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The depot-specific and essential roles of CBP/p300 in regulating adipose plasticity

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Abstract

Fat remodeling has been extensively explored through protein deacetylation, but not yet acetylation, as a viable therapeutic approach in the management of obesity and related metabolic disorders. Here, we investigated the functions of key acetyltransferases CBP/p300 in adipose remodeling and their physiological effects by generating adipose-specific deletion of CBP (*Cbp-AKO*), p300 (*p300-AKO*) and double-knockout (*Cbp/p300-AKO*) models. We demonstrated that *Cbp-AKO* exhibited marked brown remodeling of inguinal WAT (iWAT) but not epididymal WAT (eWAT) after cold exposure and that this pattern was exaggerated in diet-induced obesity (DIO). Despite this striking browning phenotype, loss of Cbp was insufficient to impact body weight or glucose tolerance. In contrast, ablation of *p300* in adipose tissues had minimal effects on fat remodeling and adiposity. Surprisingly, double-knockout mice (*Cbp/p300-AKO*) developed severe lipodystrophy along with marked hepatic steatosis, hyperglycemia and hyperlipidemia. Furthermore, we demonstrated that pharmacological inhibition of Cbp and p300 activity suppressed adipogenesis. Collectively, these data suggest that (i) CBP, but not p300, has distinct functions in regulating fat remodeling and that this occurs in a depot-selective manner; (ii) brown remodeling occurs independently of the improvements in glucose metabolism and obesity and (iii) the combined roles of CBP and p300 are indispensable for normal adipose development.

Key Words

- ▶ Cbp/p300
- ▶ acetyltransferase
- ▶ fat remodeling
- ▶ browning
- ▶ obesity
- ▶ adipocyte
- ▶ lipodystrophy

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Introduction

White adipose tissue (WAT) is characterized by unilocular lipid-filled adipocytes, low Ucp1 expression and a primary function of energy storage, while brown adipose tissue (BAT) is characterized by multilocular lipid droplets within its adipocytes, high Ucp1 expression and a high capacity for energy expenditure and thermogenesis. Browning of WAT is defined by the presence of brown-like or ‘beige’ cells interspersed within WAT that result in the switch of

WAT function from energy storage to energy expenditure and is thereby associated with better metabolic outcomes marked by reduced body weight, increased oxygen consumption and improved glucose metabolism (Guerra *et al.* 1998, Petrovic *et al.* 2010, Vegiopoulos *et al.* 2010, Seale *et al.* 2011, Wu *et al.* 2012). With the use of genetically modified mouse models, pharmacological agents and environmental cues, we and others have been

able to identify different factors involved in the regulation of adipose tissue remodeling, which serves as a promising therapeutic tool in the treatment of obesity and its associated comorbidities (Coskun *et al.* 2008, Bordicchia *et al.* 2012, Qiang *et al.* 2012, Zhang *et al.* 2014).

Sirtuin 1 (SirT1), the NAD⁺-dependent deacetylase, is known to play significant roles in regulating metabolism, as the overexpression of SirT1 in mice results in improved glucose homeostasis, induction of browning and expression of browning markers in inguinal WAT after cold challenge (Banks *et al.* 2008, Qiang *et al.* 2012, Xu *et al.* 2013). Similarly, pharmacological activation of SirT1 with agents such as Resveratrol and SIRT1720 can protect from obesity, increase energy expenditure and improve insulin sensitivity (Lagouge *et al.* 2006, Milne *et al.* 2007, Feige *et al.* 2008). Conversely, *Sirt1*-knockout mice exhibit increased body weight, insulin resistance and inflammation in epididymal WAT, all as a consequence of DIO (Gillum *et al.* 2011, Chalkiadaki & Guarente 2012, Mayoral *et al.* 2015, Xu *et al.* 2016). As such, the phenomenon that increasing deacetylase activity regulates adipose remodeling suggests that the repression of acetyltransferase activity may be an alternative approach toward targeting obesity and its comorbidities.

