion by chronic glucagon receptor activation in glucose intolerant mice

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Abstract
Stimulation of insulin secretion by short-term glucagon receptor (GCGR) activation is well characterized; however, the effect of long-term GCGR activation on ß-cell function is not known, but of interest, since hyperglucagonemia occurs early during development of type 2 diabetes. Therefore, we examined whether chronic GCGR activation affects insulin secretion in glucose intolerant mice. To induce chronic GCGR activation, high-fat diet fed mice were continuously (2 weeks) infused with the stable glucagon analog ZP-GA-1 and challenged with oral glucose and intravenous glucose Glucagon-like peptide 1 (GLP1). Islets were isolated to evaluate the insulin secretory response to glucose GLP1 and their pancreas were collected for immunohistochemical analysis. Two weeks of ZP-GA-1 infusion reduced insulin secretion both after oral and intravenous glucose challenges in vivo and in isolated islets. These inhibitory effects were corrected for by GLP1. Also, we observed increased ß-cell area and islet size. We conclude that induction of chronic ZP-GA-1 levels in glucose intolerant mice markedly reduces insulin secretion, and thus, we suggest that chronic activation of the GCGR may contribute to the failure of ß-cell function during development of type 2 diabetes.

Key Words
- insulin
- ß-cell function
- glucose intolerance
- chronic glucagon receptor activation

Introduction
Islet dysfunction in type 2 diabetes is bi-hormonal involving both defective insulin secretion and augmented glucagon secretion (Unger & Orci 1975), the latter resulting in chronic elevation of circulating glucagon levels (Larsson & Ahren 2000, Henkel et al. 2005, Menge et al. 2011). Hyperglucagonemia is associated with worsening of hyperglycemia by maintaining inappropriately high liver glucose production (Unger & Eisenraut 1964). Whether hyperglucagonemia also contributes to ß-cell failure in type 2 diabetes is not known but a possibility since ß-cells express glucagon receptors (GCGR) (Kawai et al. 1995, Moens et al. 1996).

Under acute conditions, exogenous administration of glucagon potently stimulates insulin secretion (Samols et al. 1966). However, in extrapancreatic tissues, such as liver (Santos & Blazquez 1982a), brain (Mighiu et al. 2013), and fat (Eaton & Schade 1973), continuous elevation of glucagon levels results in desensitization of the acute response to glucagon. This has also been observed in humans, in whom acute glucagon action in the liver gradually declines during continuous elevation of glucagon levels (Sherwin et al. 1977). Whether a similar loss of effect of chronic glucagon stimulation exists also for ß-cells is not known, but would be an important factor contributing to the progressive decline of ß-cell function in type 2 diabetes.

However, poor physical and chemical stability of glucagon makes it difficult to use native glucagon for...
long-term experimental studies and for long-term infusions, glucagon has to be stabilized by the use of chemical additions (Webb et al. 2002). In the present study we instead utilized the stable glucagon analog ZP-GA-1 (Riber et al. 2013, 2014) to study the effect of chronic GCGR activation on β-cell function in the high-fat diet (HFD) fed mouse model of glucose intolerance.

Materials and methods

Animals

Female C57BL/6J Bomtac mice (average 20 g, 8 weeks old, Taconic, Skensved, Denmark) were fed a HFD (60% fat by energy; D12492, Research Diets) during 10 weeks (Winzell & Ahren 2004). Body weight and food intake were monitored once a week. Food and tap water were provided ad libitum. The animals were housed in groups of six per cage in a temperature-controlled (22 °C) room with artificial lighting maintained on a 12 h light/12 h darkness cycle with light on at 0600 h and off at 1800 h. All experimental procedures were approved by the Animal Ethics Committee in Lund, Sweden.