CBP (CREB-binding protein) and p300 (E1a-binding protein) comprise the KAT3 family, a sub-class of histone acetyltransferases, and the sequence similarity between the two proteins suggests functional likeness (Bedford *et al.* 2010). They primarily function through their acetyltransferase activity and their interactions with other transcription factors in the regulation of gene transcription (Kasper *et al.* 2010). CBP and p300 regulate energy homeostasis in major metabolic organs including the liver, skeletal muscle and adipose tissue (Roth *et al.* 2003, He *et al.* 2009, Bedford *et al.* 2011, He *et al.* 2012, 2013). The importance of CBP in energy homeostasis is suggested by the fact that *Cbp* heterozygous-null mice were protected from DIO and improved glucose metabolism (Yamauchi *et al.* 2002). Phosphorylation of CBP at serine 436 increased responses to insulin and metformin upon suppression of hepatic gluconeogenesis, whereas mice carrying a phosphorylation-deficient mutation suffered from insulin intolerance (He *et al.* 2009). Additionally, mutant mice in which the CH1 domains of the p300 and Cbp proteins were deleted display reduced body weight and adiposity and improved glucose and insulin tolerance (Bedford *et al.* 2011). Most recently, the loss of *Cbp* in the hypothalamus was shown to result in obesity, glucose intolerance and insulin resistance (Moreno *et al.* 2016). In contrast, mutations in CBP and p300 in humans are

often found in a rare genetic congenital disease named Rubinstein-Taybi syndrome, and patients with this disease develop obesity around puberty (Milani *et al.* 2015). These studies collectively indicate that CBP and p300 play significant roles in energy metabolism; however, their specific roles in regulating adipose tissue function and remodeling are yet to be examined.

In this study, we sought to investigate the direct effects of acetyltransferase on adipose tissue remodeling by selectively inducing the deletion of *Cbp* and/or *p300* using the adiponectin-Cre recombinase. While the adipose loss of *p300* did not have a significant impact on adipose remodeling, the loss of *Cbp* selectively induced browning in inguinal WAT and reduced both adipose tissue mass and adipocyte size. In addition, the double-knockout mice, *Cbp/p300*-AKO, exhibited severe lipodystrophy accompanied by hyperglycemia, hyperlipidemia and hepatic steatosis. Furthermore, we demonstrated that selective inhibition of Cbp and p300 activity *in vitro*, using 3T3-L1 cells, suppressed adipogenesis. Our study highlights the unique functions of CBP and p300 in the regulation of fat remodeling and development and provides evidence for the therapeutic potential of CBP- and p300-selective inhibitors in the treatment of obesity.

Materials and methods

Animal studies

Cbp^{fllox/fllox} (Kang-Decker *et al.* 2004), *p300^{fllox/fllox}* (Kasper *et al.* 2006) and *adiponectin-Cre* (*adipoq-Cre*) (Eguchi *et al.* 2011) mice and the genotyping primers have been previously described. These mice were purchased from Jackson Laboratories. In order to target gene deletion to adipose tissue, we crossed *Cbp^{fllox}* or *p300^{fllox}* with *adipoq-Cre* mice to generate *Cbp^{fllox/fllox}, adipoq-Cre* (*Cbp*-AKO) and *Cbp^{F/F}* (controls); *p300^{fllox/fllox}, adipoq-Cre* (*p300*-AKO) and *p300^{F/F}* (controls). Different mating combinations were used to generate double mutants with *Cbp* and *p300* conditional deletion in adipose tissue (*Cbp/p300*-AKO). Littermates without Cre recombinase, *Cbp^{F/F}/p300^{F/F}*, were used as controls in the experiments. The deletion of CBP exon 9 (2002–2119) was confirmed by using primer Cbp-F: ACTCTGGTAACATTGGAAGCC and Cbp-R: AGCCCCAGAAGCTGGTAAAG, while p300 exon 9 (2179–2296) deletion was confirmed by using primer p300-F: CCTTTGCCAACAGCAGCTCA and p300-R: GACCCATGCCAGGAGCATT. Studies in the double-knockout mice were done at 12 weeks of age. Mice were housed on a 12-h light/darkness cycle with access

to regular chow (Pico Lab Diet 5053, Purina Mill Inc, Brentwood, MO, USA) and water *ad libitum*. For chronic cold exposure, 8-week-old mice were housed at 4°C for 4 days and their body temperature was measured at the same time daily during the 12-h light cycle. Eight-week-old mice were maintained on a high-fat diet (HFD) consisting of 60% calories from fat (D12492, Research Diets Inc) for 8–12 weeks to promote DIO. The Institutional Animal Care and Use Committee at Columbia University approved all animal protocols.