Glucagon analog ZP-GA-1

The novel glucagon analog ZP-GA-1 (Zealand Pharma A/S, Glostrup, Copenhagen, Denmark) displays superior stability in solution form at physiological pH compared to native glucagon, with a degradation of 1.8% compared to glucose tolerance test (OGTT) was performed where the mice were injected with glucose (0.35 g/kg, Sigma) in a tail vein with or without glucagon-like peptide 1 (GLP1) (3 nmol/kg, Sigma). Blood samples were collected at different time points into heparinized tubes from the retroorbital, intraorbital, capillary plexus. For determination of plasma ZP-GA-1 levels, blood samples were collected into heparinized tubes containing Pierce protease inhibitor (Thermo Scientific, Waltham, MA, USA). After collection, all blood samples were immediately centrifuged (4 °C) and plasma was stored (−20 °C) for subsequent analysis.

Oral and intravenous glucose tolerance tests

For ethical reasons, all in vivo experiments were performed under anesthesia. After 2 weeks of pump implantation, fasted (5 h) mice were anesthetized with an intraperitoneal injection of midazolam (0.4 mg/mouse, Dormicum, Hoffman-La Roche) and a combination of fluanisone (0.9 mg/mouse) and fentanyl (0.02 mg/mouse, Hypnorm, Janssen, Beerse, Belgium). These agents in combination have been shown to have no effect on basal plasma glucose and insulin levels (Zuurbier et al. 2014). After 2-week infusion of ZP-GA-1 (1.5, 15, 150 and 1500 ng/h), an oral glucose tolerance test (OGTT) was performed where the mice were gavaged (0.5 ml) with glucose (75 mg/mouse). For the highest ZP-GA-1 dose (1500 ng/h), an intravenous glucose tolerance test (IVGTT) was performed where the mice were injected with glucose (0.35 g/kg, Sigma) in a tail vein with or without glucagon-like peptide 1 (GLP1) (3 nmol/kg, Sigma). Blood samples were collected at different time points into heparinized tubes from the retroorbital, intraorbital, capillary plexus. For determination of plasma ZP-GA-1 levels, blood samples were collected into heparinized tubes containing Pierce protease inhibitor (Thermo Scientific, Waltham, MA, USA). After collection, all blood samples were immediately centrifuged (4 °C) and plasma was stored (−20 °C) for subsequent analysis.

Islet experiments

Pancreatic islets from vehicle and ZP-GA-1 infused (2-week infusion) HFD fed mice were isolated by collagenase digestion and handpicked under the microscope. Batches of freshly isolated islets were pre-incubated in HEPES balanced salt solution containing 125 mmol/l NaCl,
5.9 mmol/l KCl, 1.28 mmol/l CaCl₂, 1.2 mmol/l MgCl₂, 25 mmol/l HEPES (pH 7.4), 5.6 mmol/l glucose and 0.1% fatty acid free BSA (Boehringer, Mannheim, Germany) at 37 °C during 60 min. Thereafter, islets in groups of three were incubated in 200 μl of the above described buffer with 2.8, 5.6, 8.3, 11.1 and 16.7 mM glucose as well as 11.1 mM glucose + GLP1 (100 nM) at 37 °C during 30 min. Aliquots of the buffer were collected and stored at −20 °C until analysis of insulin levels.

**Immunohistochemistry**

Pancreata from vehicle and ZP-GA-1 infused (2-week infusion) HFD fed mice were isolated, weighed and fixed in 4% formaldehyde overnight. Following dehydration, tissues were embedded in paraffin and sectioned (5 μm). Antigen retrieval of sections was performed in sodium citrate buffer (10 mmol/l sodium citrate, 0.05% Tween 20, pH 6.0) at 95 °C for 20 min and permeabilized in 0.25% Triton X-100 and 0.1% BSA in PBS. Sections were incubated overnight at 4 °C with primary antibodies against insulin (polyclonal guinea pig anti-insulin antibody; EuroProxima, Arnhem, The Netherlands) and glucagon (monoclonal mouse anti-glucagon antibody; Abcam, Cambridge, UK). Detection of immuno-labeled epitopes was made by the fluorescent secondary antibodies DyLight 488 conjugated donkey anti mouse (polyclonal; Abcam), both rabbit anti-guinea pig (polyclonal; Abcam) and DyLight 594 conjugated fluorescent secondary antibodies. Detection of immuno-labeled epitopes was made by the fluorescent secondary antibodies DyLight 488 conjugated donkey anti-mouse (polyclonal; Abcam) and DyLight 594 conjugated donkey anti-mouse (polyclonal; Abcam), both diluted 1:200. Fluorescence images were captured with an Olympus DP72 microscope and processed with CellSens dimension software. β-cell mass was determined by measuring the insulin-positive area per islet and islet size was assessed by determination of insulin + area and glucagon + area per islet from 40 islets per animal, divided on three different sections (separated by 200 μm) per pancreas.