Metabolic assessment

We measured body composition by nuclear MRI (Echo Medical systems, Houston, TX, USA). To assess glucose tolerance, mice were fasted for 16 h and given access to water *ad libitum*. We injected mice intraperitoneally (i.p) with 20% D-glucose at a dose of 1 g/kg body weight. For the insulin tolerance test, mice were fasted for 4 h. After measuring the base blood glucose, mice were i.p injected with insulin at a dose of 0.75 U/kg body weight. Blood glucose was then measured from the tail tip using a One Touch Ultra glucometer (LifeScan, Milpitas, CA, USA). We used colorimetry-based assays to measure serum non-esterified fatty acids (Wako Life Sciences), cholesterol (Wako Life Sciences) and total triglycerides (Thermo Scientific) and the Leptin ELISA kit is from Sigma-Aldrich. We dissected out the liver, BAT, epididymal WAT (eWAT) and inguinal WAT (iWAT) for subsequent analyses.

Cell culture

3T3-L1 cells were maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% calf serum and 1% penicillin/streptomycin (antibiotics) until confluency. After 2 days of confluence (Day 0), cells were induced to differentiate into adipocytes in DMEM containing 10% fetal bovine serum (FBS), antibiotics and the standard cocktail of 0.5 mM isobutyl-1-methylxanthine, 1 μ M dexamethasone and 1.7 μ M insulin. Starting at Day 3, cells were maintained in DMEM containing 10% FBS and 0.425 μ M insulin, which was changed every 2 days. On Day 6, cells were fixed in 4% paraformaldehyde followed by either BODIPY and DAPI or Oil Red O staining. To assess the effects of Cbp and p300 on adipogenesis and browning, cells were treated with a selective CBP/p300 inhibitor (A485) or an inactive mimic (A486) (Lasko *et al.* 2017) at 3 μ M either upon induction (Day 0) or after differentiation (Day 9) for 24 h.

Gene expression analysis

We homogenized tissues and cells in TRIzol (Thermo Fisher) and isolated total RNA using the NucleoSpin RNA set for Nucleozol kit (Macherey–Nagel) and prepared cDNA using 1 μ g of total RNA with the High-Capacity cDNA Kit (Applied Biosystems). We then measured gene expression by Real-time PCR (qPCR) using GoTaq qPCR master mix (Promega). We calculated relative gene expression using the $\Delta\Delta$ Ct methods with ribosomal protein L23 (*Rpl23*) and cyclophilin A (*CypA*) as the reference genes in the tissues and cells respectively.

Histology

Tissues were fixed in 10% buffered formalin and embedded in paraffin. We sectioned the paraffin-embedded tissues (~8 μ M) and stained with hematoxylin and eosin (H&E). We analyzed and took images using the NIS Elements imaging software (Nikon instruments). Adipocyte size was measured using NIH Image J software (version 1.49t).

Statistical analysis

We used GraphPad Prism 6 (GraphPad Software) for all analyses and determined statistical significance at $P \leq 0.05$. All data points are presented as means $\pm$ standard error of means (S.E.M.).

Results

Adipose loss-of-function of Cbp or p300 has minimal effects on obesity and glucose homeostasis

A possible role of CBP in energy metabolism has been previously suggested by the lean phenotype in *Cbp* heterozygous mice (*Cbp*^{+/-}) (Yamauchi *et al.* 2002), but it is unclear whether this was directly caused by alterations in adipose plasticity or was secondary to changes in other tissues. Whole-body deletion of the CH1 domain in *Cbp* or *p300* results in better metabolic outcomes with less adiposity (Bedford *et al.* 2011). However, it remains unclear whether CBP/p300, the key acetyltransferases, regulate adipose plasticity and whether their adipose functions directly underpin the systemic metabolic phenotypes. We first examined the expression of *Cbp* and *p300* in the context of fat remodeling, either cold-induced browning or HFD-induced obesity, and observed different patterns in their depot-specific alterations (Fig. 1A and B). For example, cold challenge downregulated *Cbp* in iWAT

and BAT but not in eWAT, whereas *p300* was repressed in BAT but induced in eWAT. HFD feeding induced *p300* in eWAT and iWAT but not in BAT. These data suggest the distinct, depot-specific functions of *Cbp* and *p300* in fat remodeling.

To further understand their functions in fat remodeling, we conditionally ablated *Cbp* or *p300* in adipose tissues by crossing *Cbp^{fllox}* or *p300^{fllox}* with *adipoq*-cre mice resulting in *Cbp^{fllox/fllox}* (*Cbp^{F/F}*) controls or *Cbp^{fllox/fllox}*, *adipoq*-Cre (*Cbp*-AKO) and *p300^{fllox/fllox}* (*p300^{F/F}*) controls or *p300^{fllox/fllox}*, *adipoq*-Cre (*p300*-AKO) mice respectively. This strategy resulted in successful deletions of exon 9 of both proteins, which encodes the catalytic domain (Supplementary Fig. 1, see section on supplementary data given at the end of this article) (Kang-Decker *et al.* 2004, Kasper *et al.* 2006). Surprisingly, despite the crucial functions of CBP in transcriptional regulation and in chromatin remodeling, loss of *Cbp* showed no effect on body weight (Fig. 2A), fat content (Fig. 2B and C),

glucose tolerance (Fig. 2D) or insulin sensitivity (Fig. 2E). Ablation of *p300* phenocopied the minimal effects on body weight and composition and on glucose homeostasis (Fig. 2F, G and H, and data not shown). In addition, their effects were not sexually dimorphic since they were recapitulated in females. Therefore, CBP and *p300* seem dispensable in the maintenance of normal adipose functions, and the anti-obesity effects in their whole-body partial loss of functions are unlikely to originate from adipose tissues.

Loss of *Cbp*, but not *p300*, promotes browning preferentially in subcutaneous white fat

Since protein deacetylase SirT1 gain-of-function (Qiang *et al.* 2012) and PPAR γ deacetylation (Kraakman *et al.* 2018) promote adipose brown remodeling, we asked whether loss of the acetyltransferase of PPAR γ , CBP or *p300* could produce a similar browning phenotype. To this end, we examined the responses of *Cbp*-AKO or *p300*-AKO mice to cold exposure. Cold treatment had the same effects on body temperature (Fig. 3A), body weight (Fig. 3B) and epididymal (eWAT) and inguinal (iWAT) adipose tissue mass (Fig. 3C) in the *Cbp*-AKO mice compared to the *Cbp^{F/F}* control group. We followed up with molecular assessment by measuring the gene expression levels of browning and pan-adipocyte markers in iWAT and eWAT after cold treatment. Despite the identical core body temperatures of the *Cbp*-AKO mice and the control mice, the expression of browning markers such as *Ucp1*, *Dio2*, *Elovl3* and *Cox7a1* in the iWAT of the knockout mice was surprisingly upregulated (Fig. 3D). Similar to the observations in SirT1 gain of functions (Qiang *et al.* 2012) or PPAR γ deacetylation mouse models (Kraakman *et al.* 2018), the selective regulation of brown genes was recapitulated in the *Cbp*-AKO mice as the pan-adipocyte markers were not affected in their iWAT in response to cold exposure (Fig. 3E). Additionally, the browning effect of *Cbp* ablation is depot specific. In the eWAT from *Cbp*-AKO mice, we observed a predominant downregulation of most of the browning markers (Fig. 3F). However, given the extremely low thermogenic capacity of eWAT, this observed decrease of browning is unlikely to significantly compromise iWAT thermogenesis. Pan-adipocyte markers were mildly affected with a downregulation of *Adiponectin* and *Glut4* in the eWAT of *Cbp*-AKO mice (Fig. 3G). The effects of *Cbp* ablation in BAT were largely blunted during cold challenge (Fig. 3H and I). Regardless, the white adipocyte-enriched genes *Adipsin* and *Resistin* were repressed by *Cbp* ablation in both eWAT and BAT (Fig. 3G and I), in line with its browning function in iWAT. Taken together, the data demonstrated a depot-specific effect of *Cbp* in fat remodeling.

Figure 1

Depot-specific changes of *Cbp* and *p300* expression during fat remodeling. Male WT C57BL/6 mice were either induced obesity by HFD feeding (HFD-RT) or induced brown remodeling by exposure to chronic cold (4°C for 4 days). The expression of *Cbp* (A) and *p300* (B) in different depots was analyzed by qPCR. Data are presented as mean $\pm$ S.E.M., * $P < 0.05$ and ** $P < 0.01$ vs control group (Chow-RT), $n = 6$ /group.

Figure 2

Adipose loss of *Cbp* or *p300* has no effect on adiposity or glucose metabolism. Six-month-old mice maintained on regular chow. (A, B, C, D and E) in *Cbp*-AKO and control mice, (A) body weight, (B and C) body fat composition in males and females ($N = 8, 7$ males, 14, 15 females), (E) glucose tolerance test and (F) insulin tolerance test. (F, G and H) In *p300*-AKO and *p300*^{F/F} mice, (F) body weight, (G and H) body fat composition in males and females ($N = 5, 4$ males; 4, 6 females). Data are presented as mean $\pm$ S.E.M.