**Plasma analysis**

Plasma glucose was measured with the glucose oxidase method using 2,2'-azino-bis(3-ethyl-benzothiazoline-6-sulphonate) as a substrate with the absorbance measured at 420 nm on a microtiter plate reader (Fluostar/Polarstar Galaxy; BMG Labtechnologies, Offenburg, Germany). Insulin was analyzed with sandwich immunoassay technique (ELISA) using double monoclonal antibodies against insulin (Mercodia, Uppsala, Sweden). The assay for determination of glucagon analog ZP-GA-1 in plasma was based on sample preparation by immuno-precipitation using Dynabeads M-270 Epoxy (Life Technology AS, Oslo, Norway) followed by detection by electrospray LC-MS/MS using Xevo TQ-S mass spectrometer (Waters Corporation, Manchester, UK). The method has a lower limit of quantification (LLOQ) of 0.04 nmol/l.

**Statistical analysis**

Data are reported as mean values ± S.E.M. Statistical significances were assessed by using Student’s t-test or ANOVA. Glucose elimination was quantified using the glucose elimination constant (Kg), calculated as the slope of the logarithmic transformation of circulating glucose between 30 and 120 min (for OGTT) and between 1 and 50 min (for IVGTT). Suprabasal area under the curve (sAUC) was calculated by the trapezoidal rule for insulin data during time intervals 0–60 min (for OGTT) and 0–10 min (for IVGTT). Basal insulin sensitivity was assessed by the QUICKI index 1/(log(basal insulin) + log(basal glucose)). Significant statistical difference was considered at P<0.05 whereby asterisks indicate the probability level of random difference between the groups.

**Results**

**Basal glucose, but not basal insulin and body weight, are elevated by ZP-GA-1**

There was no difference in body weight between the groups before or after osmotic pump implantation, but a significantly higher basal glucose level in the ZP-GA-1 infused mice compared to control (P<0.01) (Table 1). Basal insulin levels were similar between groups (Table 1). Also, there was no difference in basal insulin sensitivity (QUICKI) between the two groups (Table 1).

**Insulin response to oral glucose is reduced by ZP-GA-1**

A 2-week infusion of ZP-GA-1 (1.5, 15, 150 and 1500 ng/h) dose dependently reduced the insulin response to oral glucose.

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Body weight, basal glucose and insulin levels and basal insulin sensitivity (QUICKI) in high-fat diet fed mice infused with vehicle or ZP-GA-1 (1500 ng/h) during 2 weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Body weight (g) (day 0)</strong></td>
<td><strong>Vehicle</strong></td>
</tr>
<tr>
<td>Body weight (g) (day 0)</td>
<td>29.3 ± 0.8</td>
</tr>
<tr>
<td>Basal glucose (mM)</td>
<td>9.8 ± 0.3</td>
</tr>
<tr>
<td>Basal insulin (pM)</td>
<td>293 ± 28</td>
</tr>
<tr>
<td>QUICKI</td>
<td>0.294 ± 0.004</td>
</tr>
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</table>