In parallel, we exposed *p300*-AKO to the cold and observed the similar blunted effects on body temperature (Fig. 4A), body weight (Fig. 4B) and fat pad sizes (Fig. 4C) relative to the *p300*^{F/F} control mice. In contrast to *Cbp*-AKO mice, ablation of *p300* in fat showed minimal effects on adipocyte gene expression. Neither brown markers nor pan-adipocyte genes in iWAT, eWAT or BAT were significantly altered in the *p300*-AKO (Fig. 4D, E, F, G, H and I). The blunted effects of *p300* deletion were not caused by compensation from *Cbp* as it was not upregulated in any of the fat depots. Though CBP and *p300* tend to be considered functionally redundant, we have shown that *p300* is dispensable for adipose development and brown remodeling.

Cbp deficiency reduces adiposity and promotes browning in iWAT under HFD conditions

Given the significant browning in the iWAT of *Cbp*-AKO mice, we asked whether adipose loss of *Cbp* could protect from DIO and the associated insulin resistance. We fed

Cbp-AKO and *Cbp*^{F/F} (control) mice a HFD for 12 weeks. While they had the same body weight (Fig. 5A), *Cbp*-AKO mice had slightly lower fat composition (Fig. 5B), and their iWAT and eWAT fat pads were reduced by about 40% relative to the control littermates (Fig. 5C). The reduced iWAT and eWAT were caused by the inhibition of adipocyte hypertrophy rather than hyperplasia as the adipocytes from the *Cbp*-AKO mice were smaller than those from the control mice when maintained on a HFD, particularly in iWAT (Fig. 5D and E). Moreover, given the inhibition of hypertrophic obesity, we expected to see metabolic improvements in the knockouts. However, the *Cbp*-AKO mice surprisingly did not show significant improvements in glucose tolerance (Fig. 5F) or insulin sensitivity (not shown).

Since *Cbp* ablation promoted brown remodeling of iWAT in the *Cbp*-AKO mice upon cold exposure, we asked whether browning could be adapted in these knockout mice as a protective mechanism from DIO. Their gene expression profile in the eWAT and iWAT was consistent

Figure 3

Loss of *Cbp* in adipose induces brown remodeling selectively in subcutaneous WAT after cold exposure. 6-month-old male *Cbp-AKO* and *Cbp^{F/F}* control mice maintained on regular chow and housed at 4°C for 4 days. (A) Core body temperature; (B) body weight; (C) adipose mass; real-time qPCR analysis of browning genes and regulators (D, F and H) and adipogenic genes (E, G and I) from iWAT, eWAT and BAT respectively of *Cbp-AKO* compared to *Cbp^{F/F}* controls ($N = 6, 6$). Data are presented as mean $\pm$ s.e.m. and * denotes a statistical significance at a P value ≤ 0.05 .

with the trends and patterns observed in those tissues after cold exposure. In response to HFD feeding, the upregulation of brown markers in the iWAT was more pronounced (Fig. 5G). For instance, *Elovl3* showed the highest increase of over 100-fold. *Ucp1* and *Cox7a1* had a 12-fold increase, and *Cidea* and *Cox8b* had a 5-fold increase in the *Cbp-AKO* compared to the controls (Fig. 5G). Furthermore, the expression of adipocyte genes related to lipogenesis and the white adipocyte-enriched genes such as *Adipsin*, *Glut4*, *Cebpa*, *Srebf1* and *Adiponectin* decreased by 20–50% in the *Cbp-AKO* mice (Fig. 5H). In contrast to its effects in iWAT, ablation of *Cbp* yielded only mild, mixed effects in eWAT (Fig. 5I and J) and BAT (Supplementary Fig. 2). Moreover, ablation of *p300* in fat showed minimal effects on body weight, fat composition, glucose tolerance, insulin sensitivity and fat remodeling

(Fig. 6), which further supports its dispensable role in fat. Overall, loss of *Cbp*, but not *p300*, in adipocytes induced striking brown remodeling (or anti-whitening) of iWAT in DIO without any significant improvement in glucose homeostasis.

Combined loss of *Cbp* and *p300* leads to severe lipodystrophy

Upon observing the absence of metabolic changes in the *Cbp-AKO* and *p300-AKO* mice, we questioned whether it was possible that one protein was compensating for the loss of the other. As a result, we generated adipose-specific double-knockout mice, *Cbp/p300-AKO*, to evaluate the impact of such mutation on adipose remodeling. However, the double knockouts appeared at a much

Figure 4

Loss of *p300* has minimal effect on cold-induced brown remodeling. Six-month-old male *p300-AKO* and *p300^{F/F}* control mice maintained on regular chow and housed at 4°C for 4 days. (A) Core body temperature; (B) body weight; (C) adipose mass; real-time qPCR analysis of browning genes and regulators (D, F and H) and adipogenic genes (E, G and I) from iWAT, eWAT and BAT respectively of *p300-AKO* compared to *p300^{F/F}* controls ($N = 4, 6$). Data are presented as mean $\pm$ S.E.M. and *denotes a statistical significance at a P value ≤ 0.05 .

lower frequency than the expected Mendelian ratio (Supplementary Table 1). This partial embryonic lethality could be explained by the activation of adiponectin-cre recombinase in the heart during development (Lee *et al.* 2013) rather than defects in adipose tissue. The viable double knockouts appeared normal at birth but gradually developed larger abdomens than the controls did. When they reached adulthood, their body weight was lower than that of the controls (Fig. 7A), and they developed typical characteristics of severe lipodystrophy (Wang *et al.* 2013) including hyperglycemia and dyslipidemia (Fig. 7B, C, D and E). The increase in cholesterol mainly occurred due to an increase in LDL (Supplementary Fig. 3). Additionally, we observed complete absence of fat across the body (Fig. 7G). Their livers were about 4-fold larger

than those of the control mice and were severely steatotic (Fig. 7F, G and H). As a consequence of their loss of fat, the double knockouts had only trace levels of adipokines including leptin, adipsin and adiponectin (Fig. 7I and J). Furthermore, HFD feeding worsened, instead of rescued, the lipodystrophy in *Cbp/p300-AKO* (Fig. 7K). Thus, CBP and p300 are essential for normal adipose development.

Pharmacological targeting of Cbp and p300 impairs adipocyte formation and maintenance

CBP/p300 are versatile proteins functioning as co-activators, adaptors and intrinsic acetyltransferases. Deletion of their CH1 domains while maintaining intact HAT (histone acetyltransferase) domains improved metabolic control

Figure 5

Adipose deficiency of *Cbp* reduces adiposity and induces brown remodeling in subcutaneous WAT after diet-induced obesity. Male *Cbp-AKO* and *Cbp^{F/F}* mice were maintained on HFD for 12 weeks. (A) Body weight; (B) body composition; (C) eWAT and iWAT adipose mass; (D) quantification of the average adipocyte size from eWAT and iWAT ($N = 6$, 6 males). (E) Representative histological sections of eWAT, iWAT and BAT stained with hematoxylin and eosin (H&E). (F) Intraperitoneal glucose tolerance test from *Cbp-AKO* and *Cbp^{F/F}* ($N = 7$, 14). (G, H, I and J) Real-time qPCR analysis of browning genes and regulators (G and I) and adipogenic genes (H and J) from iWAT and eWAT respectively of *Cbp-AKO* and *Cbp^{F/F}* ($N = 6$, 6). Data are presented as mean $\pm$ s.e.m. and * denotes a statistical significance at a P value ≤ 0.05 . A full colour version of this figure is available at <https://doi.org/10.1530/JOE-18-0361>.

but did not impair adipogenesis (Bedford *et al.* 2011). We tested whether their HAT activity is required for adipocyte formation. A potent and selective inhibitor of CBP and p300 HAT domains, A485, has been developed for cancer treatment (Lasko *et al.* 2017). We treated 3T3-L1 cells with A485 starting 2 days prior to the induction of differentiation and found that the inhibition of Cbp and p300 HAT activities suppressed adipogenesis efficiency, as demonstrated through reduced lipid accumulation (Fig. 8A) and a corresponding decrease of genes involved in adipocyte differentiation and lipid synthesis such as *Cebpa*, *Pparg1*, *ap2*, *Srebf1* and *Plin* (Fig. 8B) in comparison to the control compound A486-treated cells. Furthermore, from a therapeutic point of view, we determined the effects of A485 on existing adipocytes. We treated fully differentiated 3T3-L1 adipocytes (9 days post-induction) with A486 for 24 h. Strikingly, inhibition of HAT activities of Cbp and p300 suppressed the expression of all the

pan-adipocyte genes (*Pparg1*, *Pparg2*, *Adiponectin*, *Adipsin*, *ap2* and *Perilipin*) and lipogenic genes (*Srebf1*, *Scd1*) that were examined (Fig. 8C). Interestingly, this suppression seems to occur downstream of C/ebp β in the adipogenic cascade. Due to the dedifferentiation of adipocytes, browning adipocyte markers were also downregulated (Fig. 8D). Together, these data demonstrate that HAT activities of CBP and p300 are required for adipocyte differentiation as well as the maintenance of mature adipocyte functions.