Means ± S.E.M. are shown, n = 22–23 mice. **P<0.01.
glucose (Fig. 1A). For the highest ZP-GA-1 dose (1500 ng/h), postprandial (120 min) ZP-GA-1 levels in plasma were measured to 136 ± 19 pM (Fig. 1B), which is ~100 times higher than that of native basal glucagon in mice (Malmgren & Ahren 2015), however, only two times higher than that of the glucagon response to hypoglycemia (Berglund et al. 2008). The elevation of plasma ZP-GA-1 resulted in a significant lowering of insulin secretion in response to glucose compared to control (Fig. 1D), also shown with 30 min sAUC insulin levels (Fig. 1F). Also, there was a trend for elevation of postprandial plasma glucose levels in the ZP-GA-1 treated group (60 min, \( P = 0.06; 120 \text{ min, } P = 0.07 \)) (Fig. 1C), which was associated with reduced glucose elimination (\( K_G \)) (\( P < 0.05 \)) (Fig. 1E).

### Insulin response to intravenous glucose is reduced by ZP-GA-1 and corrected for by GLP1

During IVGTT, chronic (2 weeks) infusion of ZP-GA-1 via osmotic pump significantly reduced insulin levels compared to control (1 min, \( P < 0.05; 5 \text{ min, } P < 0.01; 10 \text{ min, } P < 0.01; 20 \text{ min, } P < 0.001 \)) (Fig. 2B), also shown by lower 10 min AUC data (Fig. 2F). Also, we observed increased plasma glucose levels compared to control mice (10 min, \( P < 0.05; 20 \text{ min, } P < 0.001; 30 \text{ min, } P < 0.01 \)) (Fig. 2A), which was associated with reduced glucose elimination (\( K_G \)) (Fig. 2E). After co-injection of GLP1 with glucose there were no longer any difference in plasma glucose (Fig. 2C) and insulin (Fig. 2D) levels between the groups.

### Insulin secretion in isolated islets is reduced by ZP-GA-1 and corrected for by GLP1

Isolated islets from the mice infused with ZP-GA-1 had reduced insulin secretion when incubated in moderate to high glucose concentrations compared to control (8.3 mM, \( P < 0.001; 11.1 \text{ mM, } P < 0.05; 16.7 \text{ mM, } P < 0.05 \)), whereas responses to basal and lower glucose concentrations were unchanged between groups (Fig. 3). Also, the insulino-tropic effects of GLP1 in the presence of 11.1 mM glucose were not different between groups (Fig. 3).
β-cell area and islet size are increased by ZP-GA-1

Representative images of islets from vehicle and ZP-GA-1 infused mice, fluorescently stained for insulin and glucagon, are show in Fig. 4. There was no difference in the pancreas weight of vehicle and ZP-GA-1 infused mice (Table 2). The immunohistochemical analysis of the pancreatic sections from the ZP-GA-1 infused mice showed increased area of insulin fluorescent staining per islet compared to control (P<0.01) (Table 2). There was a trend also for increased area of glucagon fluorescent staining per islet; however, it was not statistically different between groups (Table 2). Islet size, i.e., the combined area of insulin and glucagon fluorescent staining, was increased in the ZP-GA-1 infused mice compared to control (P<0.01) (Table 2).

Discussion

Hyperglucagonemia is an important factor for type 2 diabetes which contributes to increased hepatic glucose production (Rizza 2010). In spite of this, however, little is known about the role of chronically elevated glucagon levels for β-cell function. A reason for this is the lack of appropriate models of long-term glucagon action, which in part is due to difficulties in administering native glucagon long-term because of poor chemical and physical stability. Therefore, in the current study, we administered a stable glucagon analog (ZP-GA-1) to mice fed a HFD to create a novel model for studying effects of chronic GCGR activation on β-cell function. The HFD fed mice do not develop hyperglucagonemia (Ahlkvist et al. 2013) which allowed us to study the impact of chronic GCGR stimulation on glucose tolerance in a glucose intolerant model without the confounding factor of endogenous hyperglucagonemia. In these mice, 2-week ZP-GA-1 infusion markedly reduced the insulin response to oral glucose. Thus, the ability of these HFD fed mice to compensate for insulin resistance by increasing insulin

Figure 3
In isolated islets from ZP-GA-1 infused mice, the insulin response to glucose was reduced and corrected for by GLP1. Insulin responses (1 h) of islets, isolated from high-fat diet fed mice infused with vehicle (black bars) or glucagon analog ZP-GA-1 (1500 ng/h) (white bars), to glucose at 2.8, 5.6, 8.3, 11.1 or 16.7 mM or at 11.1 mM with GLP1 (100 nM, striped bar). Means ± S.E.M. are shown, n = 6 mice in each group. *P<0.05 and ***P<0.001.