Discussion

Increasing the activity of deacetylases, such as SirT1, through pharmacological or genetic manipulation induced robust browning of WAT, which in turn resulted in healthier metabolic outcomes marked by reduced body weight and improved glucose metabolism (Minor *et al.* 2011,

Figure 6

Adipose deficiency of *p300* does not affect adiposity and metabolism in diet-induced obesity. Male *p300*-AKO and control mice were maintained on HFD for 8 weeks. (A) Body weight curve during HFD feeding; (B) body composition; (C) eWAT and iWAT adipose mass; (D) representative histological sections of eWAT, iWAT and BAT stained with hematoxylin and eosin. (E) Intraperitoneal glucose tolerance test; (F, G, H and I) Real-time qPCR analysis of browning genes and regulators (F and H) and adipogenic genes (G and I) from iWAT and eWAT respectively ($N = 5, 5$). Data are presented as mean $\pm$ s.e.m. A full colour version of this figure is available at <https://doi.org/10.1530/JOE-18-0361>.

Qiang *et al.* 2012, Mitchell *et al.* 2014). Heterozygous deletion of *Cbp* protected mice from DIO and resulted in better glucose tolerance (Yamauchi *et al.* 2002). Here, we report that adipose-specific loss of *Cbp* (*Cbp*-AKO) leads to selective browning in inguinal WAT (iWAT) but not in visceral WAT (eWAT) while adipose-specific loss of *p300* (*p300*-AKO) has minimal effects on adipose tissue plasticity after cold exposure. After 3 months of HFD feeding, *Cbp*-AKO mice, but not *p300*-AKO, exhibited reduced adiposity and enhanced expression of a brown fat gene signature profile in iWAT without significant improvement of glucose homeostasis. Furthermore, we showed that double knockout mice (*Cbp/p300*-AKO) developed severe lipodystrophy marked by lack of adipose tissue, hepatomegaly, hyperglycemia and hyperlipidemia. Our results delineate the distinct functions of CBP and

p300 in regulating WAT remodeling as well as their importance in adipose development.

Several studies have described mouse models exhibiting browning of WAT accompanied by improved glucose tolerance and insulin sensitivity (Harms & Seale 2013). One of the intriguing discoveries from our study is that browning of WAT in the *Cbp*-AKO mice can occur without changes to body weight and glucose metabolism, even under obesogenic conditions. This finding is discordant with the current assumption that browning of WAT usually correlates with an improved metabolic profile. Recent studies have identified alternative mechanisms to induce thermogenesis independent of *Ucp1* activation (Ukropec *et al.* 2006, Anunciado-Koza *et al.* 2008, Kazak *et al.* 2015, Ikeda *et al.* 2017). Among the possibilities is increased calcium cycling in beige fat

Figure 7

Loss of *Cbp* and *p300* leads to severe lipodystrophy. In chow-fed *Cbp/p300-AKO* and *Cbp^{fl/fl}/p300^{fl/fl}* controls, (A) body weight, (B, C, D and E) blood glucose, serum triglycerides (TG), free fatty acids and total cholesterol measurements ($N = 5, 4$); (F) Liver sizes; (G) anatomic comparison of adipose tissues and liver; (H) histological analysis of livers by H&E staining; (I) ELISA measurement of serum leptin levels; (J) Western blotting analyses of serum adipsin and adiponectin. (K) Anatomic analyses of *Cbp/p300-AKO* and *Cbp^{fl/fl}/p300^{fl/fl}* mice in diet-induced obesity. Data are presented as mean $\pm$ S.E.M. and * denotes a statistical significance at a P -value ≤ 0.05 . A full colour version of this figure is available at <https://doi.org/10.1530/JOE-18-0361>.

via the Serca2-Ryr pathway, which allowed for *Prdm16* transgenic mice on a *Ucp1*-null background to increase energy expenditure and improve glucose metabolism. This trend was maintained even after HFD feeding (Ikeda *et al.* 2017). Alternatively, increasing creatine cycling or the phosphorylation of creatine after beta-adrenergic activation led to increased oxygen consumption and heat production in beige adipocytes and resulted in protection from DIO (Kazak *et al.* 2015, 2017). It is possible that such alternative thermogenic pathways could be affected and thus compromises the metabolic benefits of *Ucp1*-dependent brown remodeling in iWAT of *Cbp-AKO* mice.

Homozygous mice carrying a deletion of the CH1-domain in either *Cbp* or *p300* showed reduced body weight and adiposity but no significant difference in fasting blood glucose (Bedford *et al.* 2011). These results were attributed to a possible shift in white adipose function from energy

storage to expenditure; however, there were no defects in adipocyte differentiation (Bedford *et al.* 2011). Here, we show that this browning effect of *Cbp* deficiency is adipocyte autonomous rather than secondary to changes in other tissues, and is depot specific, as evidenced by the brown remodeling of iWAT but not eWAT in *Cbp-AKO* mice. In this regard, the functions of CBP and p300 are discrete, and the underlying mechanism is worthy of further investigation.

Embryonic fibroblasts from *Cbp^{+/-}* mice expressed decreased adipogenesis relative to WT cells, buttressing their lean phenotype (Yamauchi *et al.* 2002). An overall blunted effect on adipogenesis in the *Cbp-AKO* is probably caused by the delayed deletion of *Cbp* by Adiponectin-Cre after the initiation of differentiation. Previous studies revealed that CBP and p300 played a role in promoting adipogenesis by acetylating the key adipogenic regulators,

Figure 8

Inhibition of Cbp and p300 activity suppresses adipogenesis. (A) 3T3-L1 preadipocytes were treated with A486, a mimic (Control) or with the inhibitor (A485) at the induction of adipogenesis, Oil Red O (red) and BODIPY (green) counterstained with DAPI (blue) to assess differentiation efficiency by lipid accumulation. (B) Real-time qPCR analysis of genes involved in adipocyte differentiation upon treatment with or without inhibitor during induction. (C and D) Fully differentiated mature adipocytes were treated with A485 since Day 9 of differentiation for 3 days, (C) brown adipocyte genes and regulators and (D) pan-adipocyte genes by qPCR analysis. Data are presented as mean $\pm$ S.E.M. and * denotes a statistical significance at a P value ≤ 0.05 .

PPAR γ and CEBP α *in vitro* (Chen *et al.* 2000, Erickson *et al.* 2001, Zhao *et al.* 2014). In line with this, inhibiting HAT activities of CBP and p300 in 3T3-L1 cells impaired adipogenesis, indicating an essential role of their acetyltransferase activity in adipocyte formation.

In contrast to single knockout mice (*Cbp*-AKO or *p300*-AKO), a conspicuous feature of the double-knockout mice (*Cbp/p300*-AKO) is severe lipodystrophy similar to other previously described lipodystrophy models (Shimomura *et al.* 1998, Kim *et al.* 2007, Cortés *et al.* 2009, Vernochet *et al.* 2014), which points toward a compensatory effect between these two proteins in adipose development and lipid metabolism. It also implies a requirement of targeting both simultaneously for potential obesity treatment. In line with this, the HAT inhibitor A485 for both CBP and p300 causes dedifferentiation of the mature adipocyte. Moreover, A485 was discovered as a potential cancer drug and showed selective toxicity to tumor cells (Lasko *et al.* 2017). Obesity is known to increase risks of multiple cancers and an efficient intervention to target both is lacking. Notably, mice treated with A485 showed a significant decrease in body weight and weight loss reversal after suspension of the inhibitor treatment (Lasko *et al.* 2017). Therefore, targeting HAT activities of CBP and p300 may be harnessed for the treatment of cancer and obesity simultaneously.

Taken together, our data indicate that there are differential effects of CBP and p300 on adipose tissue remodeling. Loss of CBP, but not p300, in adipose tissue reduces adiposity and regulates browning in a depot-specific manner. The regulation of adipocyte biology by CBP and p300 are discrete in their CH1 domain-mediated

and HAT activity functions. Thus, understanding the precise mechanism and regulation of both CBP and p300 might be important in harnessing them as possible targets to treat obesity preferably in a depot-specific manner, especially with the identification of a promising selective CBP/p300 inhibitor that can suppress cancer progression.

Supplementary data

This is linked to the online version of the paper at <https://doi.org/10.1530/JOE-18-0361>.

Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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