Figure 4
Representative images showing insulin+ area (red staining), glucagon+ area (green staining) and merge (red and green staining combined) of 120 islets per pancreas collected from high-fat diet fed mice infused with vehicle (upper panel) or glucagon analog ZP-GA-1 (1500 ng/h) (lower panel) during 2 weeks. Scale bar 50 µm, n = 6 mice/group.
secretion is reduced, which leads to significant reductions in glucose clearance. However, in spite of different insulin responses, plasma glucose levels were similar between groups, which likely reflect the underlying insulin resistance. When bypassing the gut, challenging β-cells with intravenous glucose revealed, similarly, impaired insulin secretion. Interestingly, under these conditions we also observed a compensatory increase in β-cell area. The observed defect in glucose-stimulated insulin secretion was corrected for by GLP1.

Chronic exposures to target tissues of a wide range of hormones has been shown to result in desensitization of effect, exemplified by tissue resistance to insulin (Rizza et al. 1985, Paolisso et al. 1988) and adrenaline (Stallknecht et al. 1997). In line with this, desensitization of glucagon action has previously been shown in various organs that are responsive to glucagon (Eaton & Schade 1973, Santos & Blazquez 1982a, Migliu et al. 2013). In chickens, twice daily injections of glucagon during 2 weeks resulted in increased fat deposition, indicative of reduced lipolytic activity. When bypassing the gut, challenging β-cells with intravenous glucose revealed, similarly, impaired insulin secretion. Interestingly, under these conditions we also observed a compensatory increase in β-cell area. The observed defect in glucose-stimulated insulin secretion was corrected for by GLP1.

Table 2  Pancreas weight, islet area, β-cell area and α-cell area of pancreatic sections from high-fat diet fed mice infused with vehicle or ZP-GA-1 (1500 ng/h) during 2 weeks. Means ± S.E.M. are shown, n=6 mice (of which 120 islets were analyzed per animal)

<table>
<thead>
<tr>
<th></th>
<th>Vehicle</th>
<th>ZP-GA-1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pancreas weight (mg)</td>
<td>298±11</td>
<td>307±10</td>
</tr>
<tr>
<td>Islet area (μm²)</td>
<td>16 503±1564</td>
<td>27 250±1975</td>
</tr>
<tr>
<td>β-cell area (μm²)</td>
<td>13 481±1323</td>
<td>23 526±1790**</td>
</tr>
<tr>
<td>α-cell area (μm²)</td>
<td>2378±314</td>
<td>3118±313</td>
</tr>
</tbody>
</table>

**P<0.01.

which could be a contributing possibility in our studies. The important conclusion is, however, that chronic GCGR activation is detrimental for β-cell function.

Consistent with the idea that chronic glucagon may be casually linked to β-cell dysfunction, glucagon has been shown to play an important role in sensitizing glucose-stimulated insulin secretion (Pipeleers et al. 1985, Huypens et al. 2000), by maintaining appropriate levels of intracellular cAMP within the β-cells (Cypess et al. 1999). Indeed, when boosting endogenous glucagon signaling, by overexpressing GCGRs specifically on pancreatic β-cells, glucose-stimulated insulin secretion was enhanced (Omar et al. 2014). This is compatible with a conclusion of a reduced receptor sensitization explaining the impaired insulin secretion by chronic GCGR activation. Interestingly, the impaired insulin secretion was corrected for by GLP1, which like glucagon also signals through cAMP (Drucker et al. 1987). In line with this, it has been shown that type 2 diabetics who have reduced first-phase insulin responses to glucose do have improved first-phase responses to the cAMP-elevating agent isoprenaline (Robertson & Porte 1973), pointing to the presence of intact cellular signaling components necessary for first-phase insulin secretion. These collective observations may suggest that defects in insulin secretion seen during chronic GCGR activation may be caused by desensitization of glucagon action, mediated through cAMP. Previous studies have implicated both the loss of GCGRs in the cell membrane and defects in downstream signaling pathways as part of glucagon-mediated desensitization processes (Premont & Iyengar 1988), however this needs to be further investigated during long-term conditions.

In the islet experiments, the effect of GLP1 was not as pronounced, which implies that peripheral factors, such as nerves, are also of importance for the insulin response to GLP1 (Nishizawa et al. 1996).

Interestingly, immunohistochemical analysis of pancreatic sections revealed that infusion of ZP-GA-1 during 2 weeks significantly increased islet size, without any changes in pancreas weight. The increase in islet size was well correlated with an increase in the area of insulin staining, which is an indirect estimate of β-cell mass. The mechanism of this effect of ZP-GA-1 is not known, but the failure of β-cells to secrete sufficient insulin during chronic GCGR activation, to cover the need of target tissues, may contribute to the expansion of β-cell mass. Indirectly, increased hepatic glucose production, due to chronic ZP-GA-1 levels, may put a further strain on the β-cells and potentially contribute to the increase in β-cell mass. Furthermore, although there was no difference in basal secretion.
insulin sensitivity, we cannot rule out that dynamic changes in insulin sensitivity during the course of the 2-week study were involved in the observed changes in β-cell mass. Although not significant, we observed a trend for increased glucagon staining, and thus, increased β-cell area may to some extent also contribute to the increase in islet size.

In the present study, continuous (2 weeks) infusion of the glucagon analog ZP-GA-1 in glucose intolerant mice is used as a surrogate method for studying chronic GCGR activation in humans. Thus, there are several limitations to this study that needs to be addressed. First, although the HFD fed mouse model in many ways resembles the condition of pre-diabetes in humans (Winzell & Ahren 2004), the current findings also need to be validated in human studies. Concerning timing and administration, continuous infusion of ZP-GA-1 does not reflect pulsatile glucagon secretion (Gylfe & Gilon 2014), and thus, lack of dynamic plasma ZP-GA-1 levels may in itself cause desensitization of glucose-stimulated insulin secretion. However, since fasting glucagon levels are elevated ~40% in type 2 diabetes (Menge et al. 2011), continuous elevation of blood glucagon levels is in this regard a suitable simulator of chronic GCGR activation. Furthermore, 2 weeks of ZP-GA-1 infusion is a limited time period and therefore we cannot draw any conclusions on the long-term effects of ZP-GA-1 on β-cell function. Concerning the glucagon analog, it is not known whether ZP-GA-1 may act differently on the GCGR, resulting in downstream intra-cellular signals that are different from that of native glucagon. Therefore, whether the current reduction in insulin secretion, observed during ZP-GA-1 infusion, is also seen during hyperglucagonemia remains to be established.

In conclusion, a 2-week infusion of the glucagon analog ZP-GA-1 in high-fat fed mice results in reduced insulin secretion which is corrected for by GLP1. This suggests that chronic GCGR activation may contribute to the progressive β-cell dysfunction in type 2 diabetes which further underlines that hyperglucagonemia is a target for treatment of type 2 diabetes.

Declaration of interest
L A, B O and B A have no conflicts of interest to disclose. A V and K F are employees at Zealand Pharma and K F owns stocks in Zealand Pharma.

Author contribution statement
L A contributed with the design of the study, undertaking of the experiments, analyzes and statistics, interpretation and discussion of the data and writing the manuscript. B O contributed with the design of the study and gave comments to the manuscript. A V contributed with design of the study and analysis of plasma ZP-GA-1. K F contributed with the design of the study and gave comments to the manuscript. B A contributed with design of the study, interpretation and discussion of the data and writing the manuscript. L A is the guarantor of this work and, as such, had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

